

Greater  
New Orleans



Senior  
Olympics

**PEOPLES HEALTH**

Your **Medicare Health Team**

# 2020 GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES

February 28 – April 26

Individual Entry Form

Requested Entry Deadline: February 21, 2020

**(TO GUARANTEE T-SHIRT SIZE)**

*Mission: Our Mission is to provide Seniors over the age of 50, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle.*

*Life Begins at 50!*



**Parks & Recreation**



**GREATER NEW ORLEANS SENIOR OLYMPIC GAMES FEBRUARY 28 - APRIL 26, 2020 (DATE ORDER)**

| DATE | DAY       | EVENT                            | CHECK-IN | START | SITE                        | ADDRESS                  | CONTACT    | 504          |
|------|-----------|----------------------------------|----------|-------|-----------------------------|--------------------------|------------|--------------|
| 2/28 | Friday    | Table Tennis                     | 8:30     | 9:00  | Bridge City Playground      | 400 11 <sup>th</sup> St. | Janey      | 296-8200     |
| 2/29 | Saturday  | Basketball <b>Ladies</b>         | 8:30     | 9:00  | Little Farms                | 10301 South Park St.     | Ann        | 828-9766     |
| 2/29 | Saturday  | Basketball <b>Men</b>            | 1:00     | 1:30  | Little Farms                | 10301 South Park St.     | Jim        | 430-3284     |
| 2/29 | Saturday  | Swimming                         | 12:30    | 1:30  | UNO Aquatic Center          | 6801 Franklin Ave        | Ellen      | 737-4262     |
| 3/3  | Tuesday   | Shooting                         | 8:00     | 9:00  | St. Bernard                 | 212 Aycock St.           | Skip       | 887-5842     |
| 3/4  | Wednesday | Shuffleboard / Singles           | 8:30     | 9:00  | Indoor Shooting Center      | Marrero, 70032           | Ellie      | 782-3143     |
| 3/5  | Thursday  | Bridge                           | 9:00     | 9:30  | Belle Terre                 | 5600 Belle Terre Rd.     | Neil       | 201-2019     |
| 3/5  | Thursday  | Shuffleboard/Dou 75,80, 85,90,95 | 8:30     | 9:00  | Metairie G.A. Center        | 1521 Palm St.            | Carolyn    | 913-2501     |
| 3/5  | Thursday  | Shuffleboard /Dou 50,55,60,65,70 | 1:00     | 1:30  | Belle Terre                 | Marrero, 70072           | Neil       | 201-2019     |
| 3/7  | Saturday  | Bocce                            | 8:00     | 9:00  | Belle Terre                 | Marrero, 70072           | Neil       | 201-2019     |
| 3/8  | Sunday    | Co-Ed Cabbage Ball               | 10:00    | 10:30 | Ital. Amer. Bocce Club      | 2340 Severn Ave.         | Howard     | 885-0635     |
| 3/10 | Tuesday   | Darts <b>MEN</b>                 | 8:30     | 9:00  | JPRD Girls Softball Complex | 6928 Saints Dr.          | Tammy      | 949-6995     |
| 3/11 | Wednesday | <b>LADIES</b><br>Washer Pitch    | 11:00    | 11:30 | Belle Terre                 | 5600 Belle Terre Rd.     | Neil       | 201-2019     |
| 3/12 | Thursday  | Throws <b>ALL</b>                | 8:30     | 9:00  | Belle Terre                 | 5600 Belle Terre Rd.     | Joyce      | 432-9832     |
| 3/14 | Saturday  | Volleyball <b>Ladies</b>         | 9:00     | 9:30  | Belle Terre                 | 5600 Belle Terre Rd.     | Vanessa    | 390-6362     |
| 3/14 | Saturday  | Volleyball <b>Men</b>            | 8:30     | 9:00  | Coquille Park               | 13505 LA-1085            | Janey      | 296-8200     |
| 3/17 | Tuesday   | Bowling (Singles)                | 12:30    | 1:00  | Coquille Park               | 13505 LA-1085            | Mary       | 858-3379     |
