

PICKERINGTON SENIOR CENTER

AUGUST 2018

NEWSLETTER

614-837-3020

CENTER DIRECTOR:
NANCY LEE

OFFICE SPECIALIST:
DEANA DILLON AND JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471
HOURS: MON-THURS 8:30AM-4:30PM
FRI-8:30AM-2:30PM

WEB PAGE: <http://pickerington-senior-center.org>

EMAIL: pickcenter@violet.oh.us

WEDNESDAY LUNCHEON – AUGUST 1ST

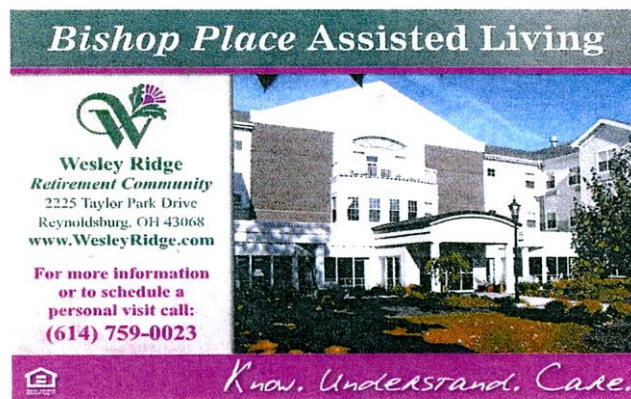
Luncheon is at 11:30 am. Cost is \$6.00 per person.

MENU: Mixed Green Salad w/Assorted Dressings
Cabbage Rolls
Mashed Potatoes
Carrots
Red Velvet Cake, Coffee & Iced Tea
No tickets sold after Monday, July 30th.

TITLE BOXING

THURSDAY AUGUST 2ND & 16TH

Maria Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. **The cost is FREE to members.**



SATURDAY, AUGUST 4TH

FREE KIDS PARTY – 12:00 – 4:00 P.M.

The Senior Center would like to invite children in the Pickerington and Violet Township area and the member's grandchildren & great grandchildren for a fun afternoon. Volunteers are needed to help out, please call Nancy Huffman at 614-829-7197.

Ages 12 years and under

Rides to include the large slide

Free Hot Dog, Cotton Candy, Snow Cone, Drinks

Adults will be charged \$1.00 for a hot dog.



NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities; Donna Braidic, Ann Budreau, Virginia Holbrook, Georgia Legg, Jerry & Susan Pocta, Arlene Reel, Terry & Maria Sies and Kimberly Woods.



COFFEE CLUB

Raymond James will be back on Friday, September 7th at 9:30 am. Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

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OPTIMUM HEARING SOLUTIONS

FRIDAY, AUGUST 3RD

Optimum Hearing will be at the center on August 3rd. Appointment times start at 10:00am thru 1:00pm. They will provide a hearing screening and basic hearing aid repair at no charge. The only thing they ask is that you make an appointment so they will know how many to expect. Each appointment is 30 minutes. We will have a signup sheet here in the center. You can either stop in or call 614-837-3020 and we will sign you up.

LIFE LINE SCREENING

THURSDAY, AUGUST 9TH

Do you know how to recognize the warning signs of a stroke? If you or someone you know is experiencing any of the below symptoms, call 911 right away. It is important to seek medical treatment immediately.

Sudden Numbness, Difficulty Speaking, Severe Dizziness, Loss of Coordination, Sudden Loss of Vision, Sudden Intense Headache, Brief Loss of Consciousness. Protect your health by participating in the Life Line Screening health screenings. Through Ultrasound they can evaluate the carotid arteries for the buildup of fatty plaque, which is the leading cause of stroke. Register today for the Stroke, Vascular & Heart Rhythm package, which includes four screenings; carotid artery, abdominal aortic aneurysm, peripheral arterial disease and atrial fibrillation. In order to receive a

FOOT CARE

THURSDAY, AUGUST 16TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, complete foot assessment, expertly trim, thin, and file nails. Call 614-837-3020 to sign up.

END OF SUMMER LUNCHEON

TUESDAY, AUGUST 21ST

The luncheon starts at noon. Please bring the following: A-G a salad, H-M a dessert, N-S a meat, and T-Z a vegetable. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.



