The background of the entire page is a dense, overlapping pattern of American flags. The flags are rendered in a slightly faded, artistic style, with the red, white, and blue colors being prominent. The stars and stripes are clearly visible, creating a patriotic and celebratory atmosphere.

# **NHSGA**

# **ALL AMERICAN**

# **YEARBOOK**

# **2016-2017**

# National High School Gymnastics Association

## Executive Board Members

**Margie Canfield-**  
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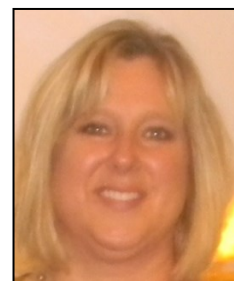
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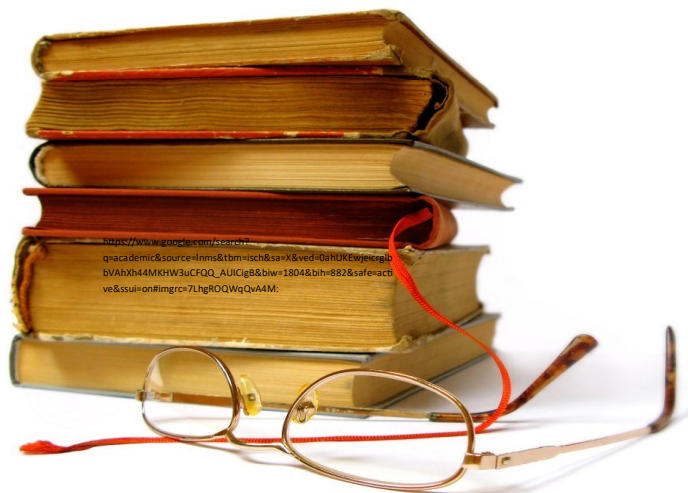


# nhsga.net



# Academic All American

Gymnast	School	Grade	State	Coach
Melanie Coleman	Jonathan Law	12	CT	Pat Simon
Maddie Sosa	Jonathan Law	12	CT	Pat Simon
Kristin Frank	Jonathan Law	12	CT	Pat Simon
Amelia Trapp	Jonathan Law	11	CT	Pat Simon
Julie Myers	Jonathan Law	10	CT	Pat Simon
Ali Gordon	Jonathan Law	9	CT	Pat Simon
Lizzy Lombardi	Jonathan Law	10	CT	Pat Simon
Kylee Troy	Jonathan Law	9	CT	Pat Simon
Annabelle Montero	Nonnewaug	9	CT	Mark Sorrentino
Taylor White	Wilton	10	CT	Gary Chadwick
Alyssa Jarrett	Wilton	10	CT	Gary Chadwick
Emma Jaworski	Mukwonago	10	WI	Thomas Werth
Winnie Sinkler	Mukwonago	12	WI	Thomas Werth
Maddie Yager	Mukwonago	10	WI	Thomas Werth



# Academic All American



<b>Gymnast</b>	<b>School</b>	<b>Grade</b>	<b>State</b>	<b>Coach</b>
Olivia Finke	Daniel Hand	12	CT	Kelly Smith
Erin Naclerio	Daniel Hand	11	CT	Kelly Smith
Marisa Padelli	Daniel Hand	11	CT	Kelly Smith
Delaney Skelly	Daniel Hand	11	CT	Kelly Smith
Grace Rogers	Daniel Hand	10	CT	Kelly Smith
Sam Mayhew	Daniel Hand	12	CT	Kelly Smith
Mary Huminski	Daniel Hand	10	CT	Kelly Smith
Ann Beikman	Spaulding	11	NH	Rae Ann Chrane
Alyson Cinfo	Spaulding	9	NH	Rae Ann Chrane
Sofia Fea Ruiz	Darien	10	CT	Judy Zakim
Lily Fairleigh	Darien	10	CT	Judy Zakim
Lana Schmidt	Darien	9	CT	Judy Zakim
Kerry McDermott	Darien	9	CT	Judy Zakim
Sam Aparicio	Darien	12	CT	Judy Zakim
Sofia Eschmann	Nonnewaug	12	CT	Mark Sorrentino
Caroline Iausly	River Valley	11	WI	Julie Kuhse
Mackenzie Fruit	River Valley	9	WI	Julie Kuhse
Peyton Joiner	North Branford	12	CT	Ashley Joiner
Jessica Freiheit	Greenwich	12	CT	Sue Knight
Nika Sibley	Greenwich	9	CT	Sue Knight
Alexandra Trotman	Greenwich	9	CT	Sue Knight
Quincy Platt	Mercy	10	CT	Monica Bauer

# Academic All American

<b>Gymnast</b>	<b>High School</b>	<b>Grade</b>	<b>State</b>	<b>Coach</b>
Alyssa Belling	Dodge-Point	11	WI	Julia Oellerich
AnaCapri Peterson	Dodge-Point	10	WI	Julia Oellerich
Katlyn Yingst	Dodge-Point	10	WI	Julia Oellerich
Sasha Paiva	Dodge-Point	10	WI	Julia Oellerich
Elle Honerbaum	Dodge-Point	9	WI	Julia Oellerich
Miah Lemanski	Dodge-Point	9	WI	Julia Oellerich
Tessa Bockhop	Dodge-Point	9	WI	Julia Oellerich
Kelsie Weiderholt	Benton	11	WI	Karen Weiderholt
Taylor Fkeege	Southwestern	12	WI	Karen Weiderholt
Katie Fritz	Southwestern	12	WI	Karen Weiderholt
Brittney Kruser	Southwestern	12	WI	Karen Weiderholt
Ella Gibson	Mercy	11	CT	Monica Bauer
Heather Falconer	Babylon	10	NY	Steven Silipo
Kristen Murray	Babylon	11	NY	Steven Silipo
Sarah Franklin	Babylon	12	NY	Steven Silipo
Alexandra Singleton	Babylon	12	NY	Steven Silipo
Danielle Cipri	Hauppauge	9	NY	Amanda Hemp
Kaitlyn Connelly	Hauppauge	11	NY	Amanda Hemp
Grace Daddio	Hauppauge	9	NY	Amanda Hemp
Francesca Padvano	Hauppauge	11	NY	Amanda Hemp
Anna Makbouljian	Hauppauge	9	NY	Amanda Hemp
Erin Figurelli	Haddam Killingworth	10	CT	Monica Bauer
Mia Lawrence	Mercy	9	CT	Monica Bauer



# Academic All American

Gymnast	High School	Grade	State	Coach
Miranda Lund	Plainview, Old Bethpage JFK	11	NY	Deb Rut
Renee Vulin	Plainview, Old Bethpage JFK	11	NY	Deb Rut
Victoria Faber	Canton	11	MI	John Cunningham
Sonali Mohanty	Canton	11	MI	John Cunningham
Kelsea Kernosek	Canton	12	MI	John Cunningham
Annika Wang	Canton	11	MI	John Cunningham
Emily Baktis	Oxford	10	CT	Chelsie Marble
Christana Constantinou	Oxford	11	CT	Chelsie Marble
Marissa DiIulio	Oxford	10	CT	Chelsie Marble
Ana Guillet	Oxford	9	CT	Chelsie Marble
Courtney Casper	Brighton	12	MI	Nancy Gregory
Sarah Faruzzi	Brighton	10	MI	Nancy Gregory
Kaylee Gallatin	Brighton	9	MI	Nancy Gregory
Maddie Vernon	Brighton	9	MI	Nancy Gregory
Katie Dechy	Howell	10	MI	Nancy Gregory
Riely Dutkiewicz	Howell	11	MI	Nancy Gregory
Jordan Peterson	Howell	12	MI	Nancy Gregory
Madison Kiley	Plymouth Regional	9	NH	Carrie Kiley
Morgan Kingsbury	Plymouth Regional	9	NH	Carrie Kiley