| 3/18 | Wednesday | Bowling (Doubles)                | 12:30    | 1:00  | Colonial Lanes              | 6601 Jefferson Hwy.      | Lisa/Perry | 885-4774     |
| 3/20 | Friday    | Bowling (Mix Doubles)            | 12:30    | 1:00  | Colonial Lanes              | 6601 Jefferson Hwy.      | Lisa/Perry | 885-4774     |
| 3/21 | Saturday  | Cycling                          | 9:00     | 9:30  | Colonial Lanes              | 6601 Jefferson Hwy.      | Lisa/Perry | 885-4774     |
| 3/21 | Saturday  | Tennis                           | 11:30    | 12:00 | Ruddock                     | I-55 Ruddock Exit        | John       | 985-640-4099 |
| 3/24 | Tuesday   | Miniature Golf                   | 10:00    | 10:30 | Audubon Park Tennis Courts  | 6329 Tchoupitoulas St.   | Fred       | 496-2776     |
| 3/25 | Wednesday | Bean Bag Baseball South Shore    | 8:30     | 9:00  | City Putt @ City Park       | 8 Victory Dr.            | Howard     | 885-0635     |
| 3/28 | Saturday  | Softball                         | 9:30     | 10:00 | Val Reiss Center            | 899 Magistrate St.       | Susan      | 278-7335     |
| 3/29 | Sunday    | Track & Field                    | 8:00     | 9:00  | TBA                         |                          | Henry      | 401-3688     |
| 3/29 | Sunday    | Team Dance                       | 1:00     | 1:30  | Joe Brown Memorial Park     | 5601 Read Blvd..         | Paul       | 458-6766     |
| 3/31 | Tuesday   | Billiards                        | 10:00    | 10:30 | Pontiff Playground          | 1521 Palm St.            | Starrlyne  | 494-5470     |
| 4/1  | Wednesday | Bean Bag Baseball North Shore    | 8:30     | 9:00  | Corner Pocket               | 2424 Williams Blvd.      | Sonya      | 450-9506     |
| 4/4  | Saturday  | 5K Run, Race Walk                | 7:00     | 7:30  | Abita Gym                   | 22517 Highway 36         | Janey      | 296-8200     |
| 4/4  | Saturday  | Pickleball Doubles               | 7:30     | 8:00  | West Bank Bridge Park       | Under I 310 Bridge       | Ellen      | 737-4262     |
| 4/5  | Sunday    | Pickleball Mixed Doubles         | 7:30     | 8:00  | Coquille Park               | 13505 LA-1085            | Linda      | 616-6771     |
| 4/8  | Wednesday | Golf                             | 7:30     | 8:00  | Coquille Park               | 13505 LA-1085            | Carol      | 577-0321     |
| 4/18 | Saturday  | Horseshoes 75,80,85,90           | 9:00     | 9:30  | Covington Country Club      | 200 Country Club Dr.     | Jim        | 430-3284     |
| 4/18 | Saturday  | Horseshoes 50, 55,60,65, 70      | 11:00    | 11:30 | Waggaman Pits               | 516 Dandelion Dr.        | Landry     | 431-9092     |
| 4/24 | Friday    | Texas Hold 'Em                   | 5:00     | 6:00  | Waggaman Pits               | 516 Dandelion Dr.        | & Gail     |              |
| 4/25 | Saturday  | Weightlifting                    | 10:30    | 11:00 | Jefferson G A Center        | 4100 South Dr.           | Janey      | 296-8200     |
| 4/25 | Saturday  | Arts & Crafts                    | 1:00     | 1:30  | Capitano's                  | 5524 Yale St.            | Sean       | 717-0146     |
| 4/25 | Saturday  | Archery                          | 8:30     | 9:00  | Pontiff Playground          | 1521 Palm St.            | Mattie     | 436-7340     |
| 4/25 | Saturday  |                                  |          |       | Bridge City Playground      | 400 11 <sup>th</sup> St. | Claude     | 467-8140     |

