

Hollywood Actor Jason Statham: “I Started Training Brazilian Jiu-Jitsu 12 years Ago, Together With Guy Ritchie.”

Apr 04, 2014 GileBJJ News



The famous Hollywood actor Jason Statham in an interview talking about his BJJ training with Guy Ritchie. Statham and Ritchie are both long time BJJ practitioners. Statham holds a purple belt and Guy Ritchie is a brown belt under Renzo Gracie. Statham told combatbear.com:

“How do you do you keep fit? Do you practise some sport or any kind of martial art?”

-Yes, I love martial arts. I do some jiu jitsu and some kick boxing. Anything that can help me in my job. But if I wasn't gonna do it for work, I would have done it anyway because I enjoy that.

I hear that you and Guy Ritchie are training jiu jitsu together. Who is better?

-He has better chances to achieve good results. We started training jiu jitsu many years ago. We first started out in a garage, where we parked our cars, then later we moved over to a gym. This was 10 years, no maybe 12 years ago. He works hard, he's a good fighter

Guy Ritchie

Why exactly jiu jitsu? It's a very specific form of martial art.

-Because there's not too much contact with the face, so the face won't get hurt and that's very important in my profession. You know, one mistake during the sparring and it's hard to be in front of the camera when you have bruises or any kind of damage, so you have to try and, you know, do something else.



What about MMA? Do you want to try it one day?

-MMA, no, you know, that's for the real fighters. I respect real fighters. Fedor Emelianenko is one of my favourite fighters ever. People like him inspire me. What we're doing is something else, staged fights just for the movies. They are the real heroes."