

BENCH PRESS

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EVENT COORDINATOR: STEVE WILMESHERR swilm43@sbcgolal.net

DATE: THURSDAY, JUNE 18, 2020 **10:00 AM**
Weigh-ins - Wed. 6 pm - 8 pm (Tan-Tar-A) or Thurs at 8:00 AM

LOCATION: Camdenton High School, 662 Laker Drive, Camdenton, MO 65020
<http://camdentonschools.schoolwires.net/chs>

GUIDING BODY: International Powerlifting Association (IPA)

SPORT DESCRIPTION: Bench-press meet. This event will be run concurrently with the full powerlifting event. Full meet lifters' bench presses will qualify for placing in this meet as long as they submit entries for **BOTH** the powerlifting meet **AND** the bench-press meet. **Otherwise, competitors may compete in Bench Press only.**

Single-ply bench shirts are allowed. Only one wrist wrap item per wrist will be allowed. Elbows must be exposed. Competitors must meet their weight class. Weigh-in and equipment check, morning of Thursday June 18th at 08:00, at event venue. Lifting will begin at ~10:00. A round robin and flight system will be used. **Weigh-in and start time subject to change.**

BRACKETING: A round robin system will be used.
Entries for this event close 24 hrs. before event starts.

EVENT ENTRY CODES

MEN			
123.5 lb (56kg)			
Open			BP01A
Master			BP02A
132.25 lb			

(60kg)			
Open			BP03A
Master			BP04A
148.75 lb (67.5)			
Open			BP05A
Master			BP06A
165.25 lb (75kg)			
Open			BP07A
Master			BP08A
181.75 lb (82.5kg)			
Open			BP09A
Master			BP10A
198.25 lb (90kg)			
Open			BP11A
Master			BP12A
220.25 lb (100kg)			
Open			BP13A
Master			BP14A
242.5 lb (110kg)			
Open			BP15A
Master			BP16A
275.5 lb (125kg)			
Open			BP17A
Master			BP18A
275.5+ lb (125+kg)			
Open			BP19A
Master			BP20A

WOMEN			
105.75lb (48kg)			

Open			BP01B
Master			BP02B
114.5 lb (52kg)			
Open			BP03B
Master			BP04B
123.5 lb (56kg)			
Open			BP05B
Master			BP06B
132.25 lb (60kg)			
Open			BP07B
Master			BP08B
148.75 lb (67.5kg)			
Open			BP09B
Master			BP10B
165.25 lb (75kg)			
Open			BP11B
Master			BP12B
181.75 lb (82.5kg)			
Open			BP13B
Master			BP14B
198.25 lb (90kg)			
Open			BP15B
Master			BP16B
198.25+lb (90+kg)			
Open			BP17B
Master			BP18B