**APRIL 26 SUNDAY CELEBRATION OF ATHLETES BANQUET 1:00 PM**  
**THE FOUR COLUMNS 3711 WESTBANK EXPRESSWAY**



# GREATER NEW ORLEANS DISTRICT

## SENIOR OLYMPIC GAMES

Program Director: Janey (504) 296-8200 [jperez.gnoso@gmail.com](mailto:jperez.gnoso@gmail.com)  
Treasurer: Bernice (504) 834-5279 [Bernicebordelon1@aol.com](mailto:Bernicebordelon1@aol.com)

GNO Senior Olympics  
P.O. Box 6255  
Metairie, LA 70009-6255

Register online at:  
[www.GNOSOREGISTRATION.NET](http://www.GNOSOREGISTRATION.NET)

### GENERAL ENTRY INFORMATION

#### DATES

Friday, February 28 – Sunday, April 26, 2020

**REGISTRATION:** Register online, or return the attached entry form, fees and signed liability waiver by suggested entry deadline, to guarantee your T-shirt size **February 21, 2020.**

#### FEES:

Entry Fee (for three [3] sports)\* \$ 25.00  
Each additional sport \$ 3.00

\*Official t-shirt and banquet are included.

ADDITIONAL fees are REQUIRED if you sign up for the following sports:

Bocce \$ 5.00  
Bowling (per day) \$ 8.00  
Golf \$ 35.00  
Miniature Golf \$ 6.00  
Swimming \$ 5.00  
Banquet guests: Each \$ 10.00  
5K Run & Race Walk \$ 15.00  
(Mississippi Bridge Run)

**ELIGIBILITY:** Any person 50 years or older as of December 31, 2020 is eligible to participate. Athletes 40 and over may sign up for Track & Field, Basketball and Softball events.

**AGE GROUPS:** 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2020. Age divisions for doubles/teams determined by youngest partner/member.

**EVENT SELECTION:** It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

#### CANCELLATIONS/ POSTPONEMENTS:

Game officials reserve the right to cancel or postpone events due to inclement weather, unusual circumstances or insufficient entries.

**ENTRY DEADLINE:** February 21, 2020 to guarantee your T-shirt size. (unless indicated in special instructions section of event schedule). No refunds given after February 21, 2020.

**AWARDS:** Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

**TEAMS AND DOUBLES:** Each member must submit an individual signed application, release and entry fee. **Team captains** must submit a team roster on page 8, for the team to be eligible for team competition.

#### PARTNER FIND

Are you looking for a partner in a sport that is doubles or four to a team? In most cases, the venue coordinator will make every effort to find you a partner. You may contact the coordinator before the event (*all coordinators and their phone numbers are listed in this packet*); however, this is not necessary. Every effort will be made to place you with someone.

**YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS.**

**GUESTS:** Family and friends are welcome and encouraged to attend all events free of charge.

## EVENT ADDRESS AND PHONE NUMBER INFORMATION

| EVENT SITE  | ADDRESS                  | CITY, ZIP            | PHONE        |
|---|--------------------------|----------------------|--------------|
| Abita Gym District #11                            | 22517 LA. 36             | Abita Springs, 70420 | 985 871-7555 |
| Audubon Park Tennis Courts                        | 6329 Tchoupitoulas St.   | New Orleans, 70118   |              |
| Belle Terre Playground                            | 5600 Belle Terre Rd.     | Marrero, 70072       | 504 349-5044 |
| Bridge City Playground                            | 400 11 <sup>th</sup> St. | Bridge City, 70094   | 504 736-8466 |
| Capitano's Tennis & Athletic Club                 | 5524 Yale St.            | Metairie, 70003      | 504 455-4754 |
| City Park/Pepsi Tennis Courts                     | 5900 Marconi Dr.         | New Orleans, 70124   | 504 483-9383 |
| City Putt @ City Park                             | 8 Victory Dr.            | New Orleans, 70124   | 504 483-9385 |
| Colonial Lanes                                    | 6601 Jefferson Hwy.      | Harahan, 70123       | 504 737-2400 |
| Corner Pocket                                     | 2424 Williams Blvd.      | Kenner, 70062        | 504 469-2003 |
| Coquille Parks & Recreation                       | 13505 LA-1085            | Covington, 70433     | 985 892-9829 |
| Covington Country Club                            | 200 Country Club Dr.     | Covington, 70433     | 985 892-1900 |
| Four Columns                                      | 3711 Westbank Expy.      | Harvey, 70058        | 504 340-4109 |
| Italian American Bocce Club                       | 2340 Severn Ave.         | Metairie, 70001      |              |
| JPRD Girls Softball Complex                       | 6928 Saints Dr.          | Metairie, 70003      |              |
| Joe Brown Park                                    | 5601 Reed Blvd.          | New Orleans, 70127   |              |
| Jefferson Golden Age Center                       | 4100 South Dr.           | Jefferson, 70121     | 504 838-1032 |
| LaSalle Park                                      | 6600 Airline Dr.         | Metairie, 70003      | 504 731-4726 |
| Little Farms Playground                           | 10301 South Park St.     | River Ridge, 70123   | 504 736-8470 |
| Metairie Golden Age Center                        | 1521 Palm St.            | Metairie, 70005      | 504 838-1035 |
| Mike Miley Playground                             | 6716 West Metairie Ave.  | Metairie, 70003      | 504 736-8461 |
| Pontiff Playground                                | 1521 Palm St.            | Metairie, 70005      | 504 838-1035 |
| St. Bernard Indoor Shooting Center                | 212 Aycock St.           | Arabi, 70032         | 504 982-5433 |
| University of N. O. Aquatic Center                | 6801 Franklin Ave.       | New Orleans, 70148   | 504 280-7238 |
| Val Reiss Multi Purpose Center                    | 899 Magistrate St.       | Chalmette, 70043     |              |
| Waggaman Gym & Horseshoe Pits                     | 516 Dandelion Dr.        | Waggaman, 70094      | 504 736-8468 |
| West Bank Bridge Park<br>(Mississippi Bridge Run) | Under I-310 Bridge       | Luling, 70070        |              |