VOLUNTEER OF THE MONTH

The center would like to honor Becky Ashcroft as volunteer for the month of August. Becky has been volunteering in the office every Tuesday morning since 2009. She is the one responsible for keeping the library in good order, she is on kitchen clean up

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at the monthly luncheon. Becky is willing to help out when she is needed. Becky will receive a \$10.00 gift card to Steak'n Shake. Enjoy your reserved parking space the month of August. Thanks for all your help!

JUST A REMINDER

The parking space in front of the building is for the Volunteer of the month only, please.

BINGO TUESDAY, AUGUST 28TH

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include homemade Ice Cream. Bingo starts at 1:00p.m.



SUMMER MUSIC SERIES **THURSDAY, AUGUST 23RD**

It's the third and last one for the Summer Music Series, Smorgasbord Dinner Buffet Catered by Blue Moon, buffet starts at 5:30pm. Menu: Cheese Stuffed Chicken Breast, Meatloaf, Mashed Potatoes w/gravy, California Blend Vegetables, Seasoned Green Beans, Salad w/assorted dressings, Rolls w/Butter, Assorted Desserts, Coffee and Iced Tea. The Jack Fox Band plays from 7:00-9:00 p.m. Tickets are on sale in the office and the cost is \$10.50 per person. Purchase ticket before August 20th. **Doors will open at 5:00pm.**

WATERCOLOR CLASS IS FREE TO MEMBERS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and

Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of supplies needed.

FARMERS MARKET

This will be the 5th season for the Farmers Market. They are located at the Public Parking Lot, 89 N. Center St. in the Olde Village. Open every Thursday, from 4 -7. The market will run through September 28th.

FITNESS FIRM - EVERY FRIDAY MORNING- **CLASS IS FREE TO MEMBERS.**

Exercise starts at 9:00am. Registration, sign up at 8:30am. It is a 45 minute class. It's a total workout; come see the power you've got and make great things happen for your health and well-being.

EUCHRE

Join the many euchre players every Wednesday at 12:45pm. It is important that you arrive before the time to start play so you can get checked in. If you don't arrive in time to start at 12:45pm you will not be able to play cards that day.

LANCASTER-FAIRFIELD PUBLIC TRANSIT **IMPORTANT INFORMATION**

There will be one hourly loop running Monday, Wednesday and Thursday 9:00am-5:00pm. No reservation required.

1. It's a set schedule that will not change.
2. The fare is \$.50 for general public or \$.25 for mobility program passengers.
3. If you don't have access to the route they can deviate up to $\frac{3}{4}$ of a mile to still pick you up at the cheaper fare (must call 24 hours in advance)
4. Remember the bus drops and picks up in front of the center. Exact change required. Drivers are not permitted to make change. Remember to arrive ahead of scheduled depart times. For more information or to get a route schedule contact the LFPT office at 740-681-5088.

2019 CALENDAR CONTEST

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If you are interested in submitting a photo for the Senior Centers Calendar Photo Contest entries are due by August 31st. The photo must be of something in central Ohio in one of the following counties; Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union. You must be 50 years or older to be eligible. Winning photos will be on a month in the 2019 calendar which will be distributed to senior centers in Central Ohio. Entry forms are available here at the center. Any questions call Vicki Hatfield at 614-208-6569.

UPCOMING EVENTS

September 15 – Pancake Breakfast
October 11 – Soup Supper and Bingo

ANNUAL SOUTHEAST SENIOR

HEALTH FAIR GROVEPORT SENIOR CENTER
WEDNESDAY, SEPTEMBER 12TH 10A.M.-1P.M.

Plans are under way for the 11th annual Southeast Senior Health Fair. They are planning for just as many vendors as they have had in the past and Kroger's will be offering flu and pneumonia shots again this year. Mark your calendars now and join us for door prizes, free lunch and some nice give aways from the vendors. Lunch will be served at 12:00 and door prizes will be given away during lunch so make sure you get there in time to get all the vendors initials on your card so you are eligible to win. Please try to attend this event, you can get lots of information, a free lunch and maybe you can win a door prize. This event and lunch is sponsored by Wesley Ridge.

