

1st Sunday of Lent - Year B 20th - 21st February 2021

First Reading: Genesis 9:8-15

I will recall the covenant between myself and you... the waters shall never again become a flood to destroy all flesh.
God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.' God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The Word of the Lord

Responsorial Psalm: Ps 24:4-9

R/ Your ways, O Lord, are love and truth, to those who keep your covenant.

Second Reading: 1 Peter 3:18-22

The water of the flood is a type of the baptism which saves you now.

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels of the Dominations and Powers his subjects

The Word of the Lord

Gospel Acclamation: Mt 4:4

Praise to you, Lord Jesus Christ, King of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, King of endless glory!

Gospel: Mark 1:12-15

He was tempted by Satan, and the angels looked after him.

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord

**“Repent
and believe
the Good News”**



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1ST SUNDAY OF LENT - YEAR B 20th - 21st February 2021

PRAYER – FASTING – ALMSGIVING

Prayer is the action that leads people to God. Prayer is an experience of the gentle and loving touch of God.

Fasting helps people to make God the centre of their life.

Almsgiving is the action that leads people to love God in others, by sharing what they have.

The primary purpose of Lent is spiritual preparation for the celebration of the Paschal Mystery recalling Jesus' death on Good Friday and his Resurrection on Easter Sunday. Hence, the Church leads her children to "repentance," a type of conversion. Repentance is the process in which one reorders one's priorities, and changes one's values, ideals, and ambitions, through fasting, prayer and mortification. Lent, then, is a period of self-examination, prompting us to repent of our sins, and so to effect a real conversion: to turn to God and to His teaching, and to do good for others. Lent also challenges us to reform our lives by turning away from self, from evil, and from sin, so as to turn toward God and toward others with renewed Faith and fervor. Lenten observances are also intended to lead us to our annual solemn renewal of Baptismal vows on Holy Saturday. Through Baptism, we are called to live justly, to love God with all our being, to love our neighbour as ourselves, and to build the kingdom of God by our acts of charity. That is why the three readings chosen as today's Scripture refer to Baptism directly or indirectly.

The Scripture lessons:

The **first reading** tells us how man irrevocably broke the *original covenant* God had made with Adam and Eve, and how the merciful God selected Noah and his family to renew the covenant. Noah's rescue from the flood symbolises how we are saved through the water of Baptism which cleanses us of sin and makes us one with Christ.

Today's **Responsorial Psalm** (Ps 25) is an exquisite penitential prayer, humbly acknowledging human insufficiency and our radical dependence upon God, His mercy and His forgiveness. The psalmist lists some of God's Own characteristics that will shape the life of the forgiven penitent: truth, compassion, love, kindness, goodness, uprightness, humility, and justice.

In the **second reading**, St. Peter shows us how Noah's episode prefigured Baptism. He reminds us that, as Noah and his family were saved from the waters of the deluge, so we are saved through the waters of Baptism. Baptism is an outward sign of the New Covenant that God has made with His people. It makes us adopted children of God, heirs of Heaven, and temples of the Holy Spirit.

In the **Gospel**, we are told that Jesus faced and defeated the tempter the devil by his forty days of prayer and penance in the desert immediately following his baptism. It also tells us how Jesus started preaching his Messianic mission: "The time is fulfilled. The kingdom of God is at hand. Repent. Believe in the Gospel."



*First
Sunday
in Lent*

Office Hours:

Tues to Fri: 10.00am - 12.30pm

Parish Priest:

Fr Aloysius Nato, SVD
Ph: 0428 715 282

Italian Community Chaplain:

Fr Albano Da Costa, SVD
Ph: 0478 963 248

Parish Office: Cristina Agius

School Principal: Mark Tierney
School Phone: 9487 1001

Sacrament Co-ordinator:

Ylenia Useli
shpcatechists@gmail.com

Child Safety Officers:

Kay Dufty: 0431 376 212
Robert Dullard: 0433 401 958

Child Safety Committee:

Robert Dullard (Chair)

Parish Council Members:

