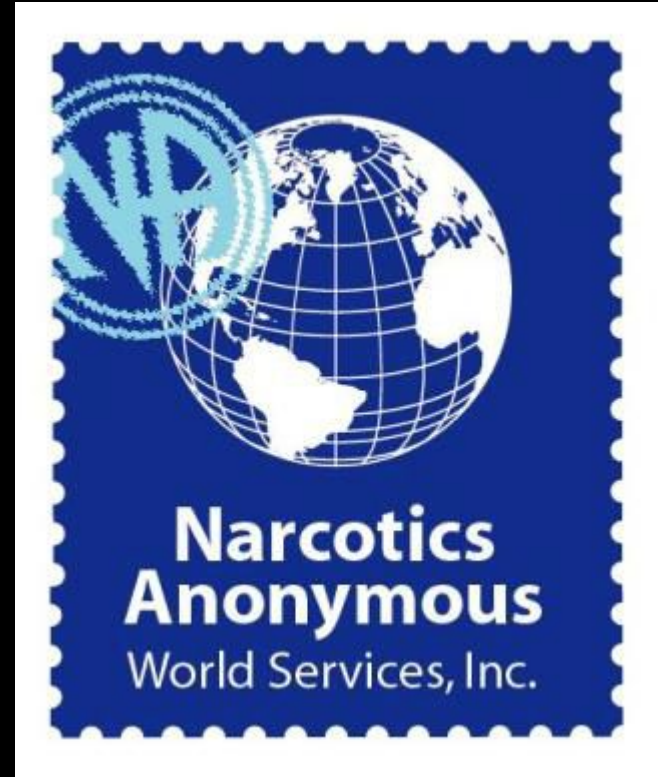


**Narcotics
Anonymous:**

**A Vital
Community
Resource**



Informing Professionals and the Public

Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. NA was founded in 1953, and our membership growth was minimal during our initial twenty years as an organization. Since the publication of our Basic Text in 1983, the number of members and meetings has increased dramatically. Today*, NA members hold nearly 67,000 meetings weekly in 139 countries. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.



Origin of our name: Why “Narcotics?”

N.A. is not a drug-specific program and has universal appeal to all who share the disease of addiction

Commonly used for all illegal substances at the time of our inception in 1953

History

1953

Adapted from Alcoholics Anonymous.

Regular NA meetings started in Los Angeles, CA.

1983

Explosive growth coincided with publishing of the book Narcotics Anonymous

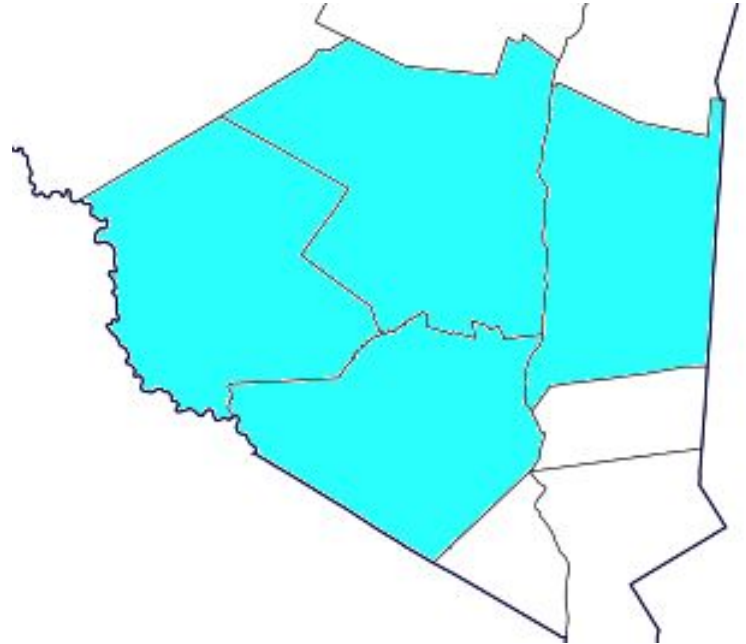
2016

As of April 2016, there are nearly 67,000 meetings in 139 countries

Open Arms Area of NA

Orange, Ulster, Dutchess
and Sullivan Counties

Currently 53 meetings
weekly as of June 2017



What is NA?

