

OUR ORIGINS AND PURPOSE

The Tennessee School Health Coalition (TNSHC) was formed in 1984 to improve the health environment in schools. TNSHC has been a major supporter of Coordinated School Health (CSH) initiatives in the state, acting as a resource for each of the 8 areas of the CSH model. Coordinated School Health is the holistic, data-driven approach utilized to address students' health needs.

WHAT CAN TNSHC DO FOR ME?

The mission of the TNSHC is to advocate for CSH and to support CSH Coordinators. CSH funding allows systems to create a school with a welcoming atmosphere by involving parents and communities. Since 2001, many school systems' CSH Coordinators have utilized their data to garner additional grant funding for their districts. Many LEA's have seen a decrease in student tobacco use and obesity rates. CSH is the umbrella for all aspects of school health and exists to create healthy communities that produce educated, responsible, healthy citizens and a productive, thriving workforce.

OUR APPROACH TO ADVOCACY:

- Be polite
- Contact your lawmakers and others that know your lawmakers *often*
- Tennessee General Assembly
Toll Free # 1-800-449-8366
- www.legislature.state.tn.us
- Share a success story about CSH's role in helping children and community members in your district
- Detail the vital importance of CSH

COORDINATED SCHOOL HEALTH'S EIGHT COMPONENTS:



A Resource:

Visit our website to learn how TNSHC can be a resource through presentations, conferences, handouts, etc. TNSHC.org

Potential Members:

CSH Directors, CSH Assistants, Directors of Schools, Counselors, Nurses, Parents, RD's, PE Teachers, Food Service Supervisors and Staff, SRO's, Healthy School Team Members, Hospital Associations, Insurance Companies, PTA's & PTO's, Health Care Non-profits, Students, Administrators, University Professors, Doctors, Business Owners, etc.

"Healthy Students = Successful Schools"

Individual Annual Membership Form

Please Print

Name _____

Job Title _____

Address _____

Work Phone () _____

Cell Phone () _____

Email: _____

Home Email: _____

County or School District: _____

COMPLETE ON EACH MEMBER.
THIS FORM MAY BE COPIED.

Membership Year September 1-August 31.

Annual Membership Dues **\$50.00**

Mail To:

Tennessee School Health Coalition
Wendy S. Collins, Treasurer
217 Grove Blvd.
Paris, TN 38242



Tennessee School Health Coalition

**THE TNSHC SUPPORTS THE EFFORTS OF
COORDINATED SCHOOL HEALTH:**

- Encouraging Adequate Physical Activity
- Encouraging a Healthy Diet Including Adequate Fruit and Vegetable Intake
- Preventing Intentional and Unintentional Injuries
- Delaying Sexual Activity and Encouraging HIV Awareness
- Preventing Tobacco Use
- Preventing Substance Use/Abuse and Underage Alcohol Consumption

**Tennessee School Health Coalition
is on the road to good health.**



BEGIN EARLY FOR GOOD HEALTH

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TNSHC.org

**TENNESSEE
SCHOOL HEALTH
COALITION**

The Coalition provides leadership which promotes the multi-disciplinary model of Coordinated School Health for Tennessee's children and youth.



*TNSHC is a
resource for every
aspect of
Coordinated School
Health.*

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has.”

Margaret Mead

TNSHC.org