



NEW YEAR'S RESOLUTION!!

For the next 30 days,

I will _____
for at least 10 minutes
every day.

(And if I miss a day,
it's no big deal.)

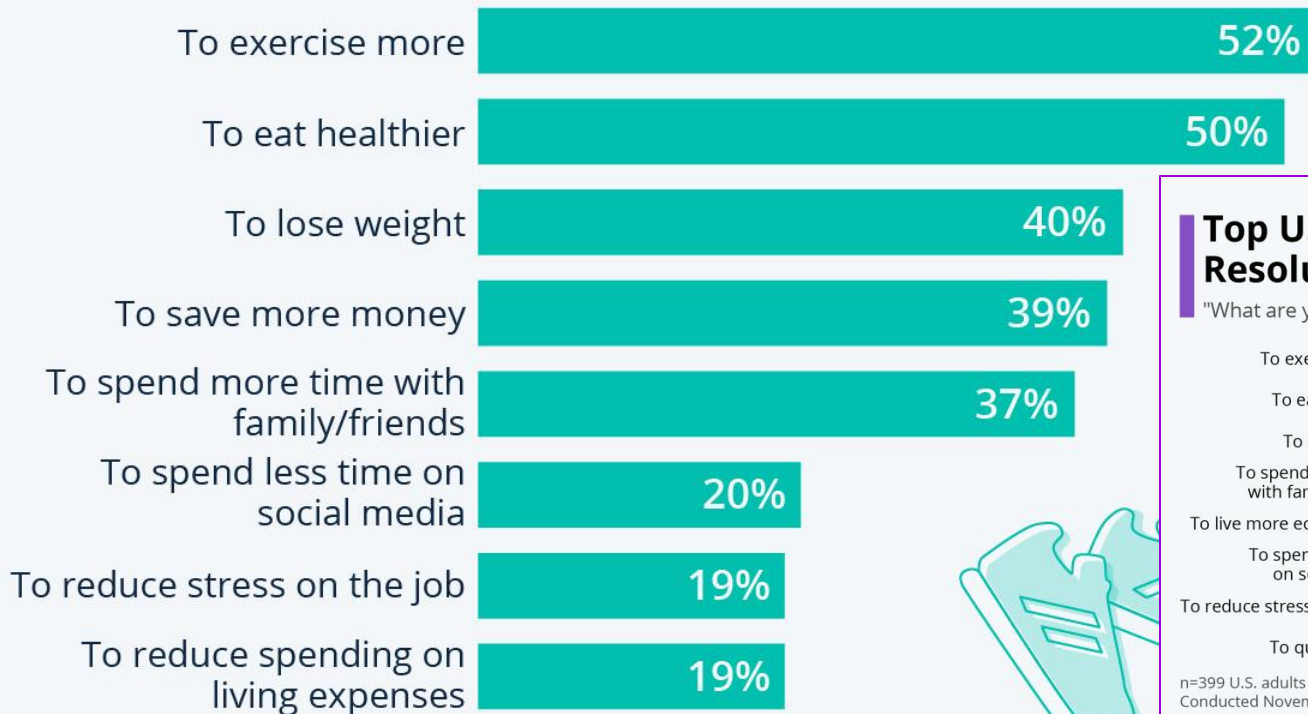
SIGNED,

your name

← something
small and
specific

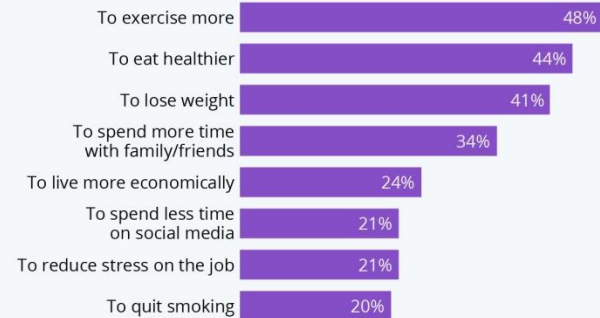
America's Top New Year's Resolutions for 2023

Most common New Year's resolutions among U.S. respondents who have made one or several



Top U.S. New Year's Resolutions for 2022

"What are your New Year's resolutions?"



n=399 U.S. adults who have made New Year's resolutions. Conducted November 2-11, 2021. Source: Statista Global Consumer Survey