A Vital Resource

A Support Network:

Therapeutic value of
one addict helping
another

Adjunct to treatment
professionals in
continuing care

A process of
change through the
Twelve Steps

The NA Meeting:

Primary vehicle
for delivering the
NA message of
recovery

Experienced
members support
newer members

NA meetings are
self supporting by
those who choose
to contribute
(no fees or dues)

Members often
share their personal
experiences with
addiction and
recovery

Meetings promote
atmosphere of
recovery from drug
dependence

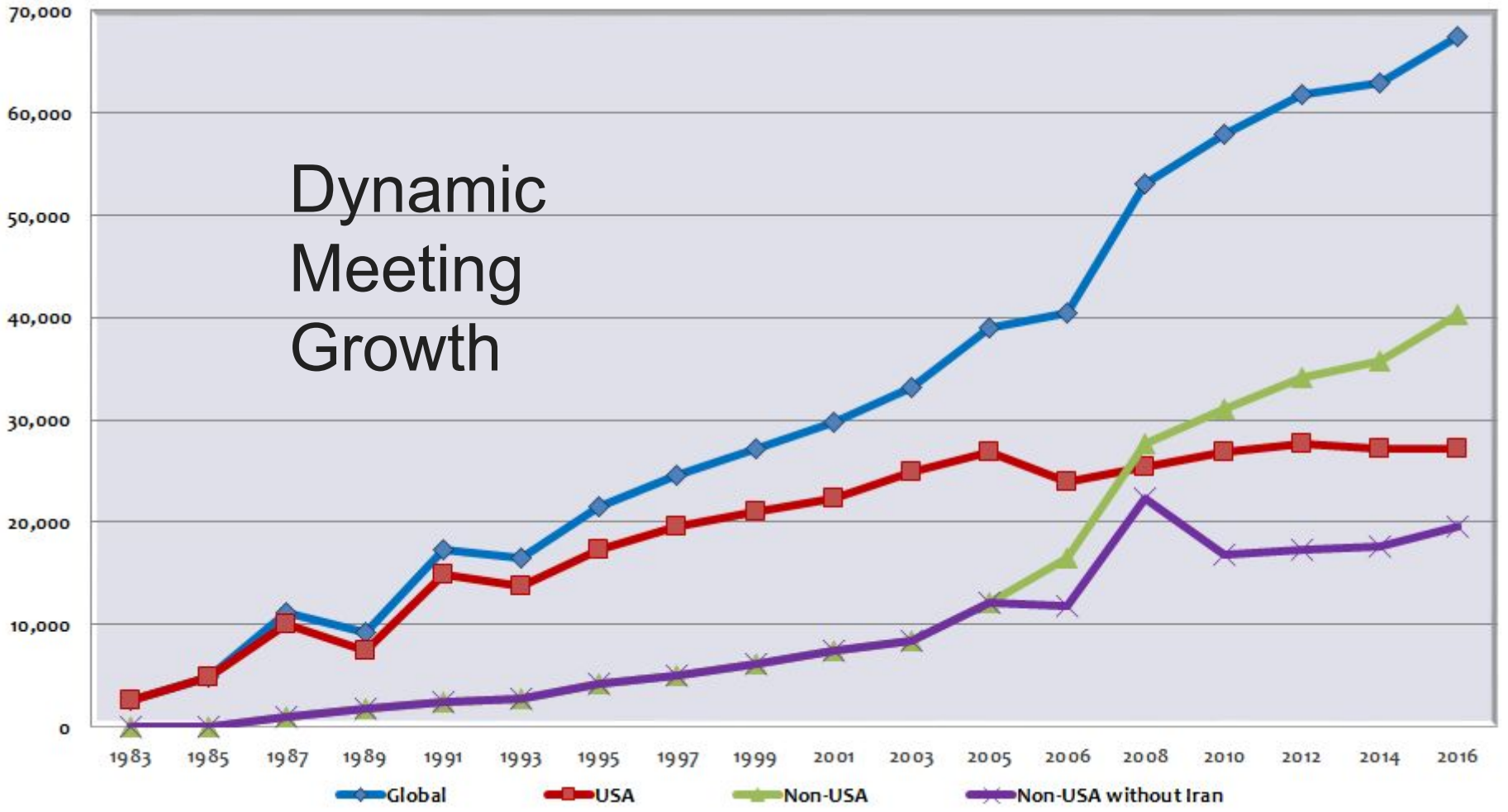
2 or more NA
members gathering
constitutes a
meeting