Catherine Zanatta (chairperson),
Kay Dufty (secretary),
Tony Eley, Gerard Grant,
Ophelia Swai, Anisasio (Pauline)
Veamatahau, Mark Tierney,
Ben Fortuna and Natalie Baran

Parish Finance Committee:

Peter Constable (Chair)
Ph: 0425 779 831

St. Vincent de Paul Society:

Stephen Costello (President)
Ph: 0432 405 417

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm
Sunday: 9:00am (*Italian*),
10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9.10am
Healing Mass: 1st Thursday of
the month at 1.30pm

Devotional Practices:

**Adoration of the Blessed
Sacrament:** Wednesday after
9.10am Mass

Holy Rosary: Thursday (English)

Reconciliation:

Weekdays: 30 minutes before
Mass or by appointment

Baptisms & Weddings:

By appointment only

Continued from the first page...

What shall we do now???

1) Let us try to conquer our temptations as Jesus did, using the methods Jesus employed. Jesus conquered his tempter, the devil by prayer, penance, and timely use of the word of God. Hence, during this Lent, let us confront our evil tendencies by talking to God, by listening to Him speaking to us through the Holy Bible, and by practicing self-control to subdue our evil tendencies.

2) Let us convert Lent into a time for spiritual growth and Christian maturity by:

- participating in the Mass each day, or at least a few days in the week;
- setting aside some part of our day for personal prayer;
- reading some Scripture, alone or, better still, with others.
- setting aside some money we might spend on ourselves for meals, entertainment, or clothes and giving it to an organisation which takes care of the less fortunate in our society;
- abstaining from smoking, alcohol, and other evil addictions;
- receiving the Sacrament of Reconciliation in Lent and participating in the "Stations of the Cross" on Fridays;
- visiting the sick and those in nursing homes and doing some acts of charity, kindness, and mercy every day in the Lent.

3) Let us use Lent to fight daily against the evil within us and around us by practicing self-control, relying on the power of prayer, and seeking the assistance and anointing of the Holy Spirit.



Welcome!
This weekend through Baptism we welcome **Romeo Loc Pham and Leonardo Farina** into our Parish family

Dates to Remember

Sunday 28th February: Confirmation - 3pm


All Fridays during Lent: Stations of the Cross - 7pm

Thursday 4th March: Mass at 1.30pm
Mass with Anointing of the Sick

Last Week's Collection: 14/02/21

1st Collection for our Church: \$60.00
2nd Collection for support of clergy: \$10.00

Thank you for your kind generosity!



Weekly Catholic Radio Reflection:

Visit <https://bit.ly/3pzD62m> where you can listen anytime!



#28 UPDATE: GENERAL LITURGICAL GUIDELINES COVID-19

Implications for the Catholic Archdiocese of Melbourne

Places of Worship and Religious Gatherings

All places of worship including churches, adoration chapels and other church buildings used for public prayer and religious services may open for permitted religious ceremonies.



- Religious gatherings can be held indoors or outdoors. Venues must apply the 1 person per two square metre rule to ensure people have enough room to maintain 1.5 metres distance between them.
- Record Keeping is required for all attendees beyond a 15 - minute visit and must include: First Name + Contact Number + date and time at which the person attended the place of worship. Records must be kept for 28 days;
- People must carry a fitted face covering at all times. Fitted face coverings must be worn indoors by all participants unless they have a lawful exemption or are children under 12 years of age. It is advised that fitted face coverings be worn outdoors if a distance of 1.5m cannot be maintained.
- Hygiene precautions must continue to be maintained throughout;
- Doors must remain closed to prevent public access if there is no-one available to ensure that particular number limits are maintained;
- A place of worship can have indoor or outdoor religious gatherings at the same time.
- Places of worship can continue to be open for essential public support services. Essential public support services include food banks, help for people experiencing homelessness or other essential activities. A distance of at least 1.5 metres must be kept between people.