# All American Teams

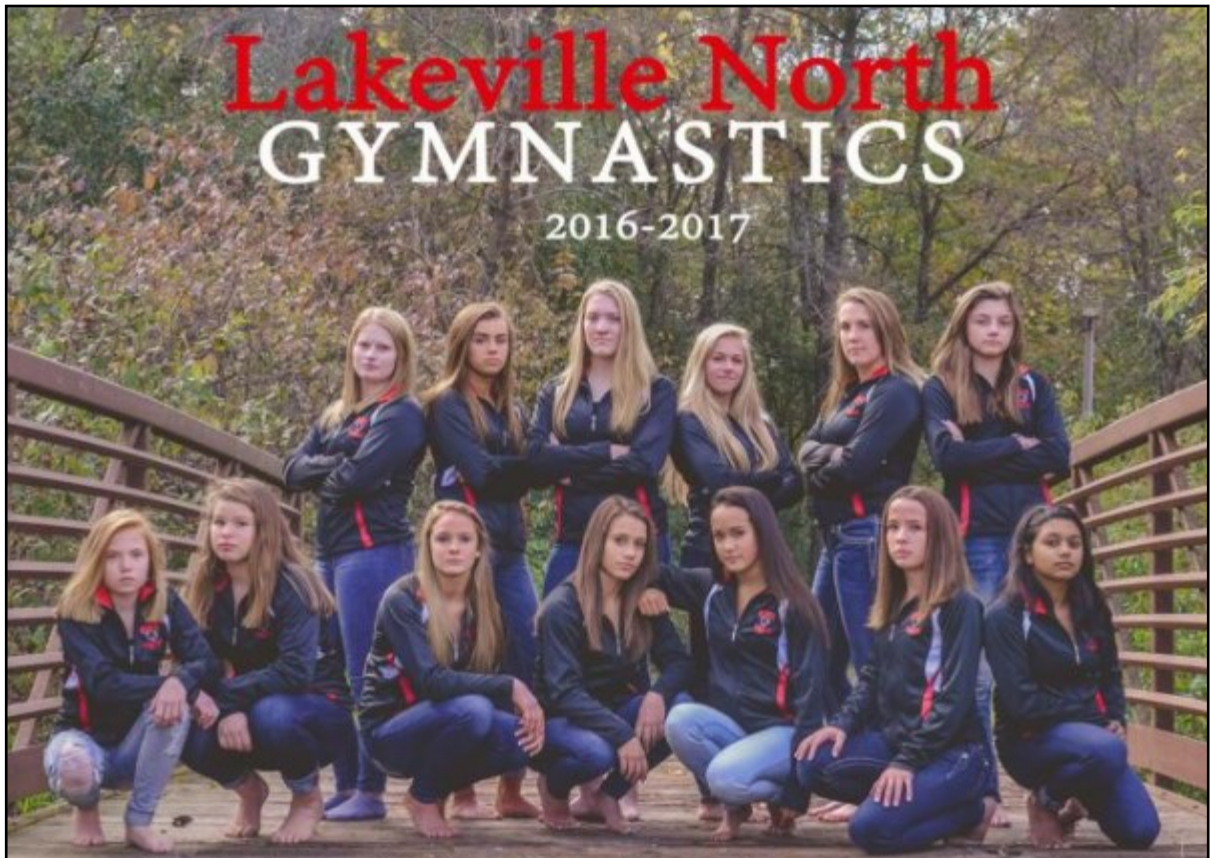
School/Team	Score	State	Coach	
Woodstock Academy	150.8	CT	Kasey Fillmore	Elite
Lakeville North	149.93	MN	Teri Homan	Elite
Roseville Area	146.58	MN	Mike Flattten	
Canton	144.83	MI	John Cunningham	
Brighton	144.21	MI	Nancy Gregory	
Howell	141.69	MI	Nancy Gregory	
Plymouth	141.56	MI	Pam Yockey	



**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**  
**150.8**







**LAKEVILLE NORTH HS, MINNESOTA 149.93**

**Coach: Teri Homan**



**ROSEVILLE HS, MINNESOTA 146.58**

**Coach: Mike Flatten**

# All American Teams

School/Team	Score	State	Coach
Mukwonago/Kettle Moraine	137.32	WI	Thomas Werth/ Margie Canfield
Daniel Hand	136.34	CT	Kelly Smith
Wilton	134.6	CT	Gary Chadwick
New Milford	133.93	CT	Bethany Mihaly
Dodge-Point	133.81	WI	Julia Oellerich
Babylon	132.97	NY	Steven Silipo
South Windsor	130.79	CT	Wendy Williams
Plainview, Old Bethpage JFK	130.71	NY	Deb Rut
Long Beach	130.39	NY	Billy Muirhead



**Canton High School, MI**  
**Coach: John Cunningham**

# All American All Around

Elite All Around	School/Team	Gr	St	Ave	Coach
Paige Stuyanski	Woodstock Acad.	12	CT	38.7	Kasey Fillmore
Adnerys De Jesus	Greenwich	11	CT	38.4	Sue Knight
Rachel Steiner	Lakeville North	9	MN	38.1	Teri Homan
Anna Altermatt	Lakeville North	9	MN	38	Teri Homan
Grace Logan	Woodstock Acad.	12	CT	37.9	Kasey Fillmore
Olivia Rosenow	Roseville Area	12	MN	37.69	Mike Flatten
Courtney Casper	Brighton	12	MI	37.64	Nancy Gregory



**Paige Stuyanski**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**



**Adnerys DeJesus**  
**Greenwich HS, CT**  
**Coach: Sue Knight**

# All American All Around

Gymnast	School/Team	Gr.	St.	Average	Coach
Delaney Gipp	Lakeville North	11	MN	37.2	Teri Homan
Emily Caragay	Plymouth	11	MI	37.10	Pam Yockey
Lydia Taft	Woodstock Ac	10	CT	36.95	Kasey Fillmore
Ashley Goodlund	Lakeville North	9	MN	36.89	Teri Homan
Kelsey Fedorko	Greenwich Plainview, Old	10	CT	36.51	Sue Knight
Miranda Lund	Bethpage JFK	11	NY	36.5	Deb Rut
Toni Williams	Sherwood	12	MD	36.47	Gary Peters
Alyssa Walker	Howell	12	MI	36.46	Nancy Gregory
Callie Johanson	Mahopac	11	NY	36.35	Vincent Collins John Cunningham
Kelsea Kernosek	Canton	12	MI	36.33	ham
Hannah Bracken	Brighton	12	MI	36.29	Nancy Gregory
Mikayla Dumas	New Milford	11	CT	36.19	Bethany Mihaly John Cunningham
Victoria Faber	Canton	11	MI	35.99	ham
Dani Wolanin	Byron	10	MI	35.84	Katie Paquette
Erin Naclerio	Daniel Hand Sacred Heart	11	CT	35.81	Kelly Smith Mark Sorrentino
Madison Clark	Acad.	12	CT	35.81	no
Taylor Gillespie	Howell	9	MI	35.78	Nancy Gregory
Jordan Peterson	Howell	12	MI	35.76	Nancy Gregory John Cunningham
Jana Hilditch	Canton	12	MI	35.74	ham
Melanie Coleman	Jonathan Law Woodstock	12	CT	35.67	Pat Simon
Ali Crescimanno	Acad.	10	CT	35.61	Kasey Fillmore

# All American All Around

Gymnast	School/Team	Gr.	St.	Average	Coach
Miah Lemanski	Dodge-Point	9	WI	35.51	Julia Oellerich
Allison Weiker	Roseville	11	MN	35.49	Mike Flatten
Kelsie Goffinet	Benton	11	WI	35.37	Karen Weiderholt
Eleni Guynn	Sherwood	10	MD	35.28	Gary Peters
Sara Fisher	Pelham	12	NH	35.27	Nicole Denomme
Jenna Davidson	Woodstock A	9	CT	35.23	Kasey Fillmore
Maddie Vernon	Brighton	9	MI	35.22	Nancy Gregory
Emily Baktis	Oxford	10	CT	35.14	Chelsie Marble
Katie Dickson	Canton	11	MI	35.10	John Cunningham
Maddy Krumenacher	Mukwonago	12	WI	35.05	Thomas Werth
Rachel Socha	Canton	11	MI	34.98	John Cunningham
Riley Dutkiewicz	Howell	11	MI	34.90	Nancy Gregory
Kelly Wiles	Bolton	11	CT	34.8	Wendy Williams
Megan Muller	Pomperaug	12	CT	34.78	Hal Rettstadt
Ania Pasternak	Sherwood	12	MD	34.69	Gary Peters
Bekah Leonard	Fowlerville	9	MI	34.68	Katie Paquette
Lily Spencer	Daniel Hand	12	CT	34.54	Kelly Smith
Isabelle Litz	Fowlerville	9	MI	34.53	Katie Paquette
Emma Barry	S Windsor	11	CT	34.36	Wendy Williams
Caroline Iausly	River Valley	11	WI	34.3	Julie Kuhse
Emma Fox	Homestead	10	WI	34.21	Jordan Ireland
Patricia Gerich	S Windsor	11	CT	34.19	Wendy Williams
Adriana Tao	Plymouth	12	MI	34.19	Pam Yockey
Sarah Faruzzi	Brighton	10	MI	34.15	Nancy Gregory
Whittney Ray	Lakeland	10	MI	34.12	Sherrill Habedank
Zoe Graves	Canton	9	MI	34.10	John Cunningham