Guidelines of how to
conduct an NA
meeting are
available

The NA Meeting:

NA meetings provide an environment within which people can help one another stop using drugs and learn to live drug free

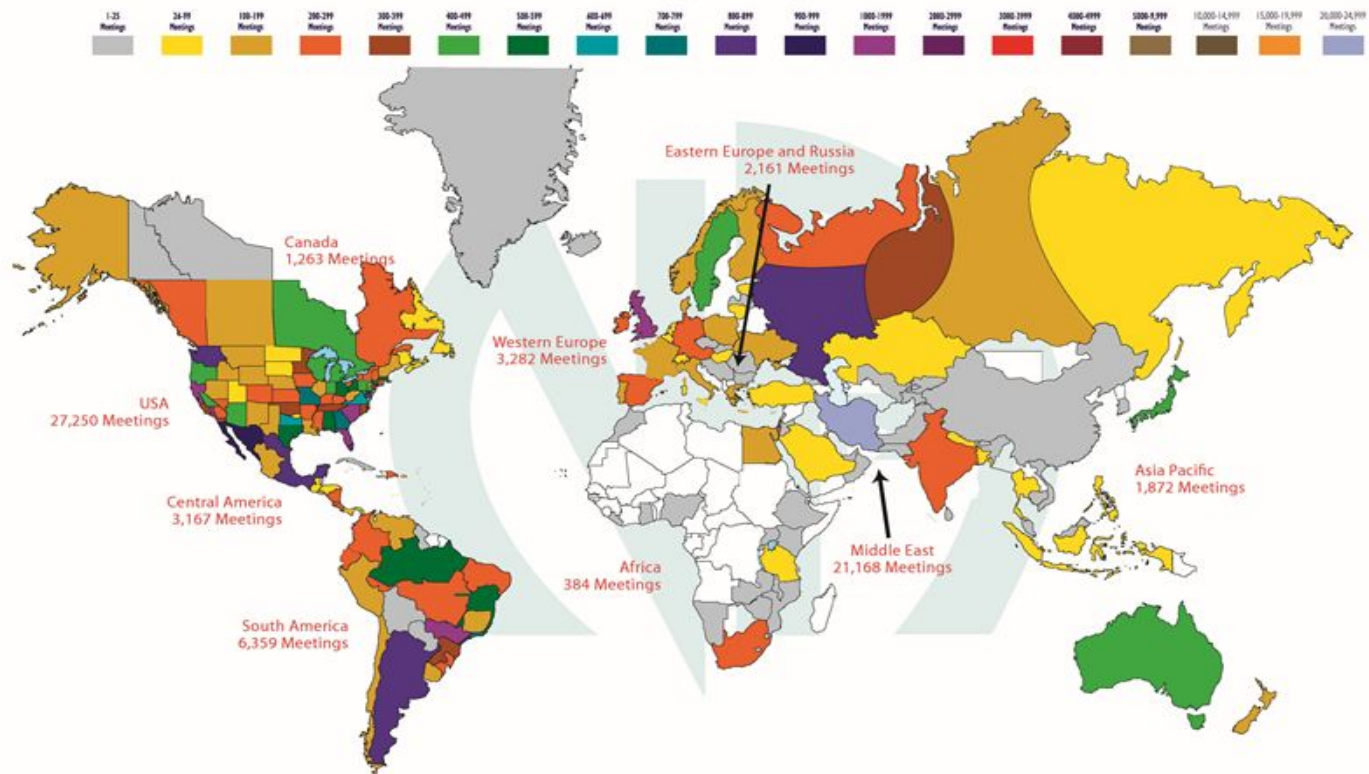
Dynamic Meeting Growth



Regions Around the World

Nearly 67,000 Weekly Meetings Worldwide

(April 2016)



Data is based on regional/zonal reports to WSC 2016 and NAMS database where available. Map not intended to be geographically accurate.

2015 Membership Survey



Carried out Biennially since
1996.

