

2023 Cascadian Team Challenge

Session Summary

Mar 3-5, 2023

Friday, March 3, 2023			Session: 1			Open Warmup 8:00 AM			March In 8:15 AM		
Level 7			# Gymnasts 46			Timed Warmup			Awards 10:30 AM		
_____ Flight A (26 gymnasts) _____						_____ Flight B (20 gymnasts) _____					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CEG	7	3	Ascend	7	11	CRG	7	4	HFG	7	2
CRG	7	1	NorthCoast	7	6	MCGA	7	2	Mt.Baker	7	1
GymEast	7	4	Northshore	7	2	SWAG	7	2			
Metropolitan	7	8									

Sunday, March 5, 2023			Session: 10			Open Warmup 8:00 AM			March In 8:15 AM		
Level XS			# Gymnasts 65			Timed Warmup			Awards 10:30 AM		
_____ Flight A (29 gymnasts) _____						_____ Flight B (36 gymnasts) _____					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CEG	XS	9	NorthCoast	XS	20	GymEast	XS	15	Northshore	XS	16
GymEast	XS	15				SWAG	XS	5			
SWAG	XS	5									

Sunday, March 5, 2023			Session: 11			Open Warmup 10:45 AM			March In 11:00 AM		
Level 2/XB			# Gymnasts 79			Timed Warmup			Awards 1:15 PM		
_____ Flight A (39 gymnasts) _____						_____ Flight B (40 gymnasts) _____					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CEG	2	9	Mt.Baker	XB	1	GymEast	2	19	NorthCoast	XB	31
GymEast	2	19	NorthCoast	XB	31	HFG	2	11	SWAG	XB	8
HFG	2	11	SWAG	XB	8						

Sunday, March 5, 2023			Session: 12			Open Warmup 1:30 PM			March In 1:45 PM		
Level 2			# Gymnasts 89			Timed Warmup			Awards 3:45 PM		
_____ Flight A (43 gymnasts) _____						_____ Flight B (46 gymnasts) _____					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Ascend	2	39	Ascend	2	35	Pacific Reign	2	4	Mt.Baker	2	11
Pacific Reign	2	4	Mt.Baker	2	11						

Friday, March 3, 2023			Session: 2			Open Warmup 10:45 AM			March In 11:00 AM		
Level 8			# Gymnasts 60			Timed Warmup			Awards 1:30 PM		
_____ Flight A (25 gymnasts) _____						_____ Flight B (35 gymnasts) _____					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CEG	8	7	Ascend	8	22	CRG	8	1	GymEast	8	6
CRG	8	1	GymEast	8	6	Metropolitan	8	13	MCGA	8	3
Metropolitan	8	13	MCGA	8	3	Northshore	8	3	NorthCoast	8	2
Northshore	8	3	NorthCoast	8	2	OGC	8	1	SWAG	8	2
OGC	8	1	SWAG	8	2						

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Mar 3-5, 2023

Friday, March 3, 2023 Level 6 / XP			Session: 3 # Gymnasts 76	Open Warmup 2:15 PM Timed Warmup	March In 2:30 PM Awards 5:15 PM
Flight A (34 gymnasts)			Flight B (42 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
GymEast	XP	13	CEG	6	6
NorthCoast	XP	7	CRG	6	2
Northshore	XP	7	Gym Star	6	4
SWAG	XP	7	GymEast	6	10
			HFG	6	1
			MCGA	6	7
			Metropolitan	6	1
			Mt.Baker	6	1
			Northshore	6	3
			SWAG	6	7

Friday, March 3, 2023 Level 9/10			Session: 4 # Gymnasts 54	Open Warmup 5:30 PM Timed Warmup	March In 5:45 PM Awards 8:45 PM
Flight A (28 gymnasts)			Flight B (26 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
GymEast	10	3	Ascend	10	10
GymEast	9	5	Ascend	9	5
Metropolitan	10	6	CEG	10	2
Metropolitan	9	9	CEG	9	3
Northshore	9	5	CRG	9	1
			Gym Star	9	1
			SWAG	10	1
			SWAG	9	3

Saturday, March 4, 2023 Level 5			Session: 5 # Gymnasts 73	Open Warmup 8:00 AM Timed Warmup	March In 8:15 AM Awards 10:30 AM
Flight A (33 gymnasts)			Flight B (40 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Ascend	5	18	CEG	5	5
Metropolitan	5	15	GymEast	5	7
			MCGA	5	7
			NorthCoast	5	1
			Northshore	5	7
			Pacific Reign	5	10
			SWAG	5	3

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Saturday, March 4, 2023 Level 4			Session: 6 # Gymnasts 98	Open Warmup 10:45 AM Timed Warmup	March In 11:00 AM Awards 1:45 PM
Flight A (50 gymnasts)			Flight B (48 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Ascend	4	27	CEG	4	5
GymEast	4	13	MCGA	4	9
SWAG	4	10	Metropolitan	4	8
			Mt.Baker	4	7
			NorthCoast	4	6
			Northshore	4	5
			Pacific Reign	4	8

Saturday, March 4, 2023 Level 3A			Session: 7 # Gymnasts 78	Open Warmup 1:45 PM Timed Warmup	March In 2:00 PM Awards 4:00 PM
Flight A (39 gymnasts)			Flight B (39 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Ascend	3	39	Ascend	3	11
			HFG	3	10
			Metropolitan	3	9
			Northshore	3	9

Saturday, March 4, 2023 Level 3B			Session: 8 # Gymnasts 76	Open Warmup 4:15 PM Timed Warmup	March In 4:30 PM Awards 6:30 PM
Flight A (35 gymnasts)			Flight B (41 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
MCGA	3	20	CEG	3	8
Pacific Reign	3	7	GymEast	3	21
SWAG	3	8	Mt.Baker	3	12

Saturday, March 4, 2023 Level XG/XD			Session: 9 # Gymnasts 71	Open Warmup 6:45 PM Timed Warmup	March In 7:00 PM Awards 9:15 PM
Flight A (36 gymnasts)			Flight B (35 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Gym Star	XD	2	CEG	XG	12
GymEast	XG	13	GymEast	XD	11
NorthCoast	XG	6	Northshore	XG	12
SWAG	XD	4			
SWAG	XG	11			