# All American All Around

Gymnast	School/Team	Gr.	St.	Average	Coach
Carley Hess	Brighton	12	MI	34.04	Nancy Gregory
Kelsee Koresch	Mukwonago	12	WI	34.01	Thomas Werth
Alexis Kessler	Oceanside	10	NY	33.96	Andrew Morris
Jessica Freiheit	Greenwich	12	CT	33.9	Sue Knight
Kirsten Zuppan	Roseville Area	11	MN	33.90	Mike Flatten
Malia Christiansen	Mukwonago	11	WI	33.83	Thomas Werth
Alyssa Belling	Dodge-Point	11	WI	33.74	Julia Oellerich
Darien Freeman	Lakeland	12	MI	33.74	Sherrill Habedank
Brittney Kruser	Southwestern	12	WI	33.65	Karen Weiderholt



**Kelsea Kernosek**  
**Canton HS, MI**  
**Coach: John Cunningham**



**Victoria Faber**  
**Canton HS, MI**  
**Coach: John Cunningham**

# All American Vault

Gymnast	School/Team	Gr.	St.	Ave	Coach	
Adnerys De Jesus	Greenwich	11	CT	9.73	Sue Knight	Elite
Rachel Steiner	Lakeville N	9	MN	9.67	Teri Homan	Elite
Paige Stuyanski	Woodstock	12	CT	9.66	Kasey Fillmore	Elite
Hannah Bracken	Brighton	12	MI	9.66	Nancy Gregory	Elite
Grace Logan	Woodstock	12	CT	9.61	Kasey Fillmore	Elite
Anna Altermatt	Lakeville N	9	MN	9.51	Teri Homan	Elite
Taylor Gillespie	Howell	9	MI	9.49	Nancy Gregory	Elite
Emily Caragay	Plymouth	11	MI	9.44	Pam Yockey	Elite



**Taylor Gillespie-Howell HS, MI  
Coach Nancy Gregory**



**Hannah Bracken-Brighton HS, MI  
Coach Nancy Gregory**

# All American Vault

Gymnast	School/Team	Gr	St	Ave	Coach
Olivia Rosenow	Roseville Area	12	MN	9.39	Mike Flatten
Kelsea Kernosek	Canton	12	MI	9.38	John Cunningham
Kayla Soplata	Roseville Area	12	MN	9.34	Mike Flatten
Jana Hilditch	Canton	12	MI	9.27	John Cunningham
Lydia Taft	Woodstock Ac	10	CT	9.26	Kasey Fillmore
Ali Crescimanno	Woodstock Ac	10	CT	9.26	Kasey Fillmore
Mikayla Dumas	New Milford	11	CT	9.22	Bethany Mihaly
Courtney Casper	Brighton	12	MI	9.22	Nancy Gregory
Jenna Davidson	Woodstock Ac	9	CT	9.21	Kasey Fillmore
Ashley Goodlund	Lakeville No	9	MN	9.20	Teri Homan
Kelsey Fedorko	Greenwich	10	CT	9.19	Sue Knight
Alyssa Walker	Howell	12	MI	9.16	Nancy Gregory
Allison Weiker	Roseville Area	11	MN	9.16	Mike Flatten
Madison Clark	Sacred Heart	12	CT	9.13	Mark Sorrentino
Erin Naclerio	Daniel Hand	11	CT	9.11	Kelly Smith
Miranda Lund	Plainview, Old Beth- page JFK	11	NY	9.10	Deb Rut
Victoria Faber	Canton	11	MI	9.09	John Cunningham
Miah Lemanski	Dodge-Point	9	WI	9.06	Julia Oellerich
Maddie Grube	Woodstock Ac	10	CT	9.06	Kasey Fillmore
Lily Spencer	Daniel Hand	12	CT	9.03	Kelly Smith
Delaney Gipp	Lakeville No	11	MN	9.00	Teri Homan
Sara Fisher	Pelham	12	NH	9.00	Nicole Denomme
Bekah Leonard	Fowlerville	9	MI	9.00	Katie Paquette
Jordan Peterson	Howell	12	MI	8.97	Nancy Gregory
Alexis Kessler	Oceanside	10	NY	8.96	Andrew Morris



# All American Vault

Gymnast	School/Team	Gr	St	Ave	Coach
Emma Barry	South Windsor	11	CT	8.95	Wendy Williams
Megan Muller	Pomperaug	12	CT	8.95	Hal Rettstadt
Dani Wolanin	Byron	10	MI	8.95	Katie Paquette
Carley Hess	Brighton	12	MI	8.94	Nancy Gregory
Callie Johanson	Mahopac	11	NY	8.94	Vincent Collins
Isabelle Litz	Fowlerville	9	MI	8.94	Katie Paquette
Kelly Wiles	Bolton	11	CT	8.93	Wendy Williams
Katherine Najouk	Canton	10	MI	8.92	John Cunningham
Emily Baktis	Oxford	10	CT	8.89	Chelsie Marble
Meredith Nash	Wilton	12	CT	8.88	Gary Chadwick
Lauren Mercer	Brighton	10	MI	8.88	Nancy Gregory
Kelsee Koresch	Mukwonago	12	WI	8.86	Thomas Werth
Gianna Cardini	Greenwich	10	CT	8.86	Sue Knight
Kelsie Goffinet	Benton	11	WI	8.85	Karen Weiderholt



**Jana Hilditch**  
**Canton HS, MI**  
**Coach: John Cunningham**

**Kelsee Koresch**  
**Mukwonago HS, WI**  
**Coach: Tom Werth**



# All American Vault

Gymnast	School/Team	Gr	St	Ave	Coach
Riley Dutkiewicz	Howell	11	MI	8.85	Nancy Gregory
Whittney Ray	Lakeland	10	MI	8.83	Sherrill Habedank
Kali Lechtanski	Howell	10	MI	8.82	Nancy Gregory
Emma Fox	Homestead	10	WI	8.81	Jordan Ireland
Emma Jaworski	Mukwonago	10	WI	8.80	Thomas Werth
Rachel Socha	Canton	11	MI	8.77	John Cunningham
Jaya Dhande	Plymouth	10	MI	8.76	Pam Yockey
Gabby Jolliff	Fowlerville	10	MI	8.75	Katie Paquette
Maddie Vernon	Brighton	9	MI	8.73	Nancy Gregory
Paige Sanders	Plymouth	11	MI	8.72	Pam Yockey
Patricia Gerich	So Windsor	11	CT	8.70	Wendy Williams
Ava Eilola	Plymouth	10	MI	8.70	Pam Yockey
Katie Dechy	Howell	10	MI	8.54	Nancy Gregory



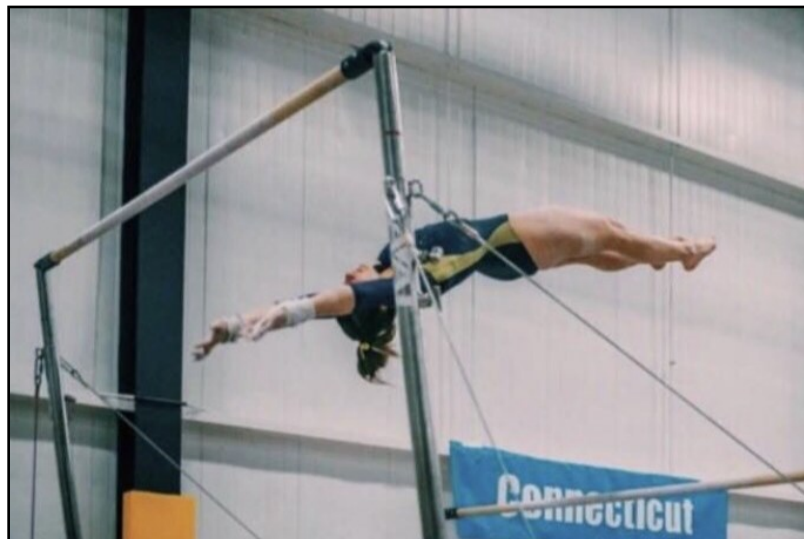
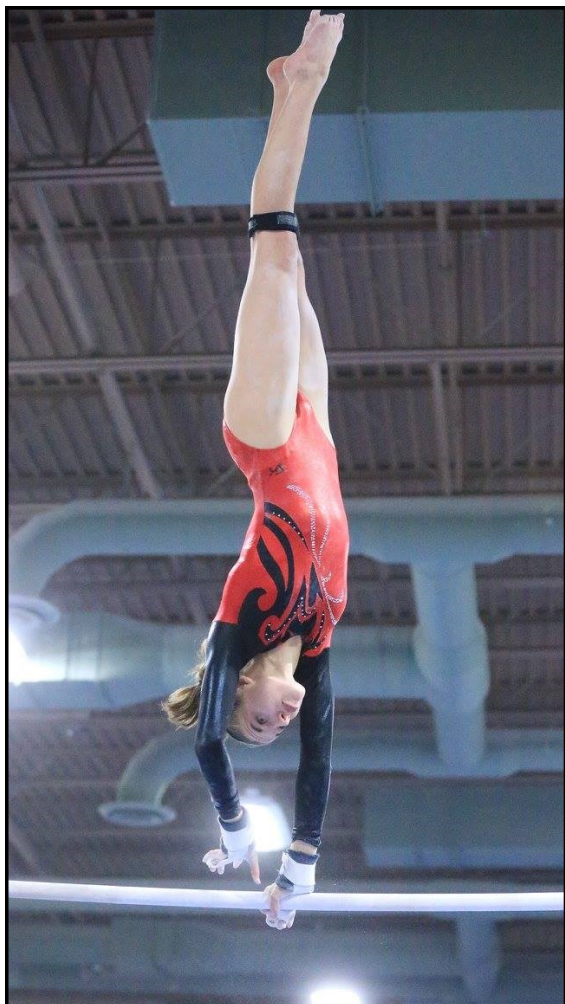
**Emma Jaworski**  
**Mukwonago, WI**  
**Coach: T. Werth**



