

EMBODYLOVEWORKSHOP™

A PROGRAM BY



EMBODYLOVEMOVEMENT®

2017

DATE

OPTIONS

January 17th, 5-8 PM

March 21st, 5-8 PM

May 16th 1, 5-8 PM



embody Love for Women!

EXPOSE
MEDIA MYTHS

CHANGE THE
CONVERSATION

COMMIT TO
COMPASSION

RECOGNIZE
YOUR WORTH



How to register: www.IntegratedPsychotherapy.com/groups-workshops.html

The fee is: \$45

The Embody Love Workshop™ is a transformational journey that will lead you to finding radical self-acceptance. Through media literacy, experiential exercises, embodied expression, and processing with peers, you will leave behind the critic and instead embrace compassion. This workshop is designed to shift us away from isolation and into inter-dependency as we work together to create a world where we all feel lovable without condition.

embodylovemovement.org

Facilitator: Sherri Snyder-Roche, MA, LMHC Certified Embody Love Facilitator

Location: Either at Integrated Psychotherapy 31 Hasting Street Mendon, MA or at The Victorian Mansion in Whitinsville (details to follow) To Register, go to:
www.IntegratedPsychotherapy.com/groups-workshops