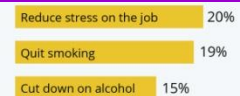
statista

413 U.S. adults (18-89 y/o) surveyed Oct. 25-Nov. 2, 2022

Source: Statista Global Consumer Survey

NRs of the post-Pandemic!

statista



Survey of 531 US adults, November 2020. Source: Statista Global Consumer Survey

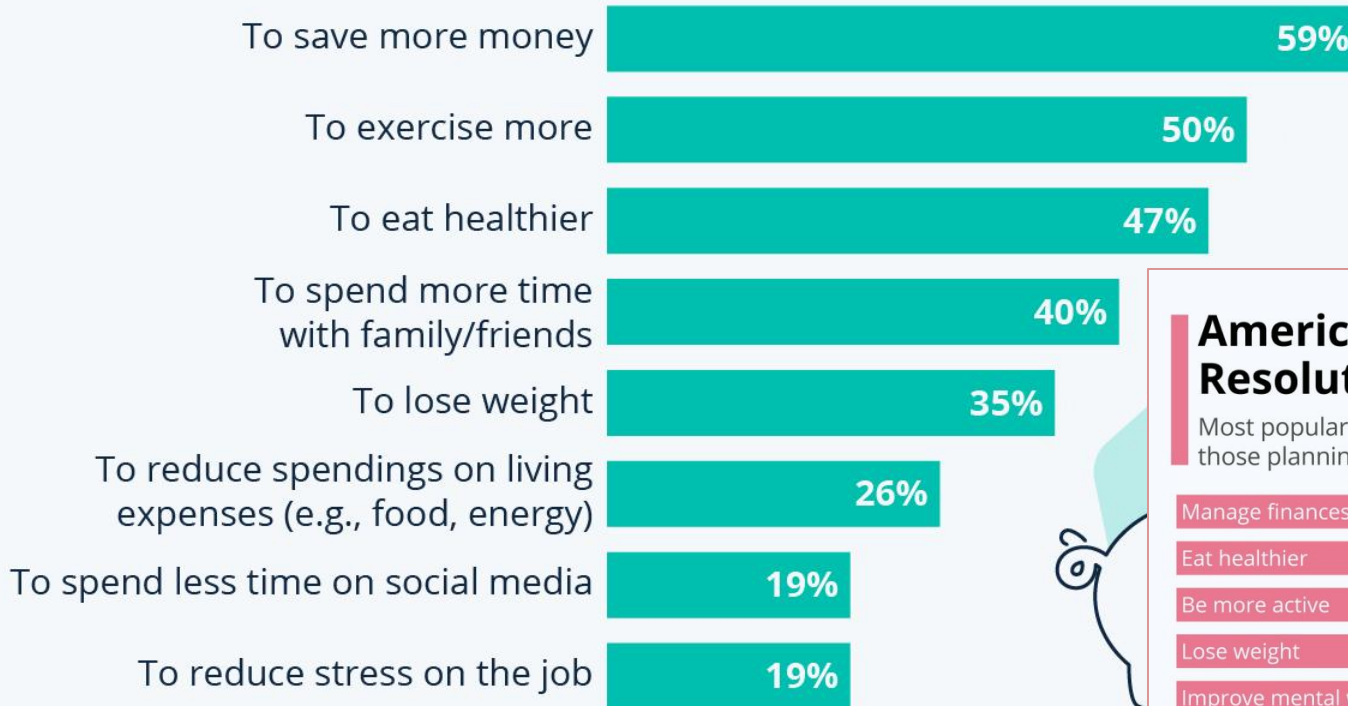


statista

2021

America's Top New Year's Resolutions for 2024

Most common New Year's resolutions among U.S. respondents who have made one or several

