



2018 Annual Dues

The Lancaster Striders annual dues (\$15.00) are currently being collected. To ensure that we have the correct information on file, please fill out information below and return. *Make check payable to: Lancaster Striders*

Mail to

Gary Guzek

180 Kristoria Lane

Alden, NY 14004

Name: _____

E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone # (_____) _____ - _____

New Years Day Run

Striders will be meeting up in Como Lake Park this January 1, 2018 to start off a new year of running and entertaining ourselves. The run/walk/freezing to death will take place at 12 noon at the main shelter next to the sledding hill.

Following this, you are all invited to added a thawing out party at Steve Metz home. He is located at 22 Lakeside Cresent, Lancaster NY 14086.

Feel free to bring a appetizer to pass. There will be beer, scotch and cigars once again.

Safe and happy 2018 running.



Annual Lancaster Strider Banquet

January 27, 2018 at 6pm

Lancaster Elks Lodge - 33 Legion Parkway

Lancaster (village), New York 14086

\$25.00 per person

Payment Due by 1/24/18

Make Check Payable to: Lancaster Striders

Mail to

Gary Guzek

180 Kristoria Lane

Alden, NY 14004

Name/Guests: _____

Banquet Committee is looking for help. Anyone interested, please contact Mark Reist at 417-7250 or email roosterm@roadrunner.com

Start thinking of those Striders that you would like to nominate for the 2017 Awards

Rookie of the Year—given to a new Strider who came on to the scene with great enthusiasm and involvement in the club.

Comeback of the Year—Strider who overcame injury/surgery/setback to return to the running scene with great enthusiasm and determination

Most Improved Runner—Strider that made great improvements in their running ability, times and accomplishments

Female Runner of the Year—Female with great running accomplishments and race participation in 2016

Male Runner of the Year—Male with great running accomplishments and race participation in 2016

Mal Francis Runner of the Year 2017—given to the Strider with the greatest spirit and involvement on and off the race course, exhibits extreme enthusiasm and dedication to the club.