



Fast as a Bunny - Chili Soup*

Ingredients

- 2 28 oz cans chopped tomatoes—no salt added
- 1 14 ounce can of black beans—no salt added
- 1 14 ounce can of pinto beans—no salt added
- 1 cup of frozen corn / or a can of no salt added corn
- 2 tablespoons of dried onions
- 1 teaspoon of garlic bits or powder
- 1–2 tablespoon of your favorite Mexican seasoning to taste
- 1–2 cups of water as needed

Optional Ingredients*

rice, potatoes, or sweet potatoes

Instructions

Heat the soup until heated throughout about 15 minutes.

*Serve over rice, cooked potatoes or cooked sweet potatoes if you wish.



Food Funtastic

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*inspired by Jeff Novak