PICKERINGTON PARKS & RECREATION

Friday Night Flicks

Presented by Fairfield Federal

Sycamore Creek Park Amphitheater

Bring a lawn chair or blanket and enjoy the show.

July 27 - (8:50pm) the Incredibles (PG)

Sycamore Creek Park Amphitheater

Sundays, 7:00 – 8:30pm

Take a blanket/ lawn chair and enjoy a variety of music throughout the summer

July 29 - Stadium 11

LIBRARY

Check out the Library, we have a large selection of books to select from and several puzzles. Take a few puzzles home and just return them when finished.

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UPCOMING FESTIVALS & EVENTS

No Reynoldsburg Tomato Festival in 2018
August 31st – SEPT 3rd - Obetz Zucchini Festival
August 29th-Sept 1st – Millersport Sweet Corn Festival – Free Admission - Parking \$10.00
September 1st-3rd - Canal Winchester Labor Day Festival
September 7th - 8th – Lithopolis Honey Festival
October 13th – Groveport Apple Butter Day

TRIPS

ONE NEW TRIP ADDED

THE WILDS

TUESDAY, OCTOBER 2ND

At the Wilds you will gain a new perspective on endangered species. It's hard to imagine its 9000 plus acres as anything but a home to rare and

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species from around the globe living in open range habitats. The Wilds has evolved into a completely immersive experience that you won't want to miss. Join us as we take an open tram tour of this really awesome place that was once devoted to strip mining. In addition to the tram tour your cost of \$65.00 includes transportation, the Deli Buffet that includes two side's dishes, dessert & beverage and all gratuities on included items. There will be time to explore the gift shop. Sign up starts on Monday, July 30th. Payment due before August 30th.

(Trips continued on next page)

TECUMSEH! OUTDOOR DRAMA

August 28 –Motorcoach leaves the center at 4:00pm. Witness the epic life story of the legendary Shawnee leader as he struggles to defend his sacred homelands in the Ohio country during the late 1700's. Tecumseh! Has been labeled as one of the most mesmerizing dramas in the nation. The outdoor stages of Sugarloaf Mountain Amphitheatre in Chillicothe afford the audience a unique viewing experience. If you haven't seen the production of Tecumseh, this is your chance! Don't miss out! The cost is **\$73.00** per person, due by July 26th and includes a picnic style dinner buffet, transportation and the incredible production Tecumseh! Space available

LACOMEDIA DINNER THEATRE

"Driving Miss Daisy"

September 14 – The winner of the 1988 Pulitzer Prize and the Outer Critics Circle Award for Best Off-Broadway Play, *Driving Miss Daisy* highlights the unlikely relationship between an aging crotchety Southern lady, and a proud, soft-spoken man. Having recently demolished another car, Daisy Werthan, a rich, sharp-tongued widow, must rely on the services of a chauffeur. In a series of absorbing scenes spanning from 1948-1973, the two become close, finding steady comfort and

support in each other in a humorous and beautiful journey of friendship. The cost is **\$60.00** per person, due by August 9th and includes the show, transportation and a delicious lunch buffet. Payment is due before August 6th. Space available.

CITY SLICKERS MEETS THE WILD WEST

September 17 – Our first stop of the day will be at Dogwood Pass, a historic replica of an Old West Mining Town built on a farm in Southern Ohio. It has over 20 furnished old west buildings, including a saloon, jail, bank, general store, gun shop, and Doc's office. Also included is the Dogwood Pass Roy Rogers Museum, with all "dressed" in a museum

quality style, portraying the actual look of a working boom town in Old West. First we enjoy a full hot lunch and dessert at the Dogwood Saloon, take in a shootout in the streets and have plenty of time to explore the town. But watch out, outlaws ride in and shoot up the town and period re-enactors demonstrate the ways of life in 1800's. After leaving Dogwood Pass we will visit Grandpa Joes Candy Shop where we will receive about a pound and a half of free candy and check out all the specialty candies available for purchase. There is time to visit some other local shops before heading to Hirsh Fruit Farm for some free cider and time to check out all there is to offer at the market. The cost is **\$85.00** per person due by August 16th.