**Register online at:**  
**[WWW.GNOSOREGISTRATION.NET](http://WWW.GNOSOREGISTRATION.NET)**

**YOU ARE TO SHOW UP AT YOUR EVENT  
 UNLESS NOTIFIED BY GAME COORDINATORS.  
 YOU WILL NOT RECEIVE CONFIRMATION**

**INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM**

REGISTER ONLINE AT:

**[www.GNOSOREGISTRATION.NET](http://www.gnosoregistration.net)**

**YOU MUST SIGN THIS WAIVER TO PARTICIPATE**

**PARTICIPANT WAIVER**

**SIGN BELOW**

In consideration of being allowed to participate in any way in the Greater New Orleans District Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist.
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation.
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately.
4. I, for myself and on behalf of my/or heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Greater New Orleans Senior Olympics, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), with RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
5. I, the undersigned participant, grant to the Greater New Orleans Senior Olympics the right to use any pictures taken of me during the Greater New Orleans Senior Olympics without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

|             |       |
|-------------|-------|
| PRINT NAME: |       |
| SIGNATURE:  | DATE: |

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**2020 REGISTRATION FORM**  
**REGISTER ONLINE AT [WWW.GNOSOREGISTRATION.NET](http://WWW.GNOSOREGISTRATION.NET)**

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_  Male  Female

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_  
 ZIP CODE \_\_\_\_\_ Parish/County \_\_\_\_\_ PHONE #: \_\_\_\_\_  
 Home \_\_\_\_\_ Cell \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ Age as of 12/31/2020 \_\_\_\_\_  
 SHIRT SIZE: S  M  L  XL  XXL  XXXL  DATE OF BIRTH Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

(Size not guaranteed after 2/21/2020)

**Mail Entry Form and Fees to:**  
**GNO Senior Olympics**  
**P.O. Box 6255**  
**Metairie, LA 70009-6255**

**YOU ARE TO SHOW UP AT YOUR EVENTS UNLESS NOTIFIED BY GAME ORGANIZERS**

|  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> <b>5K RUN</b> <input type="checkbox"/> <b>5K RACE WALK</b><br>United Way Mississippi River Bridge Run by NORSI  | <input type="checkbox"/> <b>GOLF</b>   | <input type="checkbox"/> <b>TABLE TENNIS</b><br><input type="checkbox"/> Singles <input type="checkbox"/> Partner<br><input type="checkbox"/> Doubles <input type="checkbox"/> Partner<br><input type="checkbox"/> Mixed <input type="checkbox"/> Partner  | <input type="checkbox"/> <b>TEAM DANCE</b> Age group determined by team average<br><input type="checkbox"/> Recreational <input type="checkbox"/> Advanced <input type="checkbox"/> Line Dance<br>Team Name _____<br>Captain's Name _____ |
| <input type="checkbox"/> <b>ARCHERY</b><br><input type="checkbox"/> Compound Barebow <input type="checkbox"/> Barebow<br><input type="checkbox"/> Compound Barebow <input type="checkbox"/> Recurve Barebow<br><input type="checkbox"/> Compound Fingers <input type="checkbox"/> Compound Release | <input type="checkbox"/> <b>HORSESHOES</b>   | <input type="checkbox"/> <b>TEXAS HOLD 'EM</b>   |   |
| <input type="checkbox"/> <b>ARTS &amp; CRAFTS</b><br><input type="checkbox"/> Needlework <input type="checkbox"/> Ceramics <input type="checkbox"/> Woodworking<br><input type="checkbox"/> Photography <input type="checkbox"/> Painting <input type="checkbox"/> Beading/Jewelry                 | <input type="checkbox"/> <b>MINIATURE GOLF</b>   | <input type="checkbox"/> <b>THE THROWS</b> <input type="checkbox"/> Basketball Free Throws<br><input type="checkbox"/> Accuracy <input type="checkbox"/> Softball Distance<br>** Football Accuracy, Softball Accuracy, and Frisbee Accuracy events will now be combined and one Gold, Silver, and Bronze medal will be awarded in each age group for the total of the three disciplines. |   |
| <input type="checkbox"/> <b>BASKETBALL 3 ON 3</b> <input type="checkbox"/> Ladies <input type="checkbox"/> Men<br>Age Group _____<br>Team Name _____<br>Captain's Name _____   | <input type="checkbox"/> <b>PICKLEBALL</b><br><input type="checkbox"/> Doubles <input type="checkbox"/> Partner<br><input type="checkbox"/> Mixed Doubles <input type="checkbox"/> Partner | <input type="checkbox"/> <b>TENNIS</b><br><input type="checkbox"/> Singles <input type="checkbox"/> Partner<br><input type="checkbox"/> Doubles  |   |
| <input type="checkbox"/> <b>BEAN BAG BASEBALL</b><br><input type="checkbox"/> Southshore <input type="checkbox"/> Northshore<br>Team Name _____<br>Captain's Name _____  | <input type="checkbox"/> <b>SHOOTING</b> <input type="checkbox"/> Rifle <input type="checkbox"/> Pistol  | <input type="checkbox"/> <b>SWIMMING</b> <input type="checkbox"/> Ladies <input type="checkbox"/> Men  |   |
| <input type="checkbox"/> <b>SOFTBALL</b> <input type="checkbox"/> Ladies <input type="checkbox"/> Men<br>Age Group _____<br>Captains Name _____  | <input type="checkbox"/> <b>SHUFFLEBOARD</b><br><input type="checkbox"/> Singles<br><input type="checkbox"/> Doubles <input type="checkbox"/> Partner                                      | <input type="checkbox"/> <b>SOFTBALL</b> <input type="checkbox"/> Ladies <input type="checkbox"/> Men<br>Age Group _____<br>Captains Name _____  |   |