**Mikayla Dumas**  
**New Milford HS, CT**  
**Coach: Bethany Mihaly**

# All American Bars

Gymnast	School/Team	Gr.	St.	Ave	Coach	
Courtney Casper	Brighton	12	MI	9.77	Nancy Gregory	Elite
Grace Logan	Woodstock	12	CT	9.71	Kasey Fillmore	Elite
Delaney Gipp	Lakeville No	11	MN	9.69	Teri Homan	Elite
Rachel Steiner	Lakeville No	9	MN	9.68	Teri Homan	Elite
Paige Stuyanski	Woodstock A	12	CT	9.66	Kasey Fillmore	Elite
Victoria Faber	Canton	11	MI	9.65	John Cunningham	Elite
Adnerys De Jesus	Greenwich	11	CT	9.62	Sue Knight	Elite
Anna Altermatt	Lakeville No	9	MN	9.54	Teri Homan	Elite
Lydia Taft	Woodstock A	10	CT	9.44	Kasey Fillmore	
Emily Caragay	Plymouth	11	MI	9.43	Pam Yockey	Elite



**Grace Logan**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**

**Victoria Faber**  
**Canton HS, MI**  
**Coach: John Cunningham**

# All American Bars

Gymnast	School/Team	Gr.	St	Ave	Coach
Toni Williams	Sherwood	12	MD	9.38	Gary Peters
Ashley Goodlund	Lakeville N	9	MN	9.36	Teri Homan
Ali Crescimanno	Woodstock	10	CT	9.27	Kasey Fillmore
Miranda Lund	Plainview, Old Bethpage JFK	11	NY	9.25	Deb Rut
Melanie Coleman	Jonathan Law	12	CT	9.15	Pat Simon
Jordan Peterson	Howell	12	MI	9.15	Nancy Gregory
Olivia Rosenow	Roseville	12	MN	9.13	Mike Flatten
Kelly Wiles	Bolton	11	CT	9.11	Wendy Williams
Mikayla Dumas	New Milford	11	CT	9.08	Bethany Mihaly
Alyssa Walker	Howell	12	MI	9.08	Nancy Gregory
Callie Johanson	Mahopac	11	NY	9.02	Vincent Collins
Kelsey Fedorko	Greenwich	10	CT	8.99	Sue Knight
Taylor Gillespie	Howell	9	MI	8.95	Nancy Gregory
Kayla Soplata	Roseville	12	MN	8.93	Mike Flatten
Tessa Bockhop	Dodge-Point	9	WI	8.91	Julia Oellerich
Madison Clark	Sacred Heart	12	CT	8.91	Mark Sorrentino
Malia Christiansen	Mukwonago	11	WI	8.89	Thomas Werth
Jenna Davidson	Woodstock	9	CT	8.89	Kasey Fillmore
Katie Dickson	Canton	11	MI	8.87	John Cunningham
Erin Naclerio	Daniel Hand	11	CT	8.84	Kelly Smith
Zoe Graves	Canton	9	MI	8.80	John Cunningham
Dani Wolanin	Byron	10	MI	8.79	Katie Paquette

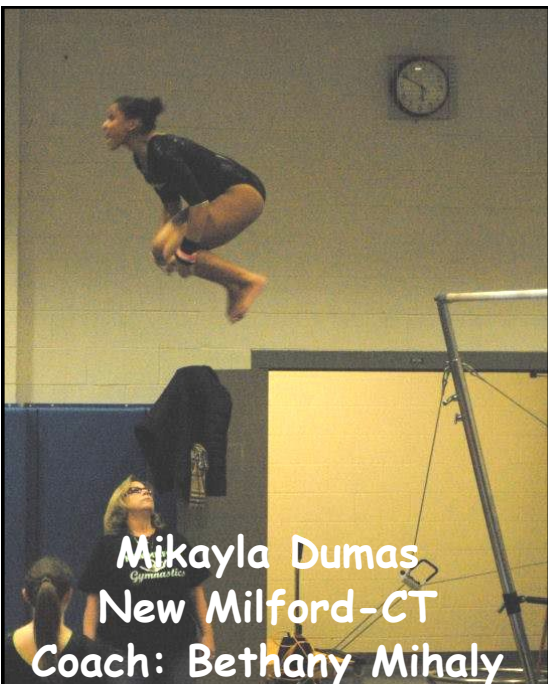
# All American Bars



**Malia Christiansen**  
**Mukwonago HS, WI**  
**Coach: Tom Werth**



**Adnerys DeJesus**  
**Greenwich HS, CT**  
**Coach Sue Knight**



**Mikayla Dumas**  
**New Milford-CT**  
**Coach: Bethany Mihaly**

# All American Bars

Gymnast	School/Team	Gr.	St	Ave	Coach
Jana Hilditch	Canton	12	MI	8.78	John Cunningham
Sarah Mossett	Brighton	11	MI	8.78	Nancy Gregory
Patricia Gerich	South Windsor	11	CT	8.76	Wendy Williams
Jessica Freiheit	Greenwich	12	CT	8.75	Sue Knight
Megan Muller	Pomperaug	12	CT	8.75	Hal Rettstadt
Hannah Bracken	Brighton	12	MI	8.75	Nancy Gregory
Indya Volk	Lakeville No	11	MN	8.70	Teri Homan
Kelsea Kernosek	Canton	12	MI	8.70	John Cunningham
Eleni Guynn	Sherwood	10	MD	8.68	Gary Peters
Alex Berthiaume	Roseville Area	12	MN	8.65	Mike Flatten
Miah Lemanski	Dodge-Point	9	WI	8.63	Julia Oellerich
Maddy Krumenacher	Mukwonago	12	WI	8.60	Thomas Werth
Emily Baktis	Oxford	10	CT	8.56	Chelsie Marble
Sarah Faruzzi	Brighton	10	MI	8.54	Nancy Gregory
Chloe Lee	Mahopac	9	NY	8.52	Vincent Collins
Maddie Vernon	Brighton	9	MI	8.50	Nancy Gregory
Sara Fisher	Pelham	12	NH	8.48	Nicole Denomme



**Olivia Rosenow**  
**Roseville Area HS-MN**  
**Mike Flatten**

**Callie Johanson**  
**Mohopac HS, NY**  
**Coach: Vincent Collins**



# All American Beam

**Paige Stuyanski**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**



**Ali Crescimanno**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**

Gymnast	School/Team	Gr	St.	Ave	Coach	
Paige Stuyanski	Woodstock Ac	12	CT	9.89	Kasey Fillmore	Elite
Paige Sanders	Plymouth	11	MI	9.62	Pam Yockey	Elite
Adnerys DeJesus	Greenwich	11	CT	9.57	Sue Knight	Elite
Anna Altermatt	Lakeville No	9	MN	9.51	Teri Homan	Elite
Delaney Gipp	Lakeville No	11	MN	9.49	Teri Homan	Elite
Olivia Rosenow	Roseville Area	12	MN	9.48	Mike Flatten	Elite
Courtney Casper	Brighton	12	MI	9.46	Nancy Gregory	Elite
Emily Caragay	Plymouth	11	MI	9.42	Pam Yockey	Elite