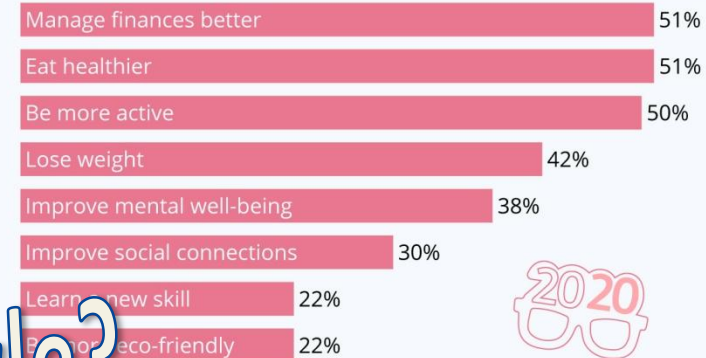


417 U.S. respondents (18-64 y/o) surveyed Oct. 19-29, 2023

Source: Statista Consumer Insights

America's Top New Year's Resolutions for 2020

Most popular new year's resolutions among those planning to make one or several



Surveyed 1,011 U.S. adults, Nov. 12-14
Source: Ipsos for Urban Plates



Back to pre-Pandemic Lifestyle?



New Year's Resolution Ideas for Kids and Teens



**Cleaning up toys
before bed**
Preschool



Brush teeth twice a day
Preschool



**Reading one book
per month**
Grade School



**Eating one fruit and
one vegetable per day**
Teens



Finding an active hobby
Grade School



Start a savings account
Teens

“Rejoice always, **pray** continually, **give thanks** in all circumstances; for this is **God’s will** for you in **Christ Jesus**”

1 Thessalonians 5:16-18



1. *The Son Superior to Angels*
2. *The Gospel Greater than the Law*
3. *Melchizedek to All*
4. *A Call to Persevere*
5. *Surrounded by a Cloud of Witnesses*
6. *Keep on Loving*

Shaped by His Son: Reading Hebrews

Hebrews 1:1-9

*In these last days ...**to us** by His Son*

*In the past God spoke **to our forefathers**
through the prophets at many times and in various ways,*

Jeremiah
Ezekiel
Daniel
Hosea
Joel
Amos
Obadiah
Jonah
Micah
Nahum
Habakkuk
Zephaniah
Haggai
Zechariah
Malachi

God
Has
Spoken

EXPLANATION AND HIERARCHY OF THE
9 CHOIRS OF ANGELS



1ST TRIAD - CONTEMPLATE AND ADORE GOD DIRECTLY

SERAPHIM

ISAIAH 6:1-7
6 WINGS - 2 COVER FEET, 2 COVER FACE, AND 2 FOR FLIGHT

Name means the burning ones, and they are Attendants at the Throne of God. They praise God singing, "Holy Holy Holy is the Lord of Hosts!"



CHERUBIM

EXD 25:18-21, EZK 10:14, REV 4:6
4 FACES AND 4 WINGS - 2 COVER FEET AND 2 FOR FLIGHT

Name means the Fullness of Wisdom, and they Contemplate God's providence. Assigned to protect special places.



THRONES

EZK 10:17, COL 1:16, DAN 7:9
FLAMING, ROTATING RINGS COVERED WITH EYES

Represent the steadfastness of the love of God. They contemplate God's power and judgment, and they appear as the most unlike the others when revealed.



2ND TRIAD - FULFILL GOD'S PLAN IN THE UNIVERSE

DOMINIONS

EPH 1:21, COL 1:16

Lord over the lower choirs and humanity. They take illumination from the higher hierarchies and govern the universe.



VIRTUES

EPH 1:21

Run the operation of movement in the universe. They are often associated with planets, elements, seasons, and nature.



POWERS

EPH 3:10, EPH 6:12

Assist in governing the natural order. They are warrior angels tasked with fighting the war against the demonic choirs.



3RD TRIAD - INTERACT & SERVE HUMANITY CLOSELY

PRINCIPALITIES

EPH 3:10, EPH 1:21

Princes of the lowest triad assigned to care and guard communities, kingdoms, states, and parishes. They are associated with transitions in power.



ARCHANGELS

JUDE 9, 1 THES 4:16, TOB

Leader angels assigned to communicate and carry out God's important plans for man. Michael, Gabriel, and Rafael are the only 3 names we know.



ANGELS

LUK 22:43, MAT 18:10, HEB 13:2

Angels are closest to the material world and humanity. The lowest choir is where we get the majority of our personal guardian angels.



DESIGN BY: CRISTOBAL ALMANZA © 2015 SOULPAINTER.COM

Hebrews 1:1-9

Jesus Is Greater/Better



God even said to the angels:
"You are my Son; today I have become your Father?"

Or again,
"I will be his Father and he will be my son?"

