



***FENN REA works with two organizations to manage our distribution system operations and billing and communications to members. It is important to note the responsibilities of each entity.***



Battle River Power Coop provides the following to FENN REA.

- Communication support consisting of the publication and mailing of the monthly FENN REA newsletter.
- Purchasing and administration of the Regulated Rate Option (RRO) electricity on behalf of FENN REA for members who are on the RRO option. It is important to note that the RRO is not a regulated rate; rather it fluctuates monthly depending on the price of electricity in the market.
- Monthly billing, including all associated member services tasks, related to RRO invoicing. **For any RRO billing and account inquiries, members must contact Battle River Power Coop – toll-free: 1-877-428-3972.** (For members who have retail electricity contracts with other companies, they must contact the appropriate company for billing inquiries.)

### Payment Options

Battle River Power Coop offers several convenient options for payments of RRO accounts which include:

- Paying your monthly bill when you do your regular banking.
- Pre-authorized Withdrawals (PAWs). Simply call Battle River Power Coop and they will forward the

forms to begin PAWs. This way you can always ensure payment is processed on time.

- Establishing Preauthorized Debit for Credit Cards.
- Mailing your monthly payment to Battle River Power Coop, Box 1420, Camrose, Alberta T4V 1X3.



ATCO Electric is the company that is contracted to operate FENN REA's distribution system and they do so in consultation with the Board of Directors.

Responsibilities include:

- Construction of new services and/or modifications to current services.
- Daily operations and maintenance of the FENN REA system to maintain reliability.
- Vegetation management, as required, in various locations within our service area.
- Responding to emergency outages and performing system restoration as needed.

**It is important to note for power outages, emergency power troubles and service requests members must contact ATCO Electric at 1-800-668-2248.**

For power outages, emergency power troubles and service requests, contact the distribution system operator for FENN REA: **ATCO Electric**  
Phone toll-free: 1-800-668-2248

**FENN REA**  
Box 31, Fenn, Alberta T0J 1K0  
Phone: c/o Philip Jarmin,  
1-403-740-9384  
Email: fennrea@gmail.com  
www.fennrea.com

**Battle River Power Coop**  
Member Care & Billing  
Box 1420, Camrose AB T4V 1X3  
Phone toll-free: 1-877-428-3972  
Email: brpc@brpower.coop  
www.brpower.coop

# Recognizing Fatigue is Important During Harvest

With harvest season upon us, farmers are in for some very long days and fatigue becomes a major concern.

Fatigue can literally 'creep up' on a person and it is important to recognize common symptoms including: feeling sleepy or tired, headaches and dizziness, blurry vision, poor concentration, slow reflexes, feeling irritable, and aching or weak muscles.

Monitoring your own symptoms and those of employees and family members working with you can help eliminate possible accidents. It's important to recognize things that can be done to ward off fatigue such as:



**Being aware and responding to symptoms is an important first step to fatigue management that will help you stay safe and productive this harvest season!**

- ✓ Eat nourishing food and stay hydrated. Make healthy choices for meals and snacks, limiting high-fat, high-sugar options like candy bars and potato chips. Choose water, juice or soft drinks low in caffeine and sugar over stimulants like coffee or depressants like alcohol.
- ✓ Take regular breaks, even a mini break can work wonders to refresh you.
- ✓ Aim for a good night's sleep every night.
- ✓ Get some exercise. Any exercise is better than none. Make a brief walk part of the morning routine,
- ✓ If someone is working alone, facilitate two-way communication to keep in touch with how the operator is feeling.
- ✓ Dress for comfort and safety.
- ✓ Plan for the physical and mental demands of the fall harvest.
- ✓ Realize when you have had enough and simply stop for a well-deserved break.
- ✓ Stay in touch with others. Talking over the day's tasks with an understanding friend can keep things in perspective.

## Regulated Rate Option (RRO)

The RRO rate may increase or decrease from month to month as it is priced on the open market and subject to many factors relating to supply and demand. If you do not have a contract with an electricity retailer, then you receive the default RRO rate.

For July 2020, the RRO is priced at \$0.06943 per kWh, which is reflected on your enclosed bill. For August 2020, the Battle River Power Coop monthly RRO billing rate for FENN REA members is \$0.07042. The RRO rate is also listed on [www.fennrea.com](http://www.fennrea.com).

**Members are free to purchase electricity services from a retailer of their choice. For a list of retailers, visit [ucahelps.alberta.ca](http://ucahelps.alberta.ca) or call 310-4822 (toll free in Alberta).**

Information on FENN REA's Code of Conduct Compliance Plan can be found on our website: [www.fennrea.com](http://www.fennrea.com)