# All American Beam



**Kelsea Kernosek**  
**Canton HS, MI**  
**Coach: John Cunningham**

**Alyssa Walker**  
**Howell HS, MI**  
**Coach: Nancy Gregory**



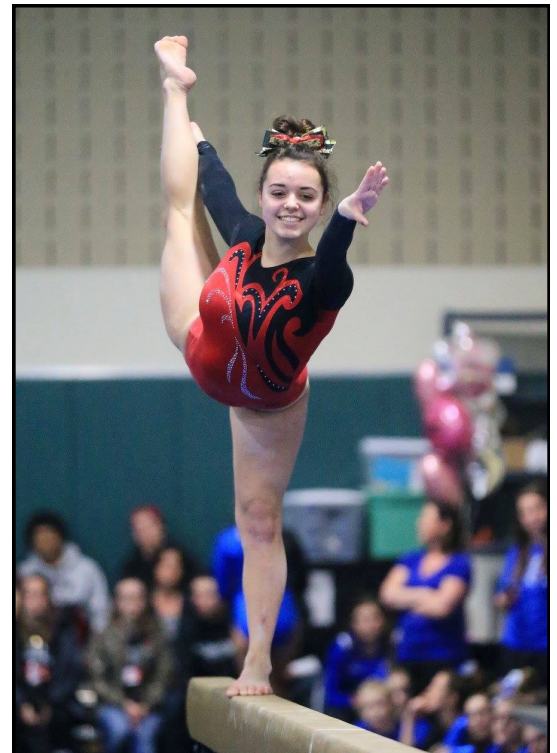


# All American Beam

Gymnast	School/Team	Gr	St	Ave	Coach
Lydia Taft	Woodstock Ac	10	CT	9.41	Kasey Fillmore
Rachel Socha	Canton	11	MI	9.39	John Cunningham
Alyssa Walker	Howell	12	MI	9.37	Nancy Gregory
Kayla Soplata	Roseville	12	MN	9.37	Mike Flatten
Grace Logan	Woodstock Ac	12	CT	9.35	Kasey Fillmore
Kelsea Kernosek	Canton	12	MI	9.35	John Cunningham
Ashley Goodlund	Lakeville No	9	MN	9.33	Teri Homan
Erin Naclerio	Daniel Hand	11	CT	9.30	Kelly Smith
Rachel Steiner	Lakeville No	9	MN	9.27	Teri Homan
Jana Hilditch	Canton	12	MI	9.25	John Cunningham
Kelsey Fedorko	Greenwich	10	CT	9.24	Sue Knight
Melanie Coleman	Jonathan Law	12	CT	9.23	Pat Simon
Mackenzie Pendleton	Mukwonago	10	WI	9.18	Thomas Werth



**Kelsey Fedorko**  
**Greenwich HS**  
**Coach: Sue Knight**



**Rachel Socha**  
**Canton HS, MI**  
**Coach:**  
**John Cunningham**

# All American Beam

Gymnast	School/Team	Gr	St	Ave	Coach
Gianna Cardini	Greenwich	10	CT	8.86	Sue Knight
Riley Dutkiewicz	Howell	11	MI	8.86	Nancy Gregory
Alyssa Miriani	Howell	10	MI	8.84	Nancy Gregory
Eleni Guynn	Sherwood	10	MD	8.84	Gary Peters
Noelle Bergere	Daniel Hand	12	CT	8.82	Kelly Smith
Bekah Leonard	Fowlerville	9	MI	8.80	Katie Paquette
Zoe Graves	Canton	9	MI	8.79	John Cunningham
Adriana Tao	Plymouth	12	MI	8.79	Pam Yockey
Patricia Gerich	South Windsor	11	CT	8.78	Wendy Williams
Angela Lian	New Milford	12	CT	8.77	Bethany Mihaly
Emma Fox	Homestead	10	WI	8.76	Jordan Ireland
Kelly Wiles	Bolton	11	CT	8.75	Wendy Williams
Jessica Freiheit	Greenwich	12	CT	8.75	Sue Knight
Hannah Bracken	Brighton	12	MI	8.74	Nancy Gregory
Carley Hess	Brighton	12	MI	8.74	Nancy Gregory
Sara Hosmer	Plymouth	12	MI	8.73	Pam Yockey
Kirsten Zuppan	Roseville Area	11	MN	8.73	Mike Flatten
Victoria Silvester	Plymouth	11	MI	8.72	Pam Yockey
Emma Barry	South Windsor	11	CT	8.71	Wendy Williams
Kelsee Koresch	Mukwonago	12	WI	8.70	Thomas Werth
Isabelle Litz	Fowlerville	9	MI	8.70	Katie Paquette
Indya Volk	Lakeville North	11	MN	8.68	Teri Homan
Rivers Cunningham	Long Beach	9	NY	8.67	Billy Muirhead

# All American Beam

Gymnast	School/Team	Gr	St	Ave	Coach
Katie Dickson	Canton	11	MI	9.18	John Cunningham
Maddy Krumenacher	Mukwonago	12	WI	9.18	Thomas Werth
Kelsie Goffinet	Benton	11	WI	9.17	Karen Weiderholt
Mikayla Dumas	New Milford	11	CT	9.15	Bethany Mihaly
Jenna Davidson	Woodstock Aca	9	CT	9.15	Kasey Fillmore
Jordan Peterson	Howell	12	MI	9.15	Nancy Gregory
Toni Williams	Sherwood	12	MD	9.12	Gary Peters
Allison Weiker	Roseville	11	MN	9.12	Mike Flatten
Renee Vulin	Plainview, Old Beth- page JFK	11	NY	9.10	Deb Rut
Callie Johanson	Mahopac	11	NY	9.10	Vincent Collins
Dani Wolanin	Byron	10	MI	9.10	Katie Paquette
Sydney Hughes	Mahopac	11	NY	9.08	Vincent Collins
Miah Lemanski	Dodge-Point	9	WI	9.05	Julia Oellerich
Emily Baktis	Oxford	10	CT	9.05	Chelsie Marble
Sara Fisher	Pelham	12	NH	9.04	Nicole Denomme
Ali Crescimanno	Woodstock Ac	10	CT	9.03	Kasey Fillmore
Miranda Lund	Plainview, Old Beth- page JFK	11	NY	9.00	Deb Rut
Adrian Hartford	Plymouth	10	MI	8.98	Pam Yockey
Sarah Mossett	Brighton	11	MI	8.97	Nancy Gregory
Maddie Vernon	Brighton	9	MI	8.94	Nancy Gregory
Madison Clark	Sacred Heart	12	CT	8.92	Mark Sorrentino
Victoria Faber	Canton	11	MI	8.90	John Cunningham
Ania Pasternak	Sherwood	12	MD	8.90	Gary Peters
Caroline Iausly	River Valley	11	WI	8.87	Julie Kuhse

# All American Beam



**Mackenzie Pendleton**  
**Mukwonago HS-WI**  
**Coach: Tom Werth**



**Erin Naclerio**  
**Daniel Hand HS, CT**  
**Coach: Kelly Smith**

Gymnast	School/Team	Gr	St	Ave	Coach
Taylor Gillespie	Howell	9	MI	8.66	Nancy Gregory
Darien Freeman	Lakeland	12	MI	8.65	Sherrill Habedank
Ava Eilola	Plymouth	10	MI	8.61	Pam Yockey
Serika	Govani	11	CT	8.60	Wendy Williams
Sofia Eschmann	Nonnewaug	12	CT	8.58	Mark Sorrentino
Sarah Faruzzi	Brighton	10	MI	8.58	Nancy Gregory
Carissa Hebler	South Windsor	12	CT	8.54	Wendy Williams
Alex Uriarte	Wilton	12	CT	8.52	Gary Chadwick
Lauren Benson	South Windsor	9	CT	8.52	Wendy Williams
Alyssa Belling	Dodge-Point	11	WI	8.51	Julia Oellerich

# All American Floor



**Maddie Vernon**  
**Brighton HS, MI**  
**Coach: Nancy Gregory**



**Callie Johanson**  
**Mohapac, NY**  
**Coach: Vincent Collins**

Gymnast	School/Team	Gr	St	Ave	Coach	
Courtney Casper	Brighton	12	MI	9.76	Nancy Gregory	Elite
Anna Altermatt	Lakeville North	9	MN	9.75	Teri Homan	Elite
Paige Stuyanski	Woodstock Ac	12	CT	9.74	Kasey Fillmore	Elite
Grace Logan	Woodstock Ac	12	CT	9.67	Kasey Fillmore	Elite
Adnerys De Jesus	Greenwich	11	CT	9.66	Sue Knight	Elite
Rachel Steiner	Lakeville North	9	MN	9.65	Teri Homan	Elite
Paige Sanders	Plymouth	11	MI	9.60	Pam Yockey	Elite
Maddie Vernon	Brighton	9	MI	9.56	Nancy Gregory	Elite