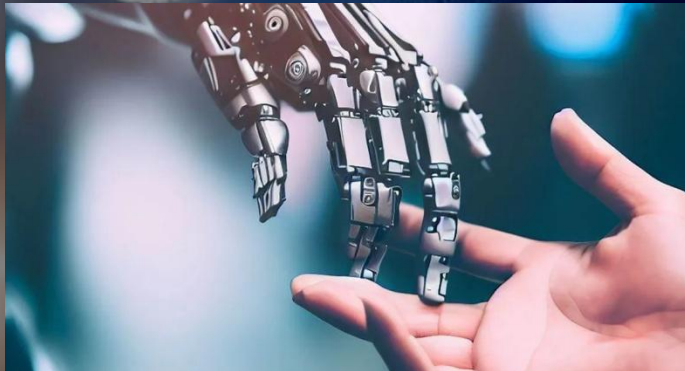
and again, when God brings his first-born into the world, he says,

"Let all God's angels worship him."

Heb. 1:5-7

Hebrews 1:1-9

Salvation By No Other Name



JESUS SAID TO HIM,
"I AM THE WAY,
AND THE TRUTH, AND THE LIFE.
NO ONE FATHER
COMES TO THE
EXCEPT THROUGH
ME."

JOHN 14:6

The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word.

After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven.

So he became as much superior to the angels as the name he has inherited is superior to theirs.

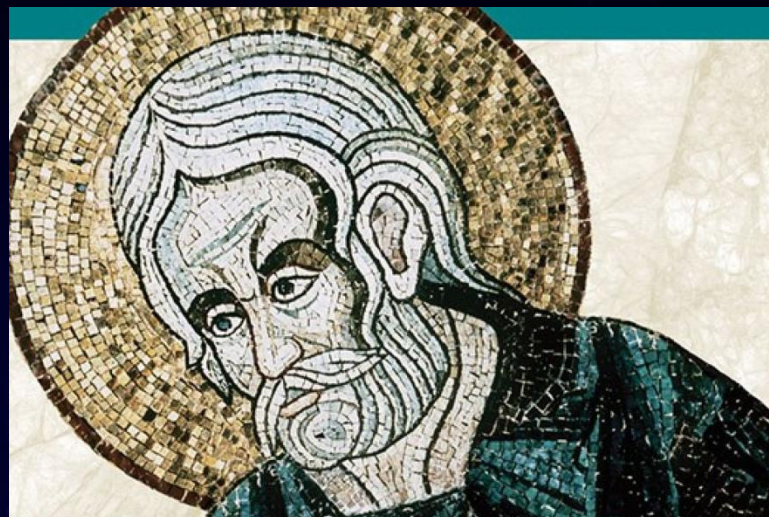
Hebrews 1:3-4

1. God reveals His love through his Son.



“Shaped by His Son”
Part 1. The Son Superior to Angels

1. God reveals His love through his Son.



in these last days
God has spoken to us
by His Son Whom He
appointed the Heir of
all things, and through
Whom also He made
the world.