(Events listed in order as they will occur on day of event)

BILLIARDS

BOCCE - 4 Player Team

Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_

BOWLING

Singles

Mixed Doubles Partner \_\_\_\_\_

Doubles Partner \_\_\_\_\_

BRIDGE  Southshore

CABBAGE BALL (CO-ED) You will be placed on a team

CYCLING  5K  10K

BIKE TYPE  Hand  Traditional  Recumbent  Trike

DARTS

Limit 6 events.

EVENTS

100y Butterfly

50y Freestyle

100y Breaststroke

400y Individual Medley

200y Backstroke

200y Freestyle

50y Butterfly

50y Breaststroke

200y Butterfly

200y Individual Medley

100y Backstroke

100y Freestyle

100y Individual Medley

50y Backstroke

200y Breaststroke

500y Freestyle

TRACK & FIELD EVENTS  Wheelchair

Track Events

50m Dash

800m Race Walk

100m Dash

800m Run

200m Dash

1500m Race Walk

400m Dash

1500m Run

Field Events

Long Jump

Triple Jump

High Jump

Javelin

Discus

Shot Put

VOLLEYBALL  Ladies  Men

Age Group \_\_\_\_\_ Team Name \_\_\_\_\_

Captain's Name \_\_\_\_\_

WASHER PITCH

WEIGHTLIFTING

Bench Press  Arm Curl  Dead Lift

REGISTER ONLINE at [WWW.GNOSOREGISTRATION.NET](http://WWW.GNOSOREGISTRATION.NET)

REGISTER ONLINE at [WWW.GNOSOREGISTRATION.NET](http://WWW.GNOSOREGISTRATION.NET)

**ENTRY FEE:** Allows participation in up to three sports\* \$25.00 \$ 25.00  
\* Official t-shirt and banquet are included

Each additional sport \$ 3.00 X \$3.00

**EVENTS REQUIRING AN ADDITIONAL FEE OVER THE ENTRY FEE:**

Golf

Bocce

Bowling (per day)

Miniature Golf

Swimming

5K Run & Race Walk

United Way Mississippi River Bridge Run. GNOSO will enter you in the NORSI Event. Get both shirts on race day.  
This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation.

\$ 25.00  
\$ \_\_\_\_\_  
\$35.00  
\$ 5.00  
\$ 8.00  
\$ 6.00  
\$ 5.00  
\$15.00

To Help Support GNOSO, I have enclosed a donation of \_\_\_\_\_ (all donations are tax deductible):

THANK YOU \$ \_\_\_\_\_

**I WILL ATTEND THE BANQUET**  Yes  No  
**Participants must check in at the door...**  
I will bring \_\_\_\_\_ guest(s) @ \$10.00 each  
**PAYABLE AT DOOR ONLY**

..... N/C

**TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_**  
**Make Checks Payable to: GNOSO**

I have signed the mandatory waiver on page 5

**REGISTER ONLINE at:**  
**WWW.GNOSOREGISTRATION.NET**

**2020 TEAM EVENTS**

TEAM CAPTAINS COMPLETE THIS FORM

**Basketball**\_\_

**Bocce**\_\_

**Team Dance**\_\_

**Beanbag Baseball**\_\_

**Softball**\_\_

**Volleyball**\_\_

**TEAM NAME:** \_\_\_\_\_

**Male**\_\_\_\_\_ **Female**\_\_\_\_\_

**AGE GROUP**\_\_\_\_\_

| Please list captain first | AGE |
|---------------------------|-----|
| <b>1</b>                  |     |
| <b>2</b>                  |     |
| <b>3</b>                  |     |
| <b>4</b>                  |     |
| <b>5</b>                  |     |
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| <b>14</b>                 |     |
| <b>15</b>                 |     |
| <b>16</b>                 |     |
| <b>17</b>                 |     |
| <b>18</b>                 |     |



