

# GYM PROGRAM

**GET ACTIVE - STAY ACTIVE**

Physical therapy evaluation prior to starting program to determine needs and educate on equipment.

## Benefits:

- Professional Supervision by a Physical Therapist
- Customized Exercise Plan designed around your health needs & goals
- Program modification as goals are met
- \$20 / month - No Contracts

## Hours:

Monday-Thursday 8:30am-5:30pm  
Fridays 8:30am-2:00pm

**Call (563) 583-3408 to set up an initial evaluation today!**



 **UNIFIED THERAPY**  
**Health Services**

**Location:**  
1880 Radford Rd. Ste. 4  
Dubuque, IA 52002  
[www.unifiedtherapy.com](http://www.unifiedtherapy.com)