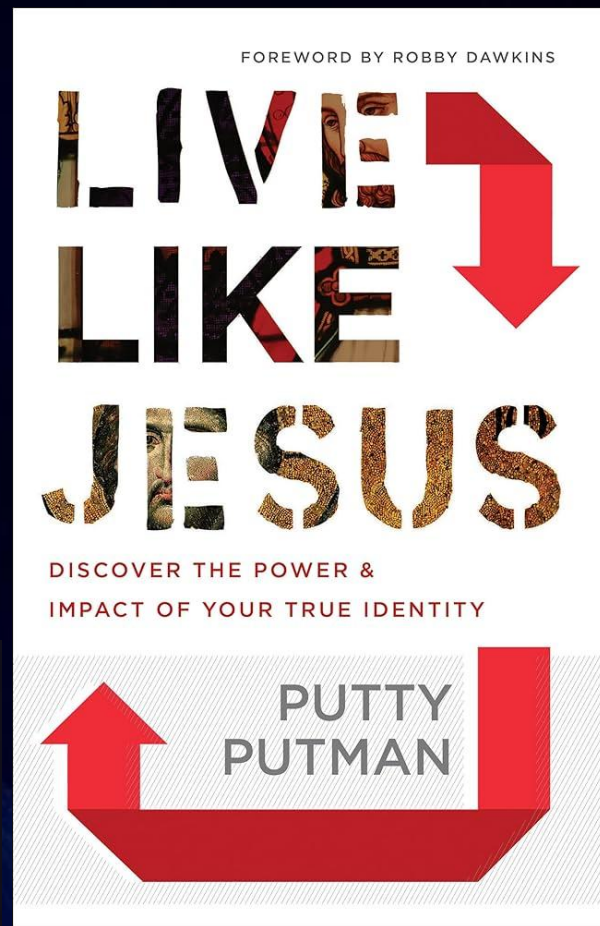
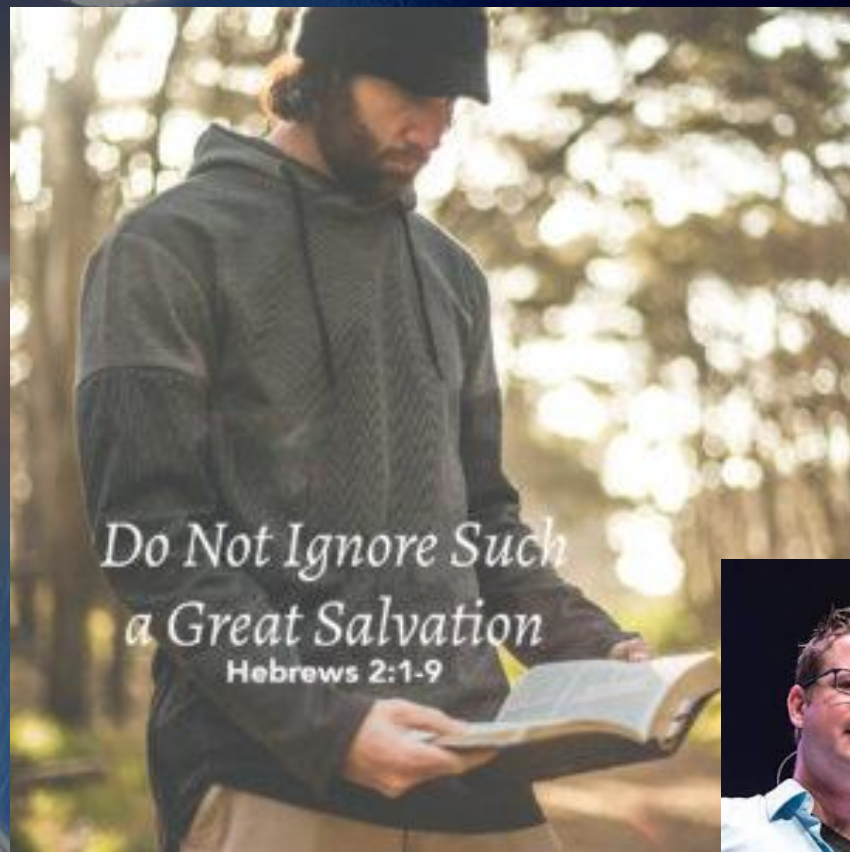
Hebrews 1:2

*He was in the world, and though the world was made through him, **the world did not recognized him**. He came to that which was his own, but **his own did not received him**. Yet all who receive him, to those who believe in his name, he gave the right to become **children (sons) of God**, children born not of natural descent, nor of human decision or a husband's will, but born of God.*
John 1:10-13

“Shaped by His Son”

Part 1. The Son Superior to Angels

1. God reveals His love through his Son.



“Shaped by His Son”
Part 1. The Son Superior to Angels

- 1. God reveals His love through his Son.*
- 2. The Son is the radiance of his glory and the exact representation of his being.*