| EVENT   | CHECK-IN | START             | DATE/SITE  | SPECIAL INSTRUCTIONS                           |
|---|----------|-------------------|--|--|
| <b>ARCHERY</b>  |          |                   | <b>April 25, Saturday</b>  |  |
|   | 8:30AM   | 9:00AM            | <b>BRIDGE CITY PLAYGROUND</b><br>Claude Matherne                     | (504) 467-8140                                 |
| <b>ARTS &amp; CRAFTS</b>  |          |                   | <b>April 25, Saturday</b>  |  |
|   | 1:00PM   | 1:30PM            | <b>PONTIFF PLAYGROUND</b><br>Mattie Whitney                          | (504) 436-7340                                 |
| <b>NOTE: ARTICLE SHOULD HAVE BEEN COMPLETED WITHIN THE YEAR...ONE ENTRY PER CATEGORY (3 Painting Limit)</b> |          |                   |  |  |
| <b>BASKETBALL</b>   |          |                   | <b>February 29, Saturday</b>   |  |
| <b>LADIES</b>   | 8:30AM   | 9:00AM            | <b>LITTLE FARMS PLAYGROUND</b><br>Ann Hassenboehler                  | (504) 828-9766                                 |
| <b>MEN</b>  | 1:00PM   | 1:30PM            | Jim Young  | (504) 430-3284                                 |
| <b>BEAN BAG BASEBALL</b>  |          |                   | <b>March 25, Wednesday</b><br><b>SOUTHSHORE</b>                      | <b>April 1, Wednesday</b><br><b>NORTHSHORE</b> |
|   | 8:30AM   | 9:00AM            | <b>VAL REISS MULTI CENTER</b><br>Susan McNeil                        | <b>ABITA GYM</b><br>Janey (504) 296-8200       |
| <b>BILLIARDS</b>  |          |                   | <b>March 31, Tuesday</b>   |  |
|   | 10:00AM  | 10:30AM           | <b>CORNER POCKET</b><br>Sonya Belgard                                | (504) 450-9506                                 |
| <b>BOCCE</b>  |          |                   | <b>March 7, Saturday</b>   | <b>\$5.00</b>                                  |
|   | 8:00AM   | 9:00AM            | <b>ITALIAN AMERICAN BOCCE CLUB</b><br>Howard Davenport/Janey Perez   | (504) 885-0635 / (504) 296-8200                |
| <b>BOWLING SINGLES</b>  |          |                   | <b>March 17, Tuesday</b>   | <b>\$8.00 No registrations after March 5</b>   |
|   | 12:30PM  | 1:00PM            | <b>COLONIAL LANES</b><br>Lisa & Perry Schwalb                        | (504)<br>885-4774                              |
| <b>BOWLING DOUBLES</b>  |          |                   | <b>March 18, Wednesday</b>   | <b>\$8.00 No registrations after March 5</b>   |
|   | 12:30PM  | 1:00PM            | <b>COLONIAL LANES</b><br>Lisa & Perry Schwalb                        | (504)<br>885-4774                              |
| <b>BOWLING MIXED DOUBLES</b>  |          |                   | <b>March 20, Friday</b>  | <b>\$8.00 No registrations after March 5</b>   |
|   | 12:30PM  | 1:00PM            | <b>COLONIAL LANES</b><br>Lisa & Perry Schwalb                        | (504)<br>885-4774                              |
| <b>BRIDGE</b>   |          | <b>Southshore</b> | <b>March 5, Thursday</b>   |  |
|   | 9:00AM   | 9:30AM            | <b>METAIRIE GOLDEN AGE CENTER</b><br>Carolyn 913-2501/Lynne 837-4532 |  |
| <b>CO-ED CABBAGE BALL</b>   |          |                   | <b>March 8, Sunday</b>   |  |
| <b>FRED EITMANN MEMORIAL EVENT</b>  | 10:00AM  | 10:30AM           | <b>JPRD GIRLS SOFTBALL COMPLEX</b><br>Tammy Eitmann Yrle             | (504) 994-6995                                 |
| <b>CYCLING 5K &amp; 10K</b> (Time trials)   |          |                   | <b>March 21, Saturday</b>  |  |
| Traditional ,<br>Trike, Hand,<br>Recumbant  | 9:00AM   | 9:30AM            | <b>I-55 RUDDOCK EXIT (HWY 51)</b><br>John Morella                    | (985) 640-4099                                 |
| <b>DANCE (TEAM DANCE)</b>   |          |                   | <b>April 14, Sunday</b>  |  |
|   | 1:00PM   | 1:30PM            | <b>PONTIFF PLAYGROUND</b><br>Starrlyne Morgan                        | (504) 494-5470                                 |
| <b>DARTS</b>  |          |                   | <b>March 10, Tuesday</b>   |  |
| <b>MEN</b>  | 8:30AM   | 9:00AM            | <b>BELLE TERRE PLAYGROUND</b><br>Neil Whitney                        | (504) 201-2019                                 |
| <b>LADIES</b>   | 11:00AM  | 11:30PM           |  |  |

