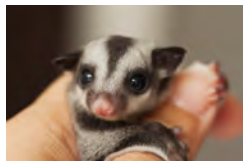


Calm-a-Mile RTU Ingredients: Fractionated Coconut Oil, Essential Oils of German Chamomile (*Matricaria recutita*), Roman Chamomile (*Chamaemelum nobile*), Blue Cypress (*Callitris intratropica*), Frankincense (*Boswellia carterii*), Clary Sage (*Salvia sclarea*), Ylang Ylang (*Cananga odorata*).



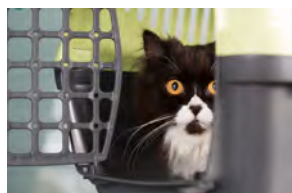
A blend to calm, balance, and reduce stress. The fundamental blend for all emotional concerns, while also providing physical soothing and anti-inflammatory support.

- This blend is safe and appropriate for use with almost all animal species.
- This blend is Ready to Use (RTU) for topical applications, and is not designed for diffusion purposes.
- Ingestion of this blend from licking or grooming, is of no concern, however direct oral dosing is not intended.
- Calm-a-Mile RTU can be used alongside other veterinary treatments and medications safely.
- Recommendations below are intended as a quick reference - please visit our website for more in depth instructions.



Exotic Animals: Exotic and other small animals respond wonderfully to Calm-a-Mile RTU, however with the Fractionated Coconut Oil contained within this RTU (Ready to Use) blend, please be mindful that some exotic species do not do well when they get "greasy" or come in contact with a fatty oil (such as amphibians or Chinchillas). For these species, or species that are difficult to handle, water-based diffusion of Calm-a-Mile NEAT Diffusion Blend may be a better selection. For many exotics; holding, cuddling, or petting after 1-2 drops of Calm-a-Mile RTU is applied and rubbed into hands, bedding, or onto the human works wonderfully!

Birds: With birds including chickens, waterfowl, parrots, finches, and other avian species, Calm-a-Mile RTU can be used in several ways. Place 1-2 drops into your hand, rub together, and coat your hand or fingers with a light film. Allowing the bird to then perch on this surface will transfer small amounts of the essential oil to the bird in a friendly and kind manner. With the light coating on your hands, you can also rub a perch or other item so that a light transfer of the oil is placed on objects in close contact with your bird. This can also be done to fabric huts, nesting boxes, and other items that are in your birds environment - including the human.



Cats: Place 1-2 drops into your hands, rub them together and then just hold or pet your cat. For most cats, they prefer that there be a very light film on your hands, to almost no film at all. When a cat is going to be transported in a kennel for a car ride or other stressful event - you can also "Pet" Calm-a-Mile RTU onto bedding, blankets, or even drip some onto a cotton ball (100% cotton please) - and place it near the cat or into the kennel with your kitty. Keep in mind that many cats respond to the KittyBoost applications with a calming effect as well, and most cats really enjoy the application! Water-based diffusion of Calm-a-Mile NEAT Diffusion Blend is an excellent option for calming effects for most cats. Happy Cat is another product that can be useful in improving the mood for many cats.

Dogs: Dogs do very well with Calm-a-Mile RTU - and although you should always start out with small amounts of oil, you may find that your dog "desires" additional applications as well as may want to lick it right up out of your hand. 2-10 drops is generally used at each application site, and many dogs will have several locations massaged or applied to. This blend works very well as a massage oil, and for massage therapists, it is likely to become one of their favorite items to use. Just coat your hands lightly, and perform massage or reflexology as usual. You will find a greatly enhanced effect to any body work - Chiropractic, massage, reflexology, acupressure, and even petting over acupuncture sites prior to "needling" is greatly effective. Calm-a-Mile RTU is also calming to skin irritations, insect bites, muscle strains, and more! Dip a finger into a bit of the blend, and then dab a small amount onto the area in question.



Situations where dogs especially benefit from Calm-a-Mile RTU is prior to any stressful event such as nail trims, veterinary visits, or car rides. Calm-a-Mile RTU can also enhance training and obedience skills, therapy dog work (benefiting the humans as well), competitions, or for any situation where a calm and balanced attitude is desired. Calm-a-Mile RTU is the ideal blend for newly adopted dogs, puppies leaving their moms, foster dogs, introduction to new dogs (pet onto all dogs), crate training, and anxiety issues. As an alternative, Calm-a-Mile NEAT can also be diffused or made into a water-mist and misted into the air, or onto bedding, toys, or other items in the area of the dog.

Horses, Cows, Goats, Others: The same instructions that are listed for Dogs, also applies to goats, horses, cows, and all other "larger" animals. These animals also benefit from Petting, Massage, and use of the blend prior to any body work or training. Some may also want to lick this blend from your hand, or lick your hand after you have applied the oil to them. Similar amounts (5-10 drops) per site of application are commonly used for these animals. Prior to training, trailer rides, or other stressful events the use of Calm-a-Mile RTU is very beneficial. Many horse owners will "pet" the muzzle area of their horse or chest area so that the blend is easily inhaled. Always be mindful careful not to apply an essential oil to a location that might be continually offensive to an animal (such as their nose).



Prior to any colic protocols for horses, or any other animal, the use of Calm-a-Mile RTU is an excellent idea. Calming the emotions as well as the gut, will always aid in pain control and gastrointestinal function. Applying approximately 10 drops to the abdomen and chest area, sometimes several times, is very helpful - and also calming to the human!

Application Frequency: For all animals, how often you apply an essential oil blend will be based on the similar advice. Using the concentrations and application methods recommended for your species, apply the blend once, then wait and see how the animal responds, and what effects you obtain. Sometimes we see no obvious results initially, and that can be expected with diluted amounts or beginning applications. Once you start to see that your animal is tolerating the oil application well, and you notice a time frame that the effects seem to last - time the next application for when the results wore off. Basically tailoring the frequency that we apply the oils - directly to how long it lasts for the individual. You may find you will need more frequent applications or a stronger concentration to be necessary if you started out with a further diluted blend.

The information provided is not to replace proper medical care and guidance. The statements have not been evaluated by the FDA - and any recommendation is not intended to cure, mitigate, treat, or prevent a disease or condition.

Please work with your veterinarian with any health concern.