“Shaped by His Son”
Part 1. The Son Superior to Angels

2. The Son is the radiance of his glory and the exact representation of his being.

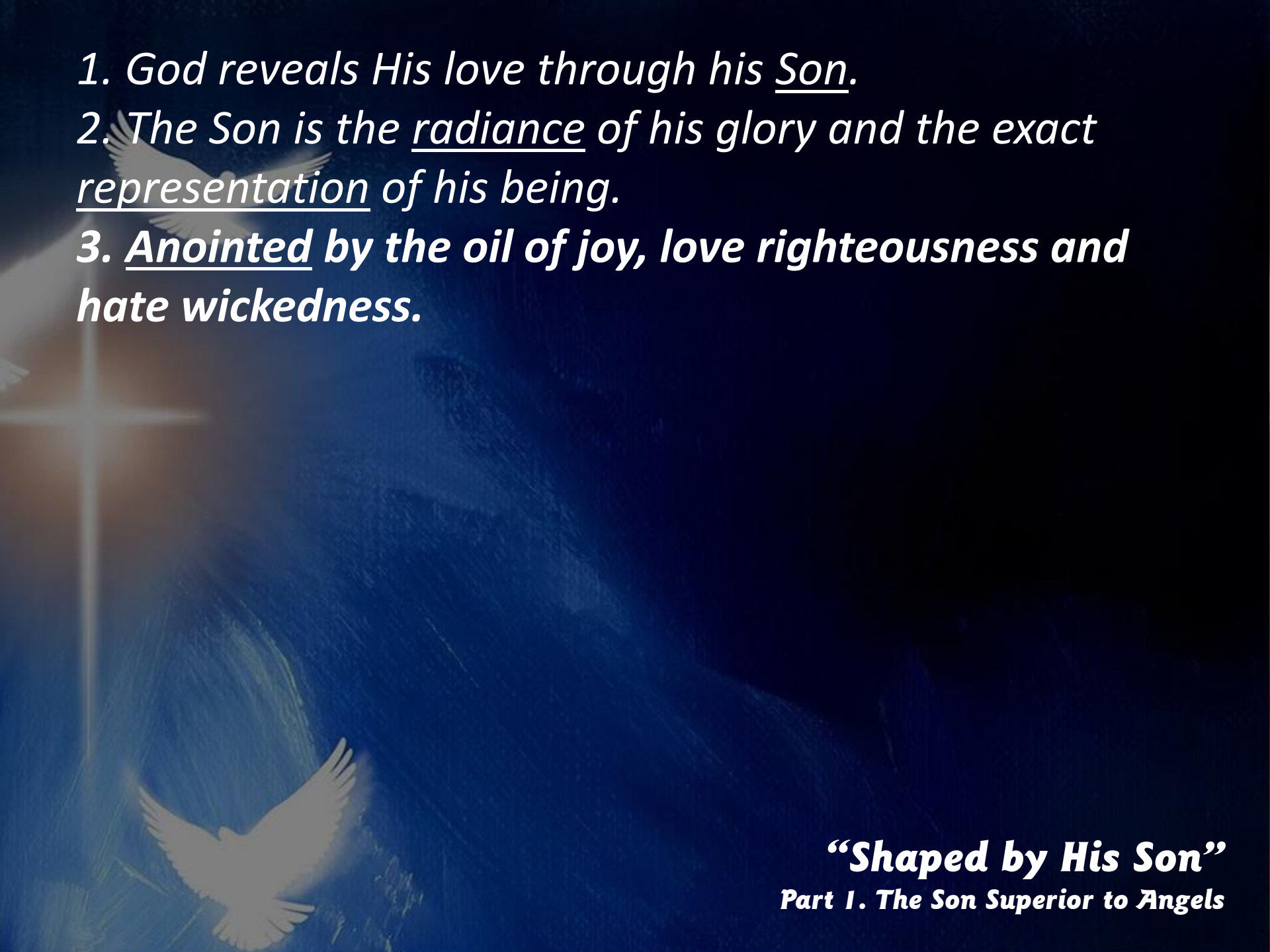


But we see
JESUS,

who was made a little lower than the angels,
for the suffering of death crowned with glory and honor,
that He, by the grace of God,
might taste death for everyone.
For it was fitting for Him,
for whom are all things and by whom are all things,
in bringing many sons to glory,
to make the captain of their salvation perfect
through sufferings.

