

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037
JANUARY 2020 MENU



MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLOSED IN OBSERVATION OF NEW YEARS DAY	2 Ham & Swiss Bun Vegetable Soup Cole Slaw Vegetable Milk	3 Lasagna Cooked Spinach Cooked Carrots Fruit Cocktail Milk
6 Turkey Burger Bun Broccoli Corn Mandarin Oranges Chocolate Chip Cookie Milk	7 Pork Cutlet Green Beans Cooked Carrots Pineapple Breadstick Milk	8 Chicken Breast Scalloped Potatoes Vegetable Peaches Roll Milk	9 Shredded Beef Bun Potato Soup Cauliflower Kale Salad Pears & Blueberries Milk	10 Meatloaf Mashed Potatoes Sugar Snap Peas Applesauce Roll Milk
13 Pulled Chicken Bun Succotash Sweet Potato Fries Pineapple Milk	14 Macaroni & Cheese w/ Meatballs Cooked Spinach Cauliflower Grapes Milk	15 Roast Pork Winter Squash Vegetable Cinnamon Apples Bread Milk	16 Veal Patty Bun Corn Chowder Cole Slaw Fruit Mix Milk	17 Taco Meat Tortilla Lettuce Corn Mandarin Oranges Milk
20 CLOSED IN OBSERVATION OF MARTIN LUTHER KING DAY	21 Chicken Nuggets Sliced Beets Prince Charles Veggie Mix Peaches Roll Milk	22 Teriyaki Chicken Midori Veggie Blend Broccoli Mandarin Oranges Blueberry Muffin Milk	23 Hot Dog Bun Steak Fries Cucumber Salad Strawberries Milk	24 Roast Beef Mashed Potatoes Corn Applesauce Roll Mini Sandies Milk
27 Chicken Breast Mashed Sweet Potatoes Brussel Sprouts Pears Roll Milk	28 Turkey Sausage Links Diced Hash Browns French Toast Sticks Tropical Fruit Mix Orange Juice Milk	29 Chicken ala King w/Mixed Veggies Biscuit Lima Beans Pineapple Milk	30 BBQ Riblet Bun Chicken Noodle Soup Tossed Salad Fruit Mix Milk	31 Beef Ravioli w/ Marinara Sauce Vegetable Cinnamon Apple Crisp Milk

Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel. If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal if you cannot come in.
2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.
3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.