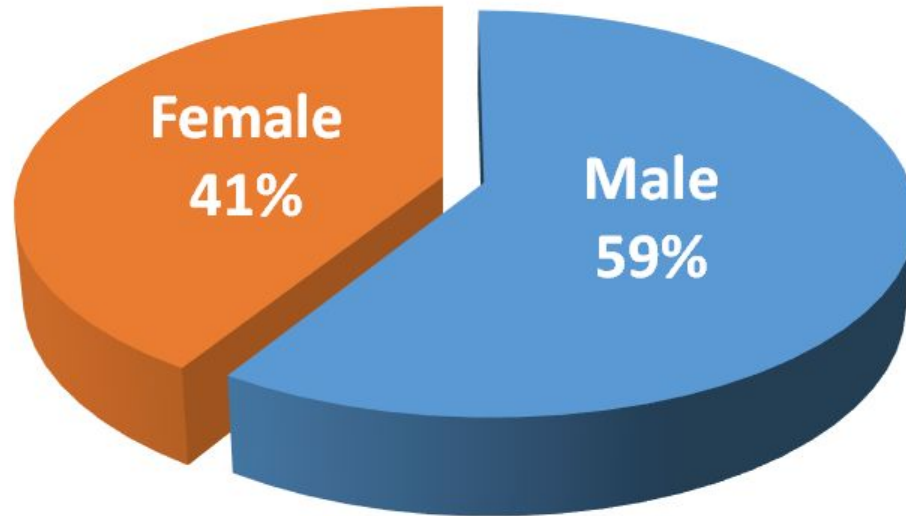
68% rated first NA meeting as
Important or Very Important

Members surveyed averaged
3.23 meetings per week.

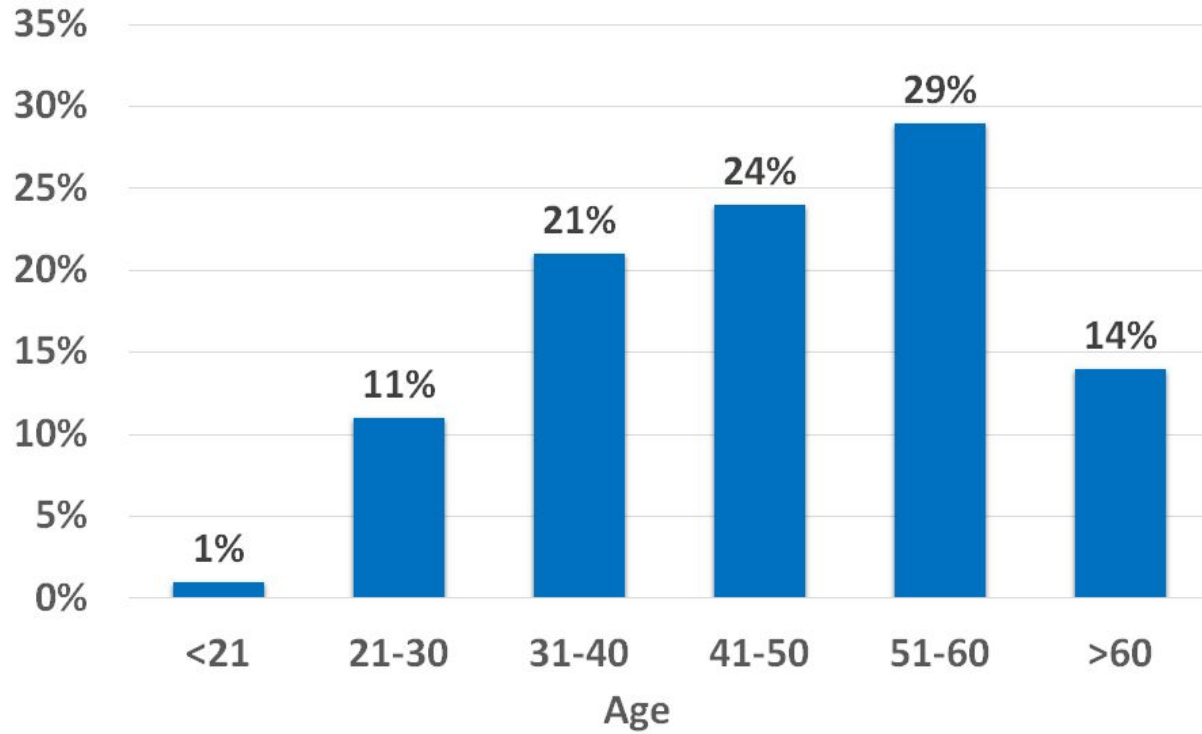
Top three influences to attend first NA Meeting:

1. Treatment / counseling agency
2. Another NA member
3. Family

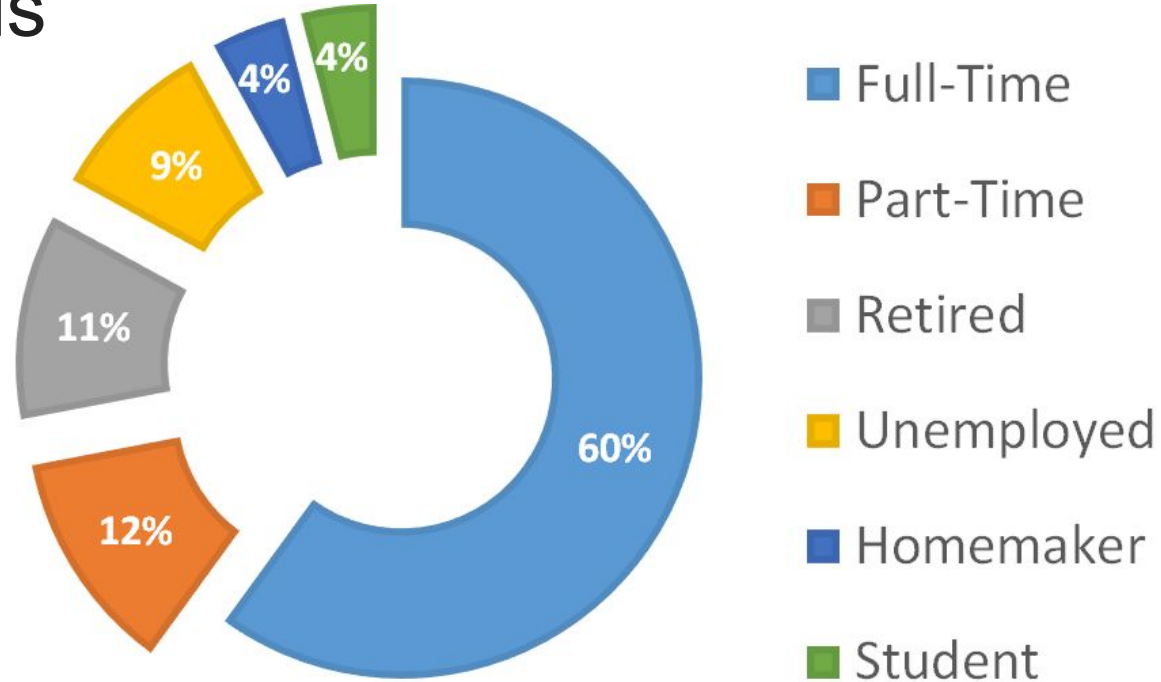
Gender



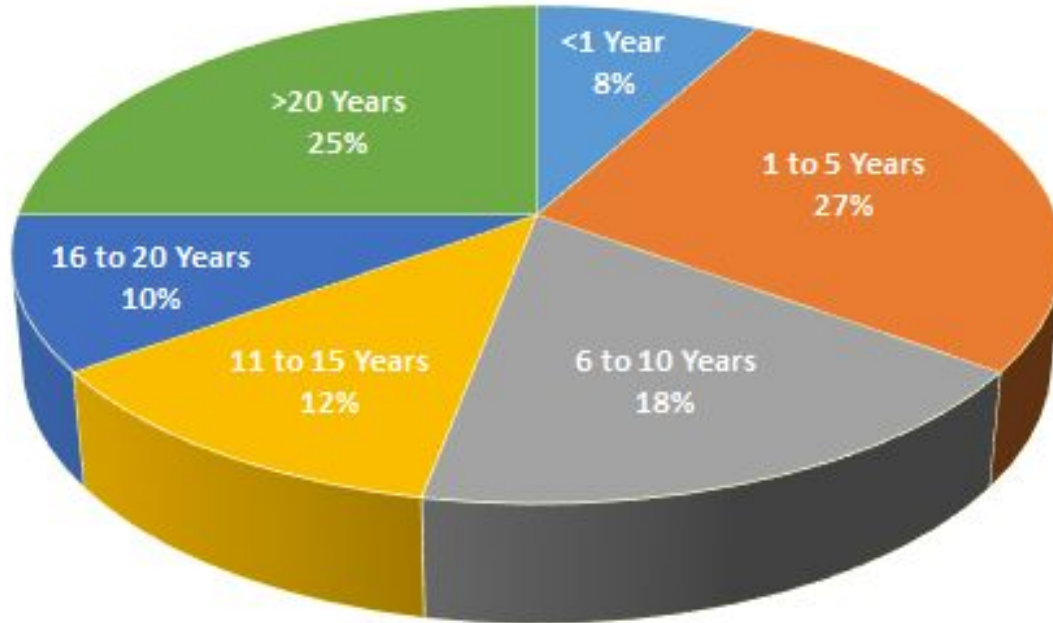
Age



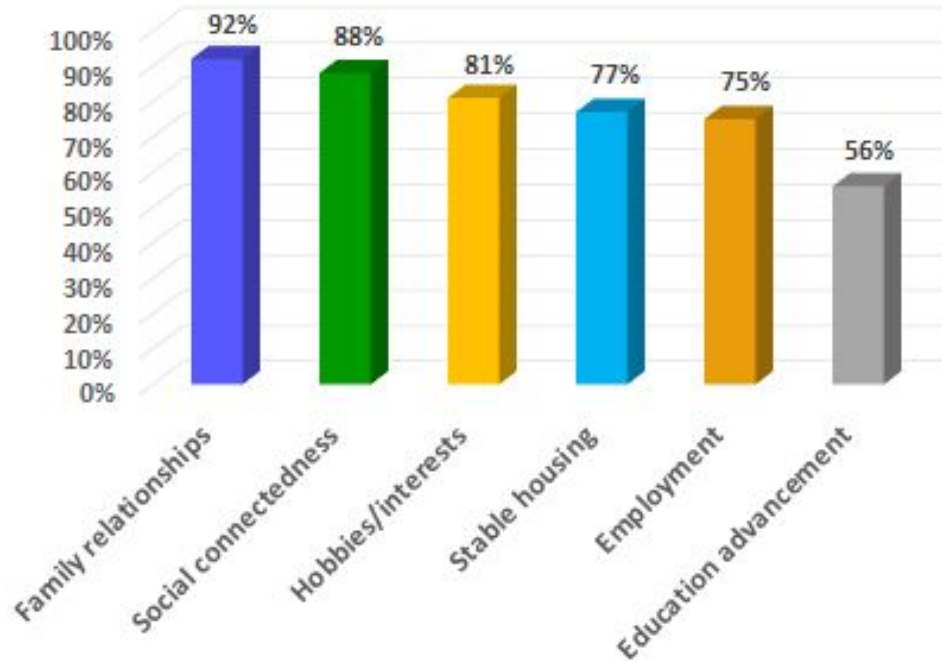
Employment Status



Years Drug Free



Areas of Improvement



NA Literature

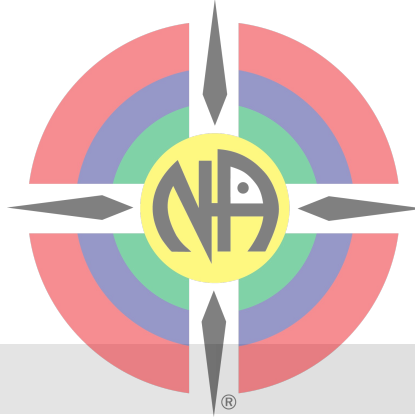
Multiple texts, booklets, and pamphlets

47 Languages

Available online or at meetings



Contacting NA



NA World Services

P.O. Box 9999

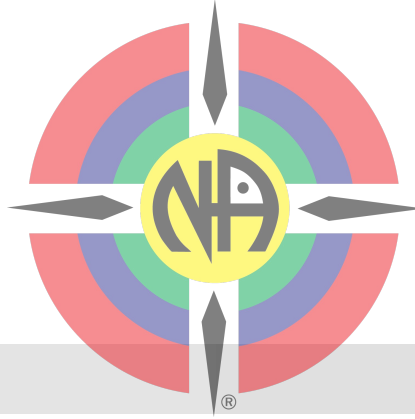
Van Nuys, CA 91409

Phone: 818.773.9999

FAX: 818.700.0700

www.na.org

Open Arms Area



Local NA Helpline:

800-498-5224

www.openarmsarea.net

openarmsareapi@gmail.com