

SEPTEMBER 2024

Preston Hollow UMC Child Development Center

Monday

2

Closed

Breakfast Snack: Cheese toast

9

Lunch: Black bean enchiladas w/mild salsa, guacamole, cilantro rice, applesauce

Afternoon Snack: Cinnamon pita chips

Breakfast Snack: Cinnamon toast

16

Lunch: Macaroni & cheese w/squash puree, spinach salad w/ ranch dip, fruit cocktail

Afternoon Snack: Vanilla pudding

Breakfast Snack: Pancakes w/maple syrup

23

Lunch: Vegetable soup w/cornbread, pineapple

Afternoon Snack: Yoplait yogurt

Breakfast Snack: French toast Sticks

30

Lunch: Tomato soup w/crackers, carrot-raisin salad, mandarin oranges

Afternoon Snack: Strawberry Chex mix

Tuesday

3

Closed

Breakfast Snack: Yoplait yogurt

10

Lunch: Spaghetti in marinara sauce, garden salad, mandarin oranges

Afternoon Snack: Graham crackers

Breakfast Snack: Blueberry scone

17

Lunch: Turkey bacon, lettuce, tomato sandwich, veggie chips, peaches

Afternoon Snack: Animal crackers

Breakfast Snack: Bagel w/jelly

24

Lunch: Greek style chicken pita pockets, garden salad, fruit cocktail

Afternoon Snack: Cheez-Its

Wednesday

4

Closed

Breakfast Snack: Banana bread

11

Lunch: Turkey meatloaf, green beans, fruit cocktail

Afternoon Snack: Goldfish crackers

Breakfast Snack: Nutri Grain bar

18

Lunch: Chicken w/mushroom gravy, roll, peas, mandarin oranges

Afternoon Snack: Pita chips w/hummus

Breakfast Snack: Nutri Grain bar

25

Lunch: Turkey bologna sliders, cucumber-tomato salad, peaches

Afternoon Snack: Pirate Booty snack

Thursday

5

Breakfast Snack: Nutri Grain bar

Lunch: No nut butter & jelly sandwich, veggie chips, pineapple

Afternoon Snack: String cheese w/crackers

Breakfast Snack: Cereal w/milk

12

Lunch: Chicken & rice casserole, broccoli, peaches

Afternoon Snack: Fig Newton bar

Breakfast Snack: Cereal w/milk

19

Lunch: Turkey & cream cheese roll ups, garden salad w/ranch dressing, mixed berries

Afternoon Snack: Fruit snacks

Breakfast Snack: Cereal w/milk

26

Lunch: Asian stir fry rice & chicken, edamame, pears

Afternoon Snack: String cheese w/raisins

Friday

6

Breakfast Snack: Biscuit w/honey

Lunch: Tuna pasta salad w/Hawaiian roll, carrot sticks w/ranch dip, pears

Afternoon Snack: Made Good organic bars

Breakfast Snack: Cinnamon biscuit

13

Lunch: Fish sticks w/tartar sauce, veggie chips, apple slices

Afternoon Snack: Quaker rice cakes

Breakfast Snack: BelVita bars

20

Lunch: Fish tacos, coleslaw, mild salsa, baked tortilla chips, pears

Afternoon Snack: Graham crackers

Breakfast Snack: Raisin bread

27

Lunch: Fish sticks w/ketchup, veggie chips, mixed berries

Afternoon Snack: Pretzel Crisps w/dip