# All American Floor

Gymnast	School/Team	Gr	St	Ave	Coach
Lydia Taft	Woodstock Ac	10	CT	9.50	Kasey Fillmore
Ashley Goodlund	Lakeville North	9	MN	9.48	Teri Homan
Delaney Gipp	Lakeville North	11	MN	9.45	Teri Homan
Riley Dutkiewicz	Howell	11	MI	9.45	Nancy Gregory
Sara Fisher	Pelham	12	NH	9.44	Nicole Denomme
Callie Johanson	Mahopac	11	NY	9.41	Vincent Collins
Katie Dickson	Canton	11	MI	9.40	John Cunningham
Hannah Bracken	Brighton	12	MI	9.40	Nancy Gregory
Dani Wolanin	Byron	10	MI	9.40	Katie Paquette
Kelsie Goffinet	Benton	11	WI	9.39	Karen Weiderholt
Bekah Leonard	Fowlerville	9	MI	9.39	Katie Paquette
Taylor Gillespie	Howell	9	MI	9.38	Nancy Gregory
Olivia Rosenow	Roseville Area	12	MN	9.36	Mike Flatten
Melanie Coleman	Jonathan Law	12	CT	9.30	Pat Simon
Toni Williams	Sherwood	12	MD	9.30	Gary Peters
Kelsey Fedorko	Greenwich	10	CT	9.29	Sue Knight



**Melanie Coleman**  
Jonathan Law HS, CT  
Coach; Pat Simon



**Katie Dickson**  
Canton HS, MI  
Coach: John Cunningham

# All American Floor

Gymnast	School/Team	Gr	St	Ave	Coach
Victoria Faber	Canton	11	MI	9.28	John Cunningham
Jana Hilditch	Canton	12	MI	9.28	John Cunningham
Rivers Cunningham	Long Beach	9	NY	9.23	Billy Muirhead
Kelsea Kernosek	Canton	12	MI	9.23	John Cunningham
Caroline Iausly	River Valley	11	WI	9.22	Julie Kuhse
Alexis Kessler	Oceanside	10	NY	9.21	Andrew Morris
Emily Caragay	Plymouth	11	MI	9.21	Pam Yockey
Isabelle Litz	Fowlerville	9	MI	9.20	Katie Paquette
Whittney Ray	Lakeland	10	MI	9.18	Sherrill Habedank
Miah Lemanski	Dodge-Point	9	WI	9.17	Julia Oellerich
Sydney Hughes	Mahopac	11	NY	9.16	Vincent Collins
Rachel Socha	Canton	11	MI	9.15	John Cunningham
Allison Weiker	Roseville Area	11	MN	9.15	Mike Flatten
Alyssa Walker	Howell	12	MI	9.14	Nancy Gregory
Kirsten Zuppan	Roseville Area	11	MN	9.14	Mike Flatten
Erin Naclerio	Daniel Hand	11	CT	9.13	Kelly Smith
Eleni Guynn	Sherwood	10	MD	9.13	Gary Peters
Gabby Jolliff	Fowlerville	10	MI	9.10	Katie Paquette
Maddy Krumenacher	Mukwonago	12	WI	9.09	Thomas Werth
Madison Clark	Sacred Heart	12	CT	9.06	Mark Sorrentino
Jordan Peterson	Howell	12	MI	9.06	Nancy Gregory
Victoria Silvester	Plymouth	11	MI	9.06	Pam Yockey
Mackenzie Pendleton	Mukwonago	10	WI	9.04	Thomas Werth

# All American Floor

Gymnast	School/Team	Gr	St	Ave	Coach
Lily Spencer	Daniel Hand	12	CT	9.03	Kelly Smith
Indya Volk	Lakeville No	11	MN	9.03	Teri Homan
Jamison Castrataro	Mahopac	9	NY	9.03	Vincent Collins
Emily Baktis	Oxford	10	CT	9.03	Chelsie Marble
Allison Cohen	Long Beach	9	NY	9.02	Billy Muirhead
Brittney Kruser	Southwestern	12	WI	9.02	Karen Weiderholt
Ali Crescimanno	Woodstock	10	CT	9.02	Kasey Fillmore
Ania Pasternak	Sherwood	12	MD	9.02	Gary Peters
Mikayla Dumas	New Milford	11	CT	9.01	Bethany Mihaly
Miranda Lund	Plainview, Old Bethpage JFK	11	NY	9.00	Deb Rut
Madison Moran	Fowlerville	10	MI	9.00	Katie Paquette
Mackenzie Brigham	Fowlerville	10	MI	9.00	Katie Paquette
Dakota Ejnes	Long Beach	12	NY	8.98	Billy Muirhead
Nicki Babkowski	Wilton	12	CT	8.98	Gary Chadwick
Carley Hess	Brighton	12	MI	8.95	Nancy Gregory
Adriana Tao	Plymouth	12	MI	8.91	Pam Yockey
Darien Freeman	Lakeland	12	MI	8.91	Sherrill Habedank
Alyssa Miriani	Howell	10	MI	8.90	Nancy Gregory
Emma Fox	Homestead	10	WI	8.90	Jordan Ireland
Alyssa Belling	Dodge-Point	11	WI	8.89	Julia Oellerich
Meredith Nash	Wilton	12	CT	8.88	Gary Chadwick
Noelle Bergere	Daniel Hand	12	CT	8.87	Kelly Smith
Gianna Cardini	Greenwich	10	CT	8.86	Sue Knight
Megan Muller	Pomperaug	12	CT	8.85	Hal Rettstadt



# All American Floor

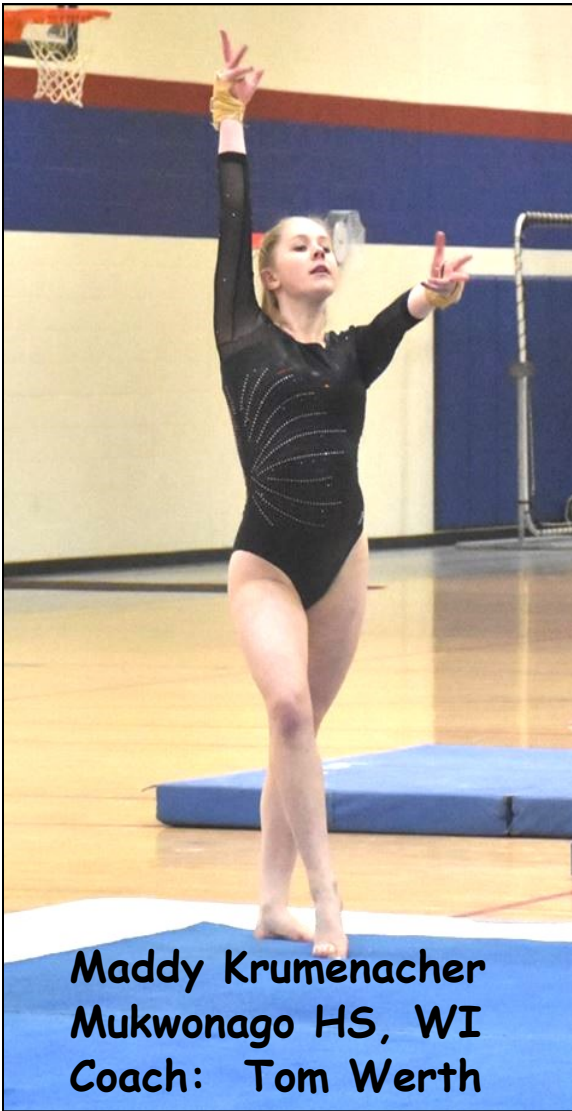


**Adnerys DeJesus**  
**Greenwich HS, CT**  
**Coach: Sue Knight**



**Lydia Taft**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**

Gymnast	School/Team	Gr	St	Ave	Coach
Emma Barry	S Windsor	11	CT	8.84	Wendy Williams
Sarah Faruzzi	Brighton	10	MI	8.83	Nancy Gregory
Haley Macklem	Roseville	12	MN	8.82	Mike Flatten
Sara Hosmer	Plymouth	12	MI	8.81	Pam Yockey
Zoe Graves	Canton	9	MI	8.80	John Cunningham
Ava Eilola	Plymouth	10	MI	8.80	Pam Yockey



