

November 17th – Sermon Discussion Guide – Running for Your Life

Scripture Lesson: 1 Corinthians 9:24-27, Philipians 3:13-14, Hebrews 12:1-2

Icebreaker Question: Tell a fun, embarrassing story where you did something dumb and messed up, like letting a baseball hit you while you are running.

1. Do you find yourself focusing more on one thing in your life or have 1000 different things in your life fighting for your attention?
2. What is one thing in your life that you give a lot of focus to?
3. In what ways do you “practice your faith”? What spiritual disciplines are strong in your life? What spiritual disciplines need some work in your life.
 - a. Spiritual Disciplines include: Prayer, Fellowship, Stewardship, Discipleship, Evangelism, Silence, Solitude, Study of Scriptures, Service, etc...
4. ***Role Models:*** Name at least one person from each of the following areas of a person who has served as a role model
 - a. A character in the Bible who you look up to (Someone other than Jesus)
 - b. A Christian who has already passed on before us and surrounds us as the great cloud of witnesses (Hebrews 12:1-2)
 - c. A Christian in your life now who has a positive impact on your Christian race.
5. Who is someone in your life that you can serve as a positive influence on in their Christian Race?
6. In what ways are you plugging into the Body of Christ?
7. Where are you in the race? Are you just a spectator, just running along, or are you running to win? Explain why?
8. What do you think it means for you to “get into the race” and run to win?
9. What things in your life do you think are holding you back from running to win for Jesus? How can you work to give up those things?
10. How during the upcoming busy Holiday Season, can you make sure to keep your focus on Jesus Christ? What about after the Holiday Season? How can you continue to put Jesus first in your life?

Challenge: Complete at least one of the things below.

1. Thank someone in your life who has encouraged you to run your race for Christ to the best of your ability. Tell them how and why they have helped you specifically.
2. Find someone in your life who you can encourage to stay on track in their race.
3. Identify things in your life that distract you and pull you away from your focus on Jesus Christ. Work on finding ways to remove those things from your life or find ways to do them for the glory of God.