(Hebrews 2:9-10)

“Shaped by His Son”
Part 1. The Son Superior to Angels

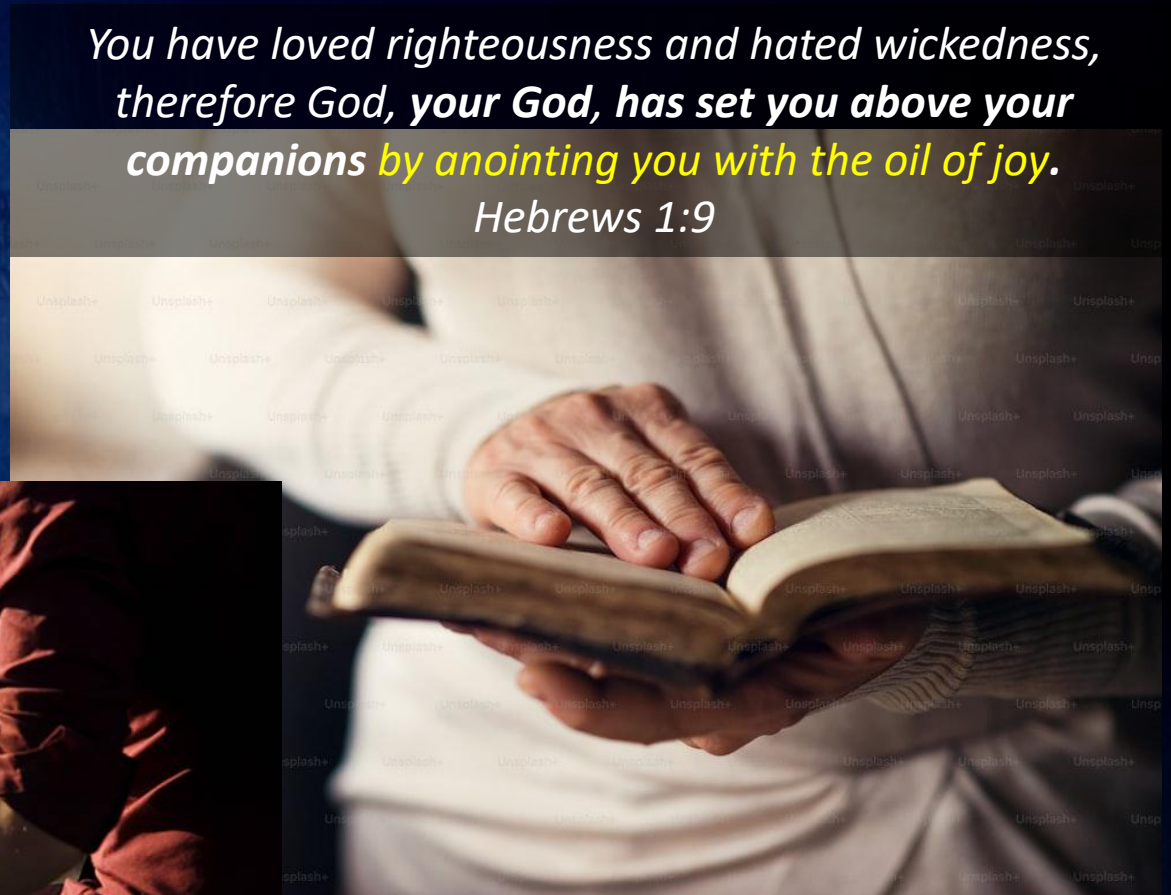
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- A white dove is depicted in flight, its wings spread wide, against a dark blue background. The dove is positioned in the upper left quadrant of the image. A faint, glowing cross is visible in the background, centered behind the dove. The overall scene is serene and symbolic.
1. *God reveals His love through his Son.*
 2. *The Son is the radiance of his glory and the exact representation of his being.*
 3. *Anointed by the oil of joy, love righteousness and hate wickedness.*

