

### THREE SUBTYPES

\*Counter-Types: in each Type, there are two subtypes that flow with the Type's energy, and there is one subtype that flows against the Type's energy.

		<u>Self-Preservation</u>	<u>Social</u>	<u>Sexual</u>
<b>Body Center</b>	8	private world – home, garden, family, logistics, solitary and personal pursuits; vigilance, protective, cautious; security; immortality	social activities as leader or participant – event planning, parties, charity work, politics, fund raising; friendly; sense of belonging; glory	intimate, creative, love affairs, dramas, intense experiences, intuitive, transcendent spirituality; in harmony with; union, wholeness; power
	9	<b>Weight Lifters:</b> Strong independent survivors who “secure the perimeter” to protect loved ones; like to lay in supplies for potential emergencies; survival at all costs	* <b>Leaders:</b> Inspirational figures who lead by example but must exercise self-restraint in order to support rather than oppose authority; b/w friends/enemies	<b>Knights:</b> Upholders of honor and protector of the weak, they secretly yearn to experience surrender and experience vulnerability with a trusted partner; possession
	1	<b>Comfort Seekers:</b> Calm and steady homebodies who love to putter around and do things at home; things can pile up and time management can become a challenge; deep hunger	* <b>Cooperators:</b> Harmonious participators who enjoy blending into the group but can blend in too much (and also use the group to avoid inner work); participation around the edges	<b>Mystics:</b> Unusual receptivity and a love of nature allow them to feel at one with their surroundings but can make it hard to establish personal ego boundaries; merging
<b>Heart Center</b>	1	<b>Detailers:</b> Self-disciplines and independent workers who are seldom careless; find it hard to express emotion or just relax and have fun; anxious	<b>Lawmakers:</b> The great arbiters of “what is right” and establishers of rules; strict but fair, stern but unyielding in the face of social pressure; jealous	* <b>Crusaders:</b> Fiery, impassioned evangelists with the courage of their convictions; tend to be impulsive and jealous but also brave and determined; inflexible
	2	* <b>Matriarchs:</b> Loving nurturers who like to care for the young, sick or helpless. Can find it hard to ask for help directly but secretly hope for special treatment; me first	<b>Diplomats:</b> Social finesse and organizational skills allow them to excel as social smotherers, organizers and emissaries of goodwill; ambitious	<b>Romantics:</b> Attracted to the chase but can find long-term relationships more challenging; have to be careful not to “fall in love with love” or over-adapt to the needs of their partner; compulsive, seductive
	3	* <b>Pragmatists:</b> Ambitious Type A strivers who make financial security and success a priority; can find it hard to tear themselves away from work; security	<b>Politicians:</b> Skilled image creators who like the public eye; excel as “first among equals” but must focus on substance not just style; prestige	<b>Superstars:</b> Dazzle the crowd with their “star” quality but can have difficulty when they step off-stage; need to trade in image to experience intimacy; mas/fem image
<b>Head Center</b>	4	* <b>Artisans:</b> Independent creators who often work alone to manifest their creative vision; tend to view survival more as metaphorical than literal; reckless	<b>Critics:</b> Discriminating evaluators of art and ideas who are sensitive to social standards and thus conflicted about expressing their opinions outright; shame/saving face	<b>Dramatists:</b> Intense, self-dramatizing and high-strung, considerable artistic talent; comparing, competitive
	5	<b>Archivists:</b> Shy and detached collectors of ideas as well as “stuff”; establish boundaries to protect their space; often open up to small children; safety over family	<b>Professors:</b> Investigators of curiosities and teachers with unusual insights; enjoy social recognition but can use it to ward off intimacy; rigid identity	* <b>Wizards:</b> Mysterious and secretive with a few special contacts and unique powers of perception; may be monastic or live alone “in the depths”; require total trust
	6	<b>Family Preservers:</b> Warm and supportive family protectors who make their homes a haven from the world; see family as their greatest asset; warmth	<b>Guardians:</b> Loyal upholders of traditional values and enforcers of community norms; must cultivate independence to avoid true believerism; duty	* <b>Scrappers:</b> Feisty defenders of the weak and lovers of creativity; can over-idealize those they love and be overly skeptical of strangers or new ideas; inner & outer strength
7	<b>Bon Vivants:</b> Joyful celebrators of life and sensual pleasures who often embrace unconventional lifestyles or family styles; security of belonging	* <b>Visionaries:</b> Imaginative planners who can envision a better future and sometimes sacrificially limit themselves to fulfill their plans; narcissistic in martyrdom	<b>Tricksters:</b> Appealing wanderers with a charming air and “love ‘em and leave ‘em” tendencies; wonderfully adaptable but hard to pin down; highly suggestible	

\*Counter-Types