



Red Tomato Farm
Quarterly Newsletter

Fall 2017

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SPOTLIGHTS

Community Participation Supports

by Deborah Shaffer

Did you know that existing and new Red Tomato Farm participants have the opportunity to be in the community 25-50% of the time with our staff members in a, 1:1, 1:2 or 1:3 ratio for meaningful volunteer opportunities as well as pursuing



personal interests in our surrounding community? This allows our participants to engage in meaningful and inclusive community activities, develop and sustain valued social roles, increase independence and increase potential for employment. All of the staff at Red Tomato Farm has received training for community

participation supports so that they can encourage relationships and networks that provide friendship and support, the development of hobbies and interests that promote health & wellness and skills in navigating the local community physically and socially. Our participants can volunteer at Rock Run Animal Rescue taking care of several cats and dogs, deliver meals to the elderly through Shippensburg Meals on Wheels, design flower arrangements for Hospice of PA: Bouquets of Home, make baked goods for sale at the Amelia S. Givens Library, construct raised beds at the Carlisle Alliance Church and see them



through the planting and harvesting process, and box up food for Shippensburg Produce and Outreach. Additionally, Cumberland County offers

ample opportunity for participants to pursue personal interests in art or physical fitness by volunteering at an art gallery to signing up for a yoga class.

This fall we made blankets for area dog shelters.



We enjoyed working with volunteers from Carlisle Construction Materials, LLC who worked with our participants during the United Way Day of Caring!