| Event                                | Check-in | Start   | Date/ Site                                      | Special Instructions   |
|--------------------------------------|----------|---------|---|--|
| <b>GOLF</b>                          |          |         | <b>April 8, Wednesday</b>                       | <b>\$35.00</b>   |
|                                      |          |         | <b>COVINGTON COUNTRY CLUB</b>                   |  |
|                                      | 7:30AM   | 8:00AM  | Jim Young                                       | (504) 430-3284   |
| <b>HORSESHOES</b>                    |          |         | <b>April 18, Saturday</b>                       |  |
|                                      |          |         | <b>WAGGAMAN HORSESHOE PITS</b>                  |  |
| 75+ 80+ 85+ 90+ 95+                  | 9:00AM   | 9:30AM  | Gail Guidry                                     |  |
| 50+ 55+ 60+ 65+ 70                   | 11:00PM  | 11:30PM | Landry Camardelle                               | (504) 431-9092   |
| <b>MINIATURE GOLF</b>                |          |         | <b>March 24, Tuesday</b>                        | <b>\$6.00</b>  |
|                                      |          |         | <b>CITY PUTT @ CITY PARK</b>                    |  |
|                                      | 10:00AM  | 10:30AM | Howard Davenport                                | (504) 885-0635   |
| <b>PICKLEBALL</b>                    |          |         | <b>April 4, &amp; April 5, Sat. &amp; Sun.</b>  | <b>Must register by March 27</b>   |
| April 4, Doubles                     |          |         | <b>COQUILLE PARK</b>                            | (504)  |
| April 5, Mixed Doubles               | 7:30AM   | 8:00AM  | Linda Neill / Carol Bradford                    | Linda 616-6771 Carol 577-0321  |
| <b>SHOOTING</b>                      |          |         | <b>March 3, Tuesday</b>                         |  |
| Rifle-.22 caliber bolt action        |          |         | <b>ST. BERNARD INDOOR SHOOTING CENTER</b>       |  |
| Pistol.22 caliber handgun            | 8:00AM   | 9:00AM  | Skip Blanchard                                  | (504) 887-5842   |
| (Revolver or semi-automatic pistol)  |          |         | Steve & Ellie Melancon                          | (504) 782-3143   |
| <b>SHUFFLEBOARD SINGLES</b>          |          |         | <b>March 4, Wednesday</b>                       |  |
|                                      |          |         | <b>BELLE TERRE PLAYGROUND</b>                   |  |
|                                      |          |         | Neil Whitney                                    | (504) 201-2019   |
| ALL                                  | 8:30AM   | 9:00AM  | Carl Folse                                      | (504) 494-5705   |
| <b>SHUFFLEBOARD DOUBLES</b>          |          |         | <b>March 5, Thursday</b>                        |  |
|                                      |          |         | <b>BELLE TERRE PLAYGROUND</b>                   |  |
| 75+ 80+ 85+ 90+ 95+                  | 8:30AM   | 9:00AM  | Neil Whitney                                    | (504) 201-2019   |
| 50+ 55+ 60+ 65+ 70                   | 1:00PM   | 1:30PM  | Carl Folse                                      | (504) 494-2019   |
| <b>SOFTBALL</b>                      |          |         | <b>March 28, Saturday</b>                       |  |
|                                      |          |         | <b>T B A</b>                                    |  |
|                                      | 9:30AM   | 10:00AM | Henry Francalancia                              | (504) 401-3688   |
| <b>SWIMMING</b>                      |          |         | <b>February 29, Saturday</b>                    | <b>\$5.00</b>  |
| <b>DICK BOWER MEMORIAL SWIM MEET</b> |          |         | <b>UNIVERSITY OF NEW ORLEANS AQUATIC CENTER</b> |  |
|                                      | 12:30PM  | 1:30PM  | Ellen Hall                                      | (504) 737-4262   |
| <b>TABLE TENNIS</b>                  |          |         | <b>February 28, Friday</b>                      |  |
|                                      |          |         | <b>BRIDGE CITY PLAYGROUND</b>                   |  |
|                                      | 8:30AM   | 9:00AM  | Janey Perez                                     | (504) 296-8200   |
| <b>TENNIS</b>                        |          |         | <b>March 21, Saturday</b>                       |  |
|                                      |          |         | <b>AUDOUBON PARK TENNIS COURTS</b>              |  |
|                                      | 11:30AM  | 12:00PM | Fred Eitmann                                    | (504) 496-2776   |
| <b>TEXAS HOLD 'EM</b>                |          |         | <b>April 24, Friday</b>                         |  |
|                                      |          |         | <b>JEFFERSON GOLDEN AGE CENTER</b>              |  |
|                                      | 5:00pm   | 6:00PM  | Janey Perez & Danny Cooper                      | (504) 296-8200   |
| <b>THROWS</b>                        |          |         | <b>March 12, Thursday</b>                       | Softball, Football, & Frisbee accuracy will be combined, and medals awarded in each age. |
|                                      |          |         | <b>BELLE TERRE PLAYGROUND</b>                   |  |
| ALL                                  | 9:00AM   | 9:30AM  | Vanessa Richardson                              | (504) 390-6362   |