- Outdoor Religious Gatherings**
- Places of worship may hold religious ceremonies outdoors (note spaces below); The two square metre rule must be applied to ensure everyone has enough room to maintain 1.5 metres distance from each other;
 - It is recommended that fitted face coverings be worn outdoors if a distance of 1.5m between persons cannot be maintained;
 - Outdoor religious gatherings must be held in an outdoor space that is near to the place of worship hosting the service. This means:
 - a service could be held on the grounds of a place of worship or in the car park;
 - a public outdoor space, like a park, close to the place of worship. You may need a permit from your local council. You can find your local council using Know Your Council;
 - schools that want to host an outdoor religious ceremony should do so near their place of worship. For many schools this could be the school's oval or sports grounds (if, for example the school assembly hall is used for religious activities and is therefore a place of worship). Schools can find further information on advice for schools and through Catholic Education Melbourne;

More guidelines can be found at <https://bit.ly/3pym5FJ>

Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.



Don Bosco Lenten Retreats 2021

1. 21st - 26th February
Week Lent Easter Retreat with Fr Peter Varengo

2. Saturday 13 March
Family Retreat Day

3. Saturday 20 March
Youth and Young Adult Reflection Day

4. Friday 26 March
Seniors Retreat Day

Further information and flyers visit: donboscoretreats.org.au

Online registrations essential as Covid number limits apply

Readers and Ministers of the Eucharist

A roster for liturgical ministers and readers for the next three months is being prepared. Experienced people required please! Please contact Cristina at the presbytery on 9480 3398 or email sacredheart3072@gmail.com, if you are happy to continue, need to advise of any changes to your availability or are interested to help. Thank you

Please note:
Working with Children's Checks must be current and only a 'volunteer' status is required, which is at no cost. Assistance to apply is available if required.

Current volunteers, please fill in the Readers/Ministers Sign Up sheet, located in the church foyer, with current details or email the Parish office at sacredheart3072@gmail.com, as soon as possible.

Roster for weekend of 27th - 28th February 2021


	Readers
Saturday 6.00pm	Teresa Dang Marlene Vergou
Sunday 9.00am (Italian)	Volunteers
Sunday 10.30am	Jessy Thambiraj Judeline Wadhvani
Sunday 6.00pm	Damian Casamento Margaret Bannan

WE PRAY FOR:
The elderly and the sick
Anthony, Peter Bourke, John Plum Pasquale Curcio, Anthony Joseph, Ray Mc Veigh and Bronislawa Slobodzian

Those who have died recently
Emilio Fulgione

We Commemorate
John Bourke (2nd Anni.) & Maria Santa Lucia

O Lord, may perpetual light shine upon them. May they rest in peace. Amen.



Online Masses


St. Patrick's Cathedral - Live Streaming at:
<https://melbournecatholic.org.au/Mass>

Monday- Friday: 1pm, Saturday: 8am, Sunday: 11am

TV Masses

Channel 44 (31)
Live telecast from St. Patrick's Cathedral, Sunday at 11am

PROJECT COMPASSION BE MORE



Jamila is a Rohingya refugee living in a camp in Bangladesh with her elderly mother and baby daughter. With the support of Caritas Australia, and through Caritas Bangladesh, Jamila has been able to access to emergency food, shelter, counselling, and vocational training that will help to support her family.

Please donate to Project Compassion 2021 to help mothers like Jamila be more for her family and her community.

You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

200 Years Young

The Catholic Bishops have written a pastoral letter to school leaders, staff, students and families to mark the 200th anniversary of Catholic education in Australia. Entitled **200 Years Young**, the letter recognises the contribution of religious, clergy and lay people to the foundation of Catholic education, and the distinctive role Catholic schools play in educating and forming young people of faith and service in their communities.

The letter was released at today's national launch of the 200th anniversary by the National Catholic Education Commission (NCEC).

Today, there are 1,751 Catholic schools educating 768,000 students and employing 98,000 staff. Nearly 40 per cent of Catholic schools are located outside metropolitan cities in regional, rural and remote communities.

Cleaning Roster:
Saturday 27th February 2021
Anna and Lizzie

Thank you for your help!