LANCASTER, PA., FEATURING

"JESUS" AT SIGHT & SOUND

November 13-16 – This trip is sure to put you in the spirit of the holidays. The highlight is the performance of "Jesus" at the Sight & Sound Millennium Theatre. Also, included are 3 night accommodations, 6 meals, a performance of the spectacular musical revue "The First Noel", a visit to the Kitchen Kettle Village and much more. The cost is **\$519.00** per person double occupancy with a \$100.00 deposit due on sign up. Final payment

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due before Thursday, September 13th. Space available.

OBERAMMERGAU, GERMANY & PASSION PLAY

June 26-July 8, 2020-Some inclusions of this once in a lifetime trip include: Vienna, Danube Cruise, Salzburg, Mozart Dinner Concert at St. Peter's Restaurant, Munich, Oberammergau Passion Play, and much more. Includes roundtrip air, 19 meals, 11 nights, all taxes & gratuities on included items. The Passion Play (the story of Jesus) only comes around every 10 years and we need to reserve seats now for 2020. Stop in for a brochure with all the details of your day by day itinerary.

NOTES FROM DEANA ☺

May Your Birthday Be Just The Beginning Of A Year Filled With Happy Memories.

(1)Dorothy Martens, Raymond Kroll, Sharon Mills (2)Joy Jackson, Pat Henley (3)Pamela Tuttle, Sandra Greely (4)Ruth Ann Marshall, Dave Burkhart, Jerry McCloud, David Sherrod (5)Rita Cruse (6)Barab Jewell (7) Harry Burris (8)Patti Hyde, Drenna Burke (9)Doug Hoek, Favonia Marquart (10)Jackie Whitehead, Karen Siegel, MaryAnn Showalter, Janice McKeever (11)Edward Turley, Jackie Denton, Monica Zalewski (12)Lisa Bennett, Jenene Warmbier, Ruth Grimm, Hattie Hunt, Jerry Lewis (13)Betty Brown, Lorrie Neuburger, Alta Stumpf, Betty Rush (14)Pauline Rolett, William Adkins (15)Melvin Weaver, Gordon Fuller (16)Ruth Ann Lanter, Cecilia Wittenmeier (17)Leonard Hritz, Vicki Schmoyer (18)Noreen Demas, Shirley Evans

(20)Shirley Arthur, Bob Cullen, Ervin Ultican, Diane Kurley, Michael Little, Carrie Ebert, Mildred Martin (21) Mary Hungerford, Jean Walrath, George Moore, Patsy Rospenda (22)Bruce Kerns, Barbara Kline, Virginia Watters, Bob Emmert, Kaye Howard (23)Margaret Frazier, John Moriarty, Darlene Kuzmic (24)Lil Falk, Elaine Hopkins, JoAnn Mowery, Roseanne Snoke, Thelma Kelley, John Sisinni (25)Angie Smyers, Darie Wilson, Dorothy Kavanaugh (26)Dorothy Spaun, Sheri Kreinbihl, Jim Easley (27)Patti Greiner, Connie Huey, Janet Quellhorst, Nancy Stauch, Janet Miller, Sam Snoddy, Susan Smith, Donald Kramer (28)Nana Strahm (29)Bonnie Holst, Amy Adkins (30)Jim Edwards, Betty Crock, Peggy Yruegas (31)Patrice Baker, Leslie Martin, Mary Kearns, Nancy Brinda

KITCHEN VOLUNTEERS

If you are interested in volunteering in the kitchen for prep or clean up on our basket gourmet luncheon days, please stop by my office. Thank you in advance.

IN LOVING MEMORY OF:

MaryLou Smith- Jonda Sims & Sherry Neeper's Mother.

Vi Eisnaugle

Betty Stinemetz- Mitzi Bechtel's Sister

MEMBERS KNOWN ILL:

Margaret Morrison-Doing better & back to playing Euchre

Neva Nameth-Daughter in the hospital with pneumonia

Jim & Geneva Schmacher- Both had strokes, home recovering

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Jeff Lee- Rehab, Echo Manor

Ruth Grim- Mild heart attack, Rehab

Mary Ann Yahnke- Lump removed, radiation

WE WANT YOUR INPUT:

We are trying to plan a fun activity for fall. We were thinking about a Halloween party or Country themed party. What are your thoughts and suggestions? Please stop by the office and voice your opinion so we can plan a fantastic event everyone will enjoy.

Thank You!!!!