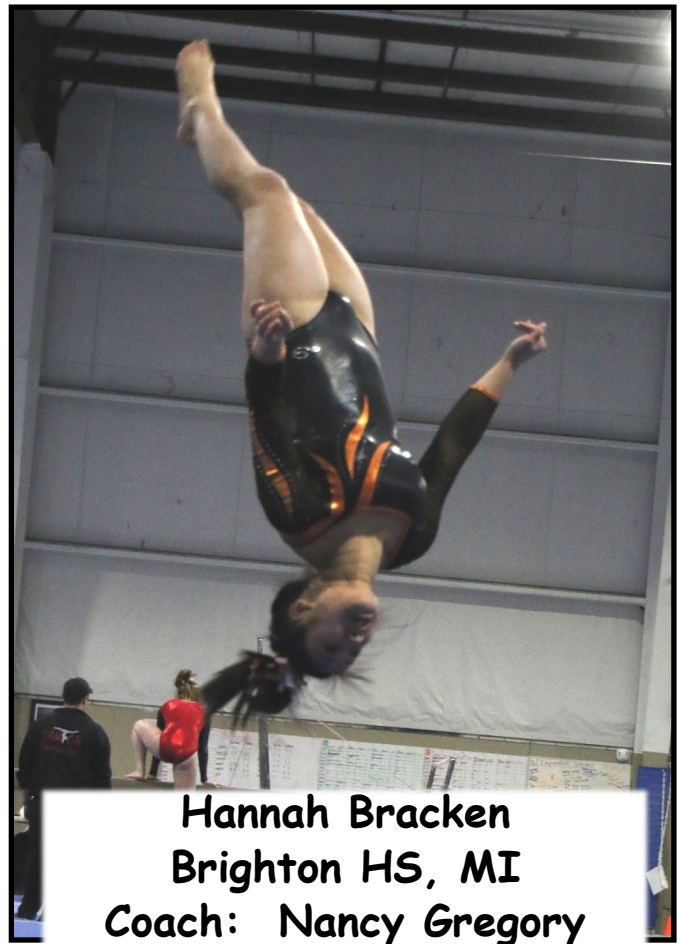
**Maddy Krumenacher**  
**Mukwonago HS, WI**  
**Coach: Tom Werth**



**Mikayla Dumas**  
**New Milford HS, CT**  
**Coach Bethany Mihaly**



**Jenna Davidson**  
**Woodstock Academy, CT**  
**Coach: Kasey Fillmore**



**Hannah Bracken**  
**Brighton HS, MI**  
**Coach: Nancy Gregory**

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CT	Gary	Chadwick	Wilton	<a href="mailto:chadwick@highlands.com">chadwick@highlands.com</a>
CT	Robin	Deary Fillmore	Woodstock	<a href="mailto:deary.s.gymnastics@snet.net">deary.s.gymnastics@snet.net</a>
CT	Kim	Detuzzi	East Lyme	<a href="mailto:abcgymstars@aol.com">abcgymstars@aol.com</a>
CT	Chelsie	Eckman	Oxford	<a href="mailto:eckmanchelsie@gmail.com">eckmanchelsie@gmail.com</a>
CT	Kasey	Fillmore	Woodstock	<a href="mailto:kaseyfillmore@yahoo.com">kaseyfillmore@yahoo.com</a>
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# NHSGA Members

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MA	Stephen	Cudworth	Bridgewater-Raynham	<a href="mailto:gymdude131@yahoo.com">gymdude131@yahoo.com</a>
MA	Heather	Fulginiti	Shrewsbury	<a href="mailto:schrewsburyelite@gmail.com">schrewsburyelite@gmail.com</a>
MA	Heather	Fusco	Central Catholic	<a href="mailto:fuscoajju@verizon.net">fuscoajju@verizon.net</a>
MA	Pete	Gobiel	Winthrop	<a href="mailto:bobielp@aol.com">bobielp@aol.com</a>
MA	Bill	Kane	Groton Dunstable	<a href="mailto:bill@planet-gymnastics.com">bill@planet-gymnastics.com</a>
MA	Samantha	Kelley	Marlboro	<a href="#">none given</a>
MA	Jennifer	Libin	Medfield	<a href="mailto:jenniferlibin17@gmail.com">jenniferlibin17@gmail.com</a>
MA	Bethany	Liquori	Westfield	<a href="mailto:silversprings50@hotmail.com">silversprings50@hotmail.com</a>
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MA	Jessica	Wilkey	Tewsbury	<a href="mailto:mjlanta@comcast.net">mjlanta@comcast.net</a>
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MI	Deann	Allen	Walled Lake	<a href="mailto:bumb455@att.net">bumb455@att.net</a>
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MI	Lisa	Broomfield	Livonia Stevenson	<a href="mailto:misslisa621@yahoo.com">misslisa621@yahoo.com</a>
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MI	Lynn	Mozeleski	Canton	<a href="mailto:coachlynn1@gmail.com">coachlynn1@gmail.com</a>
MI	Katie	Paquette	Fowlerville/Byron	<a href="mailto:conlanka@hotmail.com">conlanka@hotmail.com</a>
MI	Jenni	Posten	Tecumseh	<a href="mailto:jposten@tps.k12.mi.us">jposten@tps.k12.mi.us</a>
MI	Christa	Roman	Port Huron Unified	<a href="mailto:croman@phasd.us">croman@phasd.us</a>

# NHSGA Members

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MN	Teri	Homan	Lakeville North	<a href="mailto:teri.homan@isd194.org">teri.homan@isd194.org</a>
NH	ReaAnn	Chrane	Spaulding	<a href="mailto:rae.chrane@willis.com">rae.chrane@willis.com</a>
NH	Scott	Chrane	Spaulding	<a href="mailto:wschrane@metrocast.net">wschrane@metrocast.net</a>
NH	Nicole	Denomme	Pelham	<a href="mailto:micole.denomme@gmail.com">micole.denomme@gmail.com</a>
NH	Carrie	Kiley	Plymouth Reg.	<a href="mailto:topgunacademy@gmail.com">topgunacademy@gmail.com</a>
NH	Chelsie	Veilleux	Pinkerton Acad.	<a href="mailto:chelsie.burland@gmail.com">chelsie.burland@gmail.com</a>
NJ	Pam	Borges	Brick Memorial	<a href="mailto:pbgyrast@hotmail.com">pbgyrast@hotmail.com</a>
NJ	Amanda	Diaz	Westfield	<a href="mailto:diaza423@gmail.com">diaza423@gmail.com</a>
NJ	Brianna	Ferdinandi	Johnson	<a href="mailto:brianna.ferdinandi28@gmail.com">brianna.ferdinandi28@gmail.com</a>
NJ	Meredith	Garofalo	South Plainfield	<a href="mailto:mer.garofalo@gmail.com">mer.garofalo@gmail.com</a>
NJ	Heidi	Henning	South Brunswick	<a href="mailto:heidic1981@yahoo.com">heidic1981@yahoo.com</a>
NJ	Sara	Phillips	Howell	<a href="mailto:shphillips@frhsd.com">shphillips@frhsd.com</a>
NJ	Dorine	Shapiro	Manalapan	<a href="mailto:dorinenj@aol.com">dorinenj@aol.com</a>
NJ	Colleen	Sutphen	Holmdel	<a href="mailto:collsut@gmail.com">collsut@gmail.com</a>
NJ	Cindy	Wagner	Somerville	<a href="mailto:waggs@aol.com">waggs@aol.com</a>
NY	Vincent	Collins	Mahopac	<a href="mailto:teamcollins8@verizon.net">teamcollins8@verizon.net</a>
NY	Marbry	Gansle	Shaker	<a href="mailto:mgansle@ncolonie.org">mgansle@ncolonie.org</a>
NY	Amanda	Hemp	Hauppauge	<a href="mailto:damommyx2@verizon.net">damommyx2@verizon.net</a>
NY	Andrew	Morris	Oceanside	<a href="mailto:amorris@oceansideschools.org">amorris@oceansideschools.org</a>
NY	Billy	Muirhead	Long Beach	<a href="mailto:mrhdbil@aol.com">mrhdbil@aol.com</a>
NY	Deb	Rut	Plainview/Old Bethpage JFK	<a href="mailto:gymnats@aol.com">gymnats@aol.com</a>
NY	Steven	Silipo	Babylon	<a href="mailto:steven.silipo@gmail.com">steven.silipo@gmail.com</a>
PA	Terri	Gazda	WAllegheny/SSide/ Hopewell/Central Val- ley	<a href="mailto:richgazda1@verizon.net">richgazda1@verizon.net</a>
PA	Cherie	Mulford	West Allegheny/South Side/Hopewell/Central Valley	<a href="mailto:cheriemulford@msn.com">cheriemulford@msn.com</a>
RI	Haley	Call	Exeter West Green- wich	<a href="mailto:hcall624@gmail.com">hcall624@gmail.com</a>
RI	Haley	Crossley	Coventry	<a href="mailto:haley_crossley@my.uri.edu">haley_crossley@my.uri.edu</a>
RI	Sue	Paul	Chariho Regional	<a href="mailto:suep74@verizon.net">suep74@verizon.net</a>
TX	Janet	Cochran	Irving	<a href="mailto:jannc56@hotmail.com">jannc56@hotmail.com</a>
TX	Pam	Gunn	Grapevine	<a href="mailto:pamela.gunn@qcisd.net">pamela.gunn@qcisd.net</a>