| Event  | Check-in | Start  | Date/ Site                         | Special Instructions                     |
|--|----------|--------|------------------------------------|--|
| <b>TRACK &amp; FIELD</b>                                 |          |        | <b>March 29, Sunday</b>            | <b>RAIN DATE APRIL 5</b>                 |
| <b>BILL KLOCK MEMORIAL TRACK MEET</b>                    |          |        | <b>JOE BROWN<br/>MEMORIAL PARK</b> | <b>40+ YEAR OLDS MAY<br/>PARTICIPATE</b> |
| Track Events   | 8:00AM   | 9:00AM |                                    | (504) 458-6766                           |
| Field Events   | 8:30AM   | 9:15AM | Paul Bowman                        | Order of events on page 7                |
| Same day registration accepted...T-Shirt not guaranteed. |          |        |                                    |  |

|                          |        |        |                           |                |
|--------------------------|--------|--------|---------------------------|----------------|
| <b>VOLLEYBALL LADIES</b> |        |        | <b>March 14, Saturday</b> |                |
|                          |        |        | <b>COQUILLE PARK</b>      |                |
|                          | 8:30AM | 9:00AM | Janey Perez               | (504) 296-8200 |

|                       |        |        |                           |                |
|-----------------------|--------|--------|---------------------------|----------------|
| <b>VOLLEYBALL MEN</b> |        |        | <b>March 14, Saturday</b> |                |
|                       |        |        | <b>COQUILLE PARK</b>      |                |
| <b>MEN</b>            | 8:00AM | 8:30AM | Mary Zoller               | (504) 858-3379 |

|                      |         |         |  |                |
|----------------------|---------|---------|--|----------------|
| <b>WEIGHTLIFTING</b> |         |         | <b>April 25, Saturday</b>                    |                |
|                      |         |         | <b>CAPITANO'S TENNIS &amp; ATHLETIC CLUB</b> |                |
|                      | 10:30AM | 11:00AM | Sean Sellers                                 | (504) 717-0146 |

|                     |        |        |                               |                |
|---------------------|--------|--------|-------------------------------|----------------|
| <b>WASHER PITCH</b> |        |        | <b>March 11, Wednesday</b>    |                |
|                     |        |        | <b>BELLE TERRE PLAYGROUND</b> |                |
|                     | 8:30AM | 9:00AM | Joyce Plaisance               | (504) 432-9832 |

|  |  |                |
|--|--|----------------|
| <b>NORSI 5K RUN &amp; RACE-WALK MISSISSIPPI RIVER BRIDGE RUN</b>                             | <b>April 4, Saturday</b>   | <b>\$15.00</b> |
| NORSI 5K Run and Race-walk   | <b>(United Way Mississippi River Bridge Run a NORSI event)</b>   |                |
| Mississippi River Bridge Run   | Ellen Hall   | (504) 737-4262 |
| (Start at east bank and race to west bank park)  | Pick up packet early from 5-7pm on Friday at the NORSI site located at the West Bank Bridge Park.  |                |
| <b>NOTE:</b> This GNOSO event is managed by New Orleans Running Systems.                     |  |                |
| Senior Olympians register with GNOSO and GNOSO will take care of registering you with NORSI. | Check in on race day with GNOSO rep at the West Bank Bridge Park <i>before 7:30 AM</i> , and ride the bus to the start line..... Race Time 8:30 AM |                |

**SUNDAY APRIL 26, 2020**

**CELEBRATION OF PARTICIPANTS BANQUET**

**THE FOUR COLUMNS 1:00 PM**

**3711 WESTBANK EXPRESSWAY HARVEY, LA 70058**



Greater New Orleans Senior Olympics  
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Metairie, LA 70009-6255

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**2020**  
**GREATER NEW ORLEANS DISTRICT**  
**SENIOR OLYMPIC GAMES**

**NEW ORLEANS, LA.**  
**FEBRUARY 28 - APRIL 26, 2020**

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