

Dear Families,

Through this time of uncertainty and fear, we hope you are enjoying this unexpected and precious time at home together. In an effort to keep all of us as safe as possible while still providing care to all of you, we will be making the following changes:

- **We are postponing all Well Child visits for at least three weeks, effective Monday 3/17. Dr. Hinkle and Dr. Fredrickson's visits will all be converted to telemedicine visits.**
- So that we are practicing effective social distancing, while still providing you with the care and support that you need, almost all visits will be by telemedicine.
- If we determine that you need to come into the office we will handle that in the safest way possible. For example, patients who need to be tested for influenza or strep can be swabbed in their cars. If you or your child is sick, please wear a mask if you have one.
- Please note that there are limited Coronavirus testing kits available so we need to determine via telemedicine if you or your child should be tested.
- We are increasing staff and doctor time to deal with increasing demand. We ask that you be patient and understanding as we triage calls and schedule appointments on the basis of medical need. Less urgent issues will be scheduled accordingly.
- If you have a particular issue that you have been wanting to discuss at your upcoming well visit, such as questions about sleep or behavior, we suggest you set up a telemedicine visit to review those concerns with your doctor.
- In keeping with national guidelines regarding social distancing, we urge you to stay home and minimize your household's contacts with others, especially if anyone in your household is ill.

Finally, please use the time off from school to rest, regroup with your family, do schoolwork, do art, bake, take walks and generally have fun together and appreciate each other.

**In Health,
The Doctors and Staff of Pediatric Alternatives.**