





Herbs and Spices Café (HSC) owner Matte Laurel (standing, rightmost) explains the preparation of chicken *adobo* using a recipe from the cookbook, by HSC Chefs, Charlie and Nelia Lopez (center). The HSC is a Filipino fusion restaurant, established in May 2017, by a family of Filipino-Canadian women who envisaged promoting Filipino cuisine to the Vancouver community.



(Left photo) Guests were treated to recipes from the book, *kinilaw*, *adobo* in *ube pandesal* and cassava cake, as well as chicken barbeque and ground beef quesadilla, prepared by the HSC chefs. (Right photo) Filipino husband and wife duo, Ed and Salve Dayao, entertain the guests with their *kundiman* and *Tagalog* Christmas songs.



(Clockwise from top) Author Jacqueline Chio-Lauri signs her book for the guests; contributing authors Chef Allan Pineda and food and travel writer Nastasha Alli, based in Winnipeg and Toronto, respectively, read excerpts from the cookbook.

Jacqueline, editor/compiler/contributing author of *The NFK* has more than 8 years' experience in the food industry. Her writing has been published in anthologies and compilations, such as *Chicken Soup for the Soul: Find Your Inner Strength* and *Tales of our Lives: Fork in the Road*. Her writing also appears on global media sites, such as the Huffington Post and Epicurious. She founded the website *My Food Beginnings* to fire up an appetite for Filipino food worldwide.