# NHSGA Members

State	First	Last Name	School/Team	E-Mail Address
TX	Becky	Shaw	Trinity	<a href="mailto:rebeccashaw@hebisd.edu">rebeccashaw@hebisd.edu</a>
TX	Courtney	Yancey		<a href="mailto:courtney.yancey@dirdvilleschools.net">courtney.yancey@dirdvilleschools.net</a>
VA	Wendy	Bowes	Salem	<a href="mailto:wendy.bowes@vbschools.com">wendy.bowes@vbschools.com</a>
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WA	Melissa	Baker	Newport	<a href="mailto:bakerm@bsd.405.org">bakerm@bsd.405.org</a>
WA	Lori	Berg	Hazen	<a href="mailto:graceful09@hotmail.com">graceful09@hotmail.com</a>
WA	Ryan	Fleisher	Issaquah	<a href="mailto:issygymnastics@yahoo.com">issygymnastics@yahoo.com</a>
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WA	Katie	Koch	Woodinville	<a href="mailto:kkoch@nsd.org">kkoch@nsd.org</a>
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WA	Karen	McQuiston	Capital	<a href="mailto:wsgcanationals@gmail.com">wsgcanationals@gmail.com</a>
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WA	Carleigh	Rounds	Rogers	<a href="mailto:roundcl@puyalup.k12.wa.us">roundcl@puyalup.k12.wa.us</a>
WA	Carliegh	Rounds	Rogers	<a href="#">none given</a>
WA	Richard	Samuels	Ridgefield	<a href="mailto:richard.samuels@evergreenps.org">richard.samuels@evergreenps.org</a>
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WI	Jamie	Ekenberg	Middleton	<a href="mailto:jekenberg@wisc.edu">jekenberg@wisc.edu</a>
WI	Martha	Koller Faust	Mt. Horeb	<a href="mailto:kollerfaustmartha@gmail.com">kollerfaustmartha@gmail.com</a>
WI	Pete	Faust	Mt. Horeb	<a href="mailto:peterfaust03@gmail">peterfaust03@gmail</a>
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WI	Karen	Weiderholt	Southwestern/Cuba City/Benton	<a href="mailto:karenwiederhold74@gmail.com">karenwiederhold74@gmail.com</a>
WI	Thomas	Werth	Mukwonago	<a href="mailto:werth@masd.k12.wi.us">werth@masd.k12.wi.us</a>

[nhsga.net](http://nhsga.net)



### NHSGA All American Varsity Teams

To nominate a team for All American honors, follow these procedures:

- A. **The coach must be a current member of the NHSGA.**
- B. The **Varsity** Team Score is based on the accumulation of **four** raw scores on each event.
- C. These scores are to be an average of four competitions, one of which must be in a championship competition (i.e. 5 or more team invitational, League, Regional or State meet series). Exceptions can be made by the NHSGA president.
- D. The score sheets must clearly show the competition involved and must be signed by the head judge, coach and athletic director. (Elite level only)
- E. The use of the All American Averaging Scoring form must be used.
- F. A typed or printed list of the team members' names, the name of your principal and your schools address, must be submitted.
- G. Fees: There are NO LONGER ANY APPLICATION FEES

Non-returnable score sheets or copies of the original score sheets must be postmarked by **JUNE 1<sup>st</sup> (of gymnastics year)** to be accepted. Mail the Women's Team nomination to

**Pat Simon**

**105 Wilcox Road  
Milford, CT 06460**

Qualifying Scores: Women's Scores

Standard/Elite

**130.00/ 145.65**

Honorable Mention: If your Varsity women's team averaged between **126.00-129.99** your team is eligible for 2 honorable mention certificates (one for the coach and one for the school). Send your requests to: **Pat Simon 105 Wilcox Road Milford, CT 06460 LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1. NO APPLICATIONS ACCEPTED AFTER JULY 1<sup>ST</sup>.**

Late fee checks payable to: NHSGA



**NHSGA**

INTEGRITY, PRIDE, RESPECT

**NATIONAL HIGH SCHOOL GYMNASTICS ASSOCIATION**

**NHSGA All American Individual Gymnasts (Varsity Only)**

To nominate a Varsity gymnast for All American honors please observe the following procedures:

A. **The coach must be a member of the NHSGA**

B. The qualifying score must be an average based upon five (5) competitions, two of which must be from tournament of five or more teams and /or from a league, regional, sectional or state tournament. (Exceptions can be made by the NHSGA president)

C. For **Elite** gymnasts the non-returnable score sheets or copies of the original must clearly indicate: 1. The gymnasts full name. 2. The scores awarded. 3. The signature of the head judge, coach and your athletic director.

D. The use of All American Averaging Scoring Form for each nominated gymnast **MUST** be used and contain the following 1.The age of the gymnast. 2. The class in school of the gymnast. 3. The All American average you computed with the meet sites and dates. 4. What college the gymnast plans to attend after graduation. (if known for seniors only)

E. Fees: **THERE ARE NO LONGER ANY APPLICATION FEES**

The non-returnable scores sheets or copies of the original score sheets must be **post marked prior to JUNE**

**1<sup>st</sup>. Mail Women’s All American Gymnast Nominations to to Pat Simon **105 Wilcox Road Milford, CT 06460****

If your gymnast/team qualifies for the elite status, please send us an action photo of her. We need photos for the yearbook and calendar.

Qualifying scores:	Women’s Scores
	Standard/Elite
All Around	8.4(33.6)/9.3(37.2)
Vaulting	8.70/9.40
Uneven Bars	8.50/9.40
Balance Beam	8.50/9.35
Floor Exercise	8.80/9.5

Applications must be postmarked by JUNE 1

Honorable Mention: Even if your team did have an All American individual, a coach can request honorable mention status for one or two of their most deserving gymnasts. No scores need to be submitted.

Your recommendation only is needed. Send requests to **Pat Simon 105 Wilcox Road Milford, CT 06460 LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1. NO APPLICATIONS ACCEPTED AFTER JULY 1<sup>ST</sup>.**

Late fee checks payable to: **NHSGA**





NHSGA All American Varsity Teams

Average 4 scores this year 20\_\_-20\_\_

AVERAGING SCORE FORM

Name of High School \_\_\_\_\_

Address \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

Head Coach's Name \_\_\_\_\_

Assistant Coach's Name \_\_\_\_\_

Principal's Name \_\_\_\_\_

Preferred Phone: \_(\_\_\_\_\_)\_\_\_\_\_

E-mail Address \_\_\_\_\_ Please write neatly

Note: The copies of the score sheets submitted must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

AVERAGE SCORES EQUALS: \_\_\_\_\_

	Meet #1	Meet #2	Meet #3	Meet #4
Opponent & Date of Meet	_____	_____	_____	_____
Meet Score	_____	_____	_____	_____

Comments and additional information:  
\_\_\_\_\_

Please include a list of certificate winners.

**LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1. NO APPLICATIONS ACCEPTED AFTER JULY 1<sup>ST</sup>.**

\*\*Send Women's to:

**Pat Simon**

**105 Wilcox Road  
Milford, CT 06460**



**NHSGA All American Women (Varsity)**

ALL AMERICAN AVERAGING SCORE FORM Year: 20\_\_\_\_-20\_\_\_\_

Gymnasts Name: \_\_\_\_\_

Year in School: 9 10 11 12 Date of Birth: \_\_\_\_\_

Name of High School \_\_\_\_\_

NHSGA Member Circle One: Yes No **(If NO: A membership form MUST accompany this form)**

E-mail: \_\_\_\_\_ Please write legibly

Preferred Phone: (\_\_\_\_\_) \_\_\_\_\_

NOTE: To be considered for ELITE ALL AMERICAN, copies of score sheets must be submitted and must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

Event	Date and Score #1	Date and Score #2	Date and Score #3	Date and Score #4	Date and Score #5	Average
Vaulting 8.70/ 9.40						
Uneven Bars 8.50/ 9.40						
Balance Beam 8.50/ 9.35						
Floor Exercise 8.80/ 9.50						
All Around 8.4(33.6) 9.3(37.2)						

College gymnast plans to attend: \_\_\_\_\_

Send Form and Check to:

to **Pat Simon 105 Wilcox Road Milford, CT 06460**

**Make late fee checks payable to NHSGA LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1. NO APPLICATIONS ACCEPTED AFTER JULY 1<sup>ST</sup>.**