

Beckman High School – Varsity Girls' Soccer

2021 Nov/Dec. Session Nov. 8th – Dec. 31st

1. COACH CONTACT INFORMATION

COACH: Gordon Scott (949) 632-5649 E-MAIL: gordonwscott@cox.net COACH: Lana Niccole (949) 616-0783 E-MAIL: lananiccole@icloud.com

OFFICE HOURS: Face-to-Face Fri – By Appointment, By Phone (Most Mornings)

	OFFICE	E HOURS:	Face-to-Face Fri – By Appointment, By Phone (Most Mornings)			
<u>Week</u>	<u>Day</u>	<u>Date</u>	<u>Time:</u>	<u>Dress/Description</u>	<u>Location</u>	
1	M	11/08	3:15 - 4:45	Field Training	Track Turf	
	TU	11/09	3:15 - 4:45	Field Training	Aux Turf	
	W	11/10	2:30 - 3:15	Strength Training	Weight Room	
		-	3:30 - 4:15	Field Training	Aux Turf	
	TH	11/11	9:00 - 10:45AM	Field Training	Beckman Aux	
2	M	11/15	3:15 - 4:45	Field Training	Track Turf	
	TU	11/16	3:15 - 4:45	Field Training	Aux Turf	
	W	11/17	2:30 - 3:15 3:30 - 4:15	Strength Training Classroom	Weight Room Room 202	
	TH	11/18	3:15-4:45	Field Training	Beckman Aux	
1	M	11/08	3:15 - 4:45	Field Training	Track Turf	
3	M	11/22	9:00-10:45 AM	Field Training	Track Turf	
	TU	11/23	10:00 AM	Scrimmage vs. Tesoro	Tesoro HS (Self Commute)	
	W	11/24	OFF			
	TH	11/25	OFF			
4	M	11/29	3:15 - 4:45	Field Training	Track Turf	
	TU	11/30	5:00 PM	OCWS #1 @ Yucca Valley	Yucca Valley HS (Bus 12:30PM)	
	W	11/17	2:30 - 3:15	Strength Training TEAM DINNER	Weight Room	
	TH	12/02	3:15 PM	OCWS #2 Mater Dei JV	Beckman Track	
	F	12/03	3:15 - 4:45	Field Training	Aux Turf	
	SA	12/04	Noon	OCWS #3 Davinci	OCGP #2 (Self Commute)	
			TBD	OCWS #4 vs. TBD	OCGP TBD	
5	M	12/06	OFF	OFF	OFF	
	TU	12/07	3:15 - 4:45	Field Training	Aux Turf	
	W	12/08	2:30 - 3:15	Strength Training	Weight Room	
			3:30 - 4:15	Classroom	Room 202	
	TH	12/09	OFF	OFF	OFF	
	F	12/10	3:15 - 4:45	Field Training	Aux Turf	
	SA	12/11	8AM 11AM	BIW#1 La Serna Notre Dame/Sherman Oaks	Corona Del Mar (Bus Depart 6:45AM) Corona Del Mar (Bus Return 12:30PM)	

<u>Week</u>	<u>Day</u>	<u>Date</u>	<u>Time:</u>	Dress/Description	<u>Location</u>
6	М	12/13	3:15 - 4:45	Field Training TEAM DINNER	Track Turf
	TU	12/14	3:15 PM	League #1 vs. Irvine	Track Turf
	W	12/15	2:30 - 3:15 3:30 - 4:15	Strength Training Classroom	Weight Room Room 202
	TH	12/16	3:15 PM	League #2 @ Northwood	Northwood Turf (Bus Depart 1:30)
	F	12/17	3:30 - 4:15	Classroom 202	202
	SA	12/18	TBD TBD	BIW #3 BIW #4	TBD
7	М	12/20	8:30-9:30	Field Training TEAM DINNER	Beckman Track
	TU	12/21	9:00 AM	vs. Costa Mesa	Beckman Track
	W	12/22	9:00-9:45 9:45 - ?	Strength Training Team Breakfast	Weight Room TBD
	TH	12/23	OFF	OFF	
	F	12/24	OFF	OFF	
			8:30-9:30	Field Training	Beckman Track
8	M	12/27	8:30-10:00 AM	Field Training	Beckman Track
	TU	12/28	9:00 AM	@ Orange Lutheran	Self-Commute
	W	12/29	9:00-9:45 9:45 - ?	Strength Training Team Breakfast	Weight Room TBD
	TH	12/30	9:00 AM	ALUMNI GAME!	BECKMAN TRACK
	F	12/31	OFF	OFF	