“Shaped by His Son”
Part 1. The Son Superior to Angels

3. Anointed by the oil of joy, love righteousness and hate wickedness.

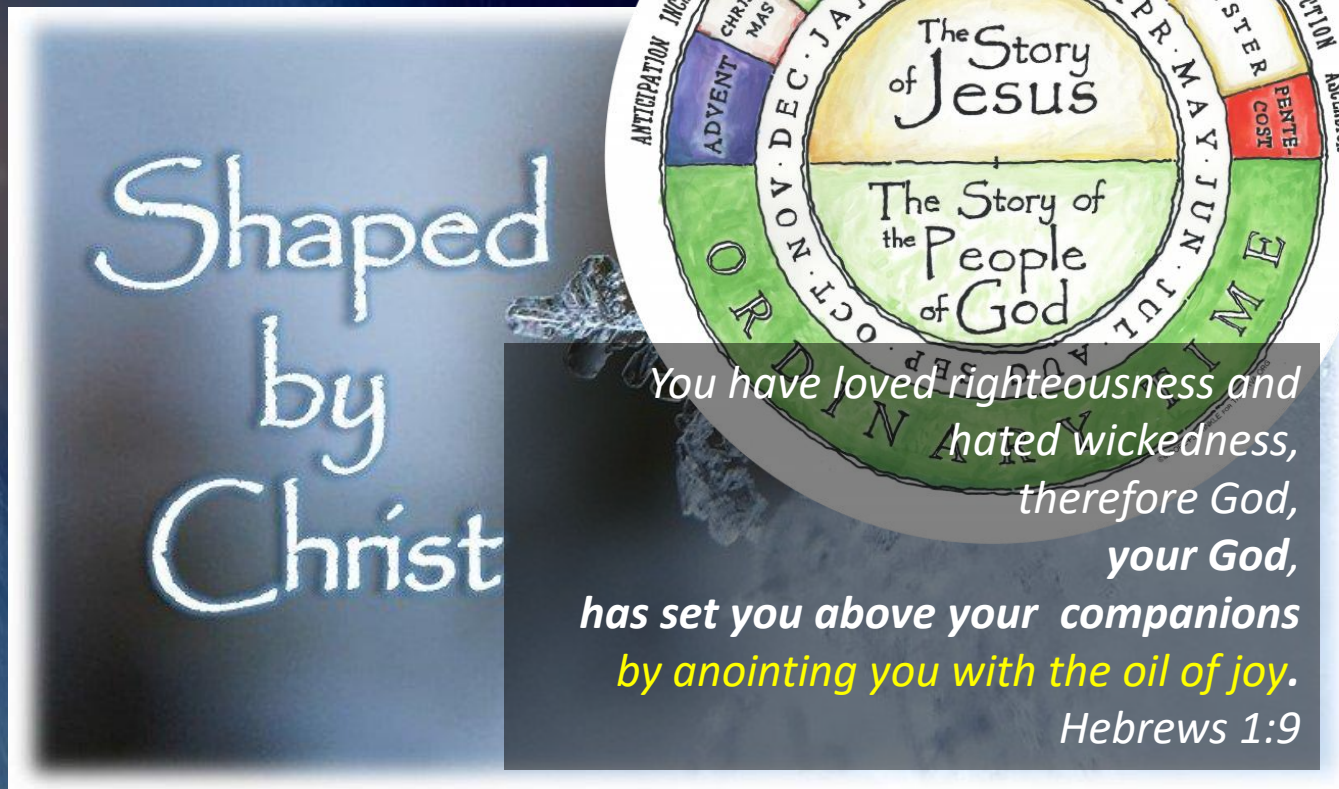
*You have loved righteousness and hated wickedness, therefore God, your God, has set you above your companions **by anointing you with the oil of joy.***

Hebrews 1:9



“Shaped by His Son”
Part I. The Son Superior to Angels

3. Anointed by the oil of joy, love righteousness and hate wickedness.



The diagram is a circular wheel representing the Christian year. The center is divided into two halves: the top half is yellow and labeled 'The Story of Jesus', and the bottom half is green and labeled 'The Story of the People of God'. The wheel is divided into 12 segments, each representing a month and a season. The segments are: ANTICIPATION (ANTICIPATION), INCARNATION (CHRISTMAS), REVELATION (EPIPHANY), CRUCIFIXION (LENT), RESURRECTION (EASTER), ASCENSION (PENTECOST), ANTICIPATION (ANTICIPATION), INCARNATION (CHRISTMAS), REVELATION (EPIPHANY), CRUCIFIXION (LENT), RESURRECTION (EASTER), ASCENSION (PENTECOST). The months are labeled around the inner edge: JAN, FEB, MAR, APR, MAY, JUN, JUL, AUG, SEPT, OCT, NOV, DEC. The text 'Shaped by Christ' is written in a stylized font on the left side of the diagram.

You have loved righteousness and hated wickedness, therefore God, your God, has set you above your companions by anointing you with the oil of joy.
Hebrews 1:9

“Shaped by His Son”
Part 1. The Son Superior to Angels