


MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

41 West Center Street, Mt. Gilead, OH 43338

Phone 419.946.4191 * 419.946.1037 facsimile

JUNE 2018 MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Roast Beef Mashed Potatoes Beets Applesauce Pudding Roll Milk
4 Stuffed Peppers String Cheese Fruit Cocktail Bread Graham Crackers Milk	5 Chicken Pot Pie Broccoli Pears Fruit Juice Biscuit Milk	6 Salisbury Steak Mashed Potatoes Carrots Apples Muffin Milk	7 Shredded Beef Vegetable Soup Tossed Salad Peaches Bun Milk	8 Pork Cutlet Mixed Vegetables Cole Slaw Pineapple Animal Crackers Bread Milk
11 Beef Stew Cauliflower and Peas Grape Juice Biscuit Bread Milk	12 Meatloaf Peas Mashed Potatoes Peaches Animal Crackers Bread Milk	13 Chicken Breast Scalloped Potatoes Carrots Pineapple Bread Mini Sandies Milk	14 Veal Stuffed Pepper Soup Tossed Salad Oranges Bun Milk	15 Breakfast Sausage Hash Browns Apple Juice Strawberries French Toast Animal Crackers Milk
18 Ham Green Beans Sweet Potatoes Mixed Fruit Animal Crackers Bread Milk	19 Walking Taco Shredded Lettuce Diced Tomatoes Peaches Doritos Mexican Brown Rice Milk	20 Chicken Leg Broccoli Red Skin Potatoes Fruit Cocktail Bread Cookie Milk	21 Egg Salad Chicken Noodle Soup Tossed Salad Tomatoes Oranges Bun Milk	22 Lasagna Grape Juice Mixed Vegetables Pears & Blue Berries Bread Milk
25 Chicken Breast Sliced Potatoes Succotash Apples Muffin Milk	26 Salisbury Steak Mashed Potatoes Cauliflower Peas Oranges Bread Milk	27 Pulled Pork Scalloped Potatoes Cole Slaw Pineapple Roll Milk	28 Shredded Beef Split Pea Soup Tossed Salad Melon Bun Milk	29 Macaroni & Cheese Applesauce Northwest Vegetable Blend Orange Juice Bread Milk
6 LUNCH IS SERVED DAILY FROM 11:30-12:30. PLEASE NOTE MENU IS SUBJECT TO CHANGE.				

Please keep in mind.

1. If you would like a Deli Meal option instead of the Hot Meal, we need a 3-day notice.
2. They offer home style frozen meals as well, we would need 1 week notice for these.
3. It is also very important that you cancel your meal by 1:00pm the day before your delivery. We know emergencies happen, but please let us know as soon as you can so we can take you off the route for the day.
4. We cannot leave a meal if you are not home.

Please feel free to call if you have any issues or concerns