

CHARLESTON AREA CHURCHES

FOOD PANTRY NEWSLETTER

"for I was hungry and You gave me food; I was thirsty and You gave me drink; I was a stranger and You took me in." Matthew 25:35
Hours M-W-F 1:30-4:00 & Th 5:30-7:00



SEPTEMBER 2019

PANTRY NEWS

Exciting news from the pantry! The local chapter of Produce With Purpose (PWP) did a fundraiser to purchase a TV to be placed in the waiting room of the pantry! This TV is for educational purposes only. There is information on different ideas for food preparation, food safety, and services that are available to them in the community.

So, what is Produce With Purpose? It is a nonprofit organization creating communities by building relationships, serving others and growing together through our love from Christ. That is the official definition, here is the reality of what this group does. This is a national program ran by local volunteers with the goal of assisting local farmers to produce and distribute more fresh fruit and vegetables to their community.

Two volunteers, Jennifer and Carolyn, come to the pantry on a regular basis to provide information and education to the guest while they wait to receive their food. They have provided many recipes for the produce our guest are offered. They also help unload the truck from the food bank once a month.

The group has worked at local small produce farms to help the growers, and they also assist people at the local farmers market.

To find out more about them look them up on Facebook or at Producewithpurpose.org.

THANKS

- Jennifer and Carolyn from PWP for all your assistance.
- The many people who donated money, and the board of PWP, for the purchase of the TV for the waiting room.
- Peoples Bank for the donation of 233 pounds of ground pork. Every household that came in part of August and September received a package if they wanted it.
- Fields Church for donation of New Testament books that are available to our guest, they always go fast.
- All the local churches what continue to support the pantry.

AUGUST 2019 NUMBERS

Families: 439 Individuals: 1,468

Meals: 13,212

Donated food in pounds: EIF: 2,390

USDA: 6,145 WalMart – 6,294

Ruler – 1,274 Other – 716

FAST FACTS – Summer Squash

- Summer squash is called this because of the short storage time compared to winter squash.
- Summer squash grow on bushy plants while winter squash grows on vines.
- Summer varieties have tender skin which is edible, unlike winter types which must be peeled.
- Summer squash can be boiled, grilled, roasted, baked, fried, and also eaten raw.
- Zucchini and yellow are the most widely used types.

