Does your child have difficulty making and keeping friends? Are they chosen last for games, not invited to parties, teased or bullied?

Decatur Family Psychiatry is offering a social skills group to help!

## Who can benefit from this group?

Families with children 7 - 10 years old who have difficulty making or keeping friends. This includes children with the following diagnoses:

- Attention Deficit/Hyperactivity Disorder
- Autism Spectrum Disorder (ASD)
- Oppositional Defiant Disorder (ODD)
- Conduct Disorder
- Anxiety

## What is the goal of the group?

This group will focus on improving skills in navigating and managing your child's relationships with their peers, siblings and family members

## What will this group do?

Children and parents will meet in separate groups simultaneously to learn the skills necessary to create and maintain healthy relationships in childhood



## What skills will be taught?

Children will learn and practice a variety of skills necessary to create and maintain healthy friendships. They will do this in a supportive and safe environment where they can practice the skills with support and guidance from the group leader

Parents will meet in a separate group, at the same time as the child group, to learn strategies for identifying, reinforcing and shaping the healthy social behavior that their child is learning

Interested families should contact

Dr. Hanan Trotman or Dr. Meena Lambha at 404-500-4266

**Decatur Family Psychiatry** 

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