

APPLICATION SUBMISSION

You may submit your completed application via email to activesoltraining@gmail.com or send to the studio mailing address: ACTIVE SOL YOGA, PO BOX 12235, ATLANTA, GEORGIA 30355.

APPLICATION NOTIFICATION

Applicants will be notified via email of acceptance into the teacher training program. Once your application is approved, you will be sent a payment link for the \$500 deposit to reserve your space.

STUDENT INFORMATION

name (first, middle, last)			dob
address			
city	state	zip	
email		phone	
emergency contact		email	phone

QUESTIONNAIRE (Please use additional sheets of paper if necessary)

1) How long have you practiced yoga?

2) Do you have a regular practice? Describe your practice and how often you practice.

3) What do you feel is the most rewarding aspect of your yoga practice?

4) What is the most challenging aspect of your yoga practice?

5) What style(s) of yoga have you studied?

6) Do you have any injuries, disabilities or illnesses that might affect your study and practice of yoga? If yes, please explain.

7) Have you had any type of teaching experience, yoga or otherwise?

8) What about yoga is most important to you?

9) Please describe any other spiritual or meditation practices which are important to you.

10) Why do you want to become a certified yoga teacher?

Please sign and date below to complete your application. Your responses will remain confidential and will only be shared with the Active Sol Teacher Training staff.

Signature

Date
