

CASE Events Calendar - October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	2	3 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	4	5
6	7 Thanksgiving Day	8 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	9	10 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	11	12
13	14	15 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	16	17 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	18	19
20	21 Education Evening Essentrics TFRC 7:00 pm	22 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	23 Social Breakfast SEESA 9am	24 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	25	26
27	28 Board Meeting Bonnie Doon 9 a.m.	29 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	30	31 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45		