

# Twirling Clinic & Compulsory Meet



**Saturday, November 2**

Hillcrest Baptist Church

3324 Park Drive

Nederland, TX 77627

(Enter through Welcome Center behind sanctuary)

Door Open at 8:30am

Clinic & lunch 35.00 pre-register (40.00 at door)

Time	Morgan	Emily	Michael	McKenzie
8:45-9:00	Introductions/warm up			
9:00 - 9:50	Exchanges & Fun Tricks	Beginner 2 & 3 baton	Intermediate contact material & rolls	Advanced Strut (NBTA/USTA)
10:00 - 10:50	Compulsories*	Intermediate 2 & 3 baton	Advanced contact material & rolls	Beginner Strut
11:00-11:50	Movement Technique*	Advanced 2 & 3 baton	Beginner contact material & rolls	Intermediate Strut
12:00	LUNCH and PERFORMANCE (2019 National Collegiate Champion)			

Bring: Water, jazz shoes, and tennis shoes

Lunch: Ham, Turkey, or PBJ with chips

Compulsory Evaluations: Start promptly at 1:00 (10.00 each)

Privates: 50.00 per hour (schedule with Erica Osgood)

PRE-REGISTER through the google form online! <https://forms.gle/4NuXpnzyhptdHbJK7>

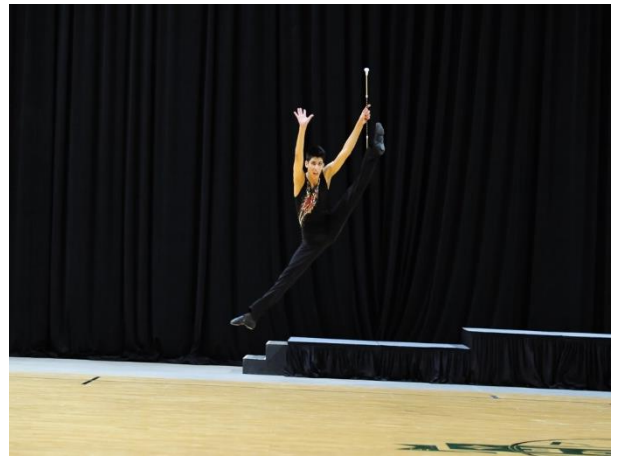
For questions call: Erica (409) 853-0967

## MEET THE CLINICIANS

**Emily Perkins**, University of Oklahoma Feature Twirler; 2019 National Collegiate Champion; 2019 WBTF International Cup Silver Medalist Elite 3-Baton; Grand Prix Duet Silver Medalist; 2019 Central Region Grand Champion Strut, 2-Baton, 3-Baton; 2019 NBTA Oklahoma State Solo, 2-Baton, 3-Baton Champion; 38 time US National Individual Champion; Numerous Texas State & Central Region Grand Champion titles (USTA) and Texas State & Southwest Regional titles (NBTA); 3 US Trials Gold Medals in Pairs & Team, competed in 2 World Championships, 4 International Cups, and 2 Grand Prix; Owner of Oklahoma Baton Twirling Academy in Norman, OK



**Michael Lopez**, As a multi-Grand National Men's Champion in both USTA and NBTA as well as earning Gold, Silver, and Bronze medals from World and International Championships, Michael made the decision to retire from competitive baton twirling at the end of the 2018 season. Being exposed to both the WBTF and WFNBT has pushed him to new limits both mentally and physically. With his experience, he has now crossed over into the professional realm of baton twirling, by giving back to a sport that has provided him with so many opportunities and memories. He is now a judge and coach. As a perpetual student, Michael continues to study every aspect of the sport extensively in order to better his judging and coaching abilities and to share his knowledge and expertise with the community around him.



**Morgan Bull**, Bachelor of Business Administration from University of Houston, Major in Business Management and Former UH Feature Twirler. Classically trained since age 4: ballet, hip hop, jazz, lyrical, tap, twirling; danced competitively 6 years; twirled competitively 10 years; AAU Jr. Olympic Collegiate Baton Twirling Silver Medalist. UH Feature Twirler highlight was performing in Astros World Series Parade. Morgan has been teaching for 6+ years, certified in Alixa Flexibility Module One. United States Twirling Association Coach, currently serving as Athlete & Social Media on Board of Texas Twirl Council.



**McKenzie Gomez**, former Round Rock High School Feature Twirler, College freshman at Austin Community College, Twirling competitively since the age of 2 with both NBTA & USTA; 2018 USTA Junior AA Pre-trial Silver Medalist; 2019 USTA Senior AAA Pre-trial Bronze medalist; Numerous Texas State & Central Region Awards (USTA) and Texas State & Southwest Regional awards (NBTA); Member of KOS (Karen Odgen Studios Pre-trial team, 2018-2019) United States Twirling Association Coach, currently serving as Athlete & Social Media on Board of Texas Twirl Council.

