

MILES FOR COMMUNITY SMILES 5k & 1 MILE FUN RUN

Saturday May 4th, 2019 @ 9:00A.M.

THE GREAT GUERNSEY TRAIL

St. RTE 285/ Main St. Lore City, Ohio



RACE INFO: Join us for our Annual 5k Run/Walk on Saturday, May 4th 2019 at the Great Guernsey Trail. In addition to our annual 5k run/walk we will be holding a Family Fun Run/Walk. There will be a couple of fun things for kids participating in this event. This event is meant to raise money for the local schools and will consist of a 5k Run and a 1 Mile Family Fun Run/Walk. The 5k run will be a timed event with timing services provided by Muskingum Multisports. The 1 Mile Fun Run will be a **NON-TIMED** event and will not be eligible for awards or a Race day shirt.

Proceeds raised at this event will support the local school districts. All proceeds will be distributed to area school systems including but not limited to Barnesville Exempted Village Schools, Cambridge Local Schools, East Guernsey Local Schools, East Muskingum Local Schools, Rolling Hills Local Schools, St. Benedict's, and Shenandoah Local School District.

RACE COURSE: The 5k participants will enjoy the scenic Great Guernsey Trail for the length of the 5K. Water will be provided at the turn around point and the race will end where it began. Parking is plentiful at the Lore City end of the trail where the race will take place. There will also be a 1mi. family fun walk (not eligible for Event T-Shirts) during the 5k for those who wish to help support their school system. During the family fun walk strollers are welcome. There will be a couple of small fun activities for kids who wish to participate in the walk.

AWARDS: Awards will be issued to the **top three overall finishers** and in each of the following age categories: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ Walkers are welcome! In order to be eligible for awards, you must sign up for the 5k event even if you will be walking the course.

PACKET PICK-UP & RACE DAY REGISTRATION: Race Day registration and packet pick-up will be at the Lore City Pavillion near the Great Guernsey Trail - starting at 7:30am

RACE PACKETS & FINISHLINE PERKS: Your race packet will include a T-shirt with race logo, finish line snack and beverage. Bridget Hamper, LMT is volunteering her massage services after the race.

All participants registered by April 19th are guaranteed a Race T-shirt. Extra t-shirts will be first come first serve on race day, will be available to purchase race day for walkers who wish to have one.

ENTRY FEES: (non-refundable)

5k run/walk \$25 - through April 19th – **Late Entry \$30 April 20th to race day**

Individual Walk (1mi.) \$10 - Fee does not change, does not include t-shirt and awards not eligible

Family Fun Walk (1mi.) \$30 per family - fee does not change, does not include race t-shirt and awards not eligible

*Registration forms and fee made out and mailed to: Woodlawn Dental Center 1109 Woodlawn Ave Cambridge Ohio, 43725
memo line: Miles for Community Smiles

RACE CONTACT: For any questions please contact Race Director Laura @ 740-439-4799

More Race details or register online at www.muskingummultisports.com

Name: _____ Tel. # _____

Address _____

City/State _____ Zip _____

E-mail _____

PLEASE FILL OUT COMPLETELY BELOW:

Age _____ (Day of Race) M/F _____

5K Run/walk _____ 1 Mile Fun Run _____

1 Mile Family Fun Run _____

T-shirts (ADULT): S _____ M _____ L _____ XL _____

Waiver: In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against Miles for Community Smiles, Woodlawn Dental Center, Bridget Hamper LMT, Muskingum Multisports, Nick Beach, any businesses owned by Nick Beach, the Village of Lore City. All sponsors and their representatives, support staff, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature (If under 18-parent/guardian) _____

Date _____