

DRY AGED ALBERTA BEEF

Prices in effect until Jan 31/2023

Premium Beef Oven Roasts



Sirloin Tip Roast..... \$ 8.49/lb. (\$18.72/kg)



Inside Round Roast..... \$ 8.49/lb. (\$18.72/kg)



Outside Round Roast.. \$ 7.99/lb. (\$17.61/kg)



Eye of Round Roast.... \$ 9.49/lb. (\$20.91/kg)



Bnls Cross Rib Roast... \$ 8.99/lb. (\$19.82/kg)



Boneless Blade Roast... \$ 8.49/lb. (\$18.72/kg)



B&R Prime Rib Roast. \$19.99/lb. (\$44.07/kg)

Speciality Beef Cuts



Beef Braising Ribs 2" \$ 9.99/lb. (\$21.99/kg)



Beef Maui Ribs 1/4" \$ 10.99/lb. (\$24.23/kg)



Beef Finger (Back) Ribs. \$ 9.99/lb. (\$21.99/kg)



Texas Style Long Ribs . \$ 9.99/lb. (\$21.99/kg)



Lean Stir Fry Strips..... \$ 9.99/lb. (\$21.99/kg)



Lean Stewing Beef..... \$ 8.49/lb. (\$18.72/kg)

Beef Primal Cuts



Whole Bnls Cross Rib \$ 8.29/lb. (\$18.28/kg)



Whole Boneless Blade \$ 7.99/lb. (\$17.61/kg)



Beef Butt Tenderloin... \$22.99/lb. (\$50.68/kg)



Top Sirloin Butt..... \$ 9.99/lb. (\$22.02/kg)



Whole Striploin (uncut) \$15.49/lb. (\$34.15/kg)



Whole Ribeye (uncut).. 16.99/lb. (\$37.46/kg)

Premium Beef Grilling Steaks



T-Bone Steak..... \$15.49/lb. (\$34.15/kg)



Strip Loin Steak..... \$16.99/lb. (\$37.46/kg)



Ribeye Steak..... \$18.99/lb. (\$41.86/kg)



Tenderloin Steak..... \$24.99/lb. (\$55.09/kg)



Top Sirloin Butt Steak \$12.69/lb. (\$27.98/kg)



Prime Rib Steak..... \$18.99/lb. (\$41.86/kg)

Premium Beef Marinating Steaks



Tenderized Minute Stk. \$ 7.99/lb. (\$17.61/kg)



Flank Steak..... \$ 8.99/lb. (\$19.82/kg)



Inside Round Steak..... \$ 8.99/lb. (\$19.82/kg)



Beef Skirt Steak..... \$ 7.99/lb. (\$17.61/kg)



Beef Hanging Tender.. \$ 7.99/lb. (\$17.61/kg)

Premium Beef Simmering Steaks



Bnls Cross Rib Steak.... \$ 8.99/lb. (\$19.82/kg)



Bnls Blade Steak..... \$ 8.99/lb. (\$19.82/kg)



Bone In Blade Steak.... \$ 7.99/lb. (\$17.61/kg)

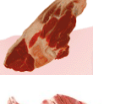
Various Beef Cuts



Whole Beef Brisket..... \$ 5.99/lb. (\$13.21/kg)



Beef Brisket Point..... \$ 7.99/lb. (\$17.61/kg)



Bone In Beef Shank.... \$ 3.99/lb. (\$8.80/kg)



Boneless Beef Shank.... \$ 6.99/lb. (\$15.41/kg)



Whole Beef Flank..... \$ 4.99/lb. (\$10.99/kg)

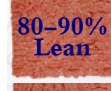
FROZEN GROUND MEATS



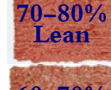
Ground Beef (1 lb packs)



Extra Lean Ground Beef. \$ 6.49/lb. (\$14.31/kg)



Lean Ground Beef..... \$ 5.99/lb. (\$14.31/kg)



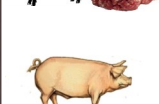
Medium Ground Beef... \$ 5.49/lb. (\$12.10/kg)



Regular Ground Beef.... \$4.99/lb. (\$11.00/kg)



Lean Beef (4 or 6 oz) Patties. \$6.99/lb. (\$15.41/kg)



Ground Lamb (Medium) \$10.99/lb. (\$24.23/kg)



Ground Pork (1 lb packs)



Lean Ground Pork..... \$ 4.99/lb. (\$10.99/kg)

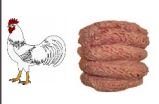


Regular Ground Pork.... \$ 3.99/lb. (\$8.79/kg)



Lean Pork (4 or 6 oz) Patties. \$ 4.99/lb. (\$10.99/kg)

Ground Poultry (1 lb packs)



Lean Ground Chicken.... \$ 9.49/lb. (\$20.92/kg)

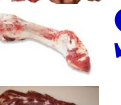


Lean Ground Turkey..... \$ 9.49/lb. (\$20.92/kg)

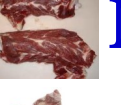
Beef Bones (5-10 lb bags)



Mixed Beef Bones (Cut) \$ 1.99/lb. (\$4.39/kg)



Shank Bones (Whole)... \$ 2.49/lb. (\$5.49/kg)



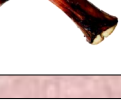
Neck Bones (Meaty).... \$ 2.49/lb. (\$5.49/kg)



Knuckle Bones (Cut).... \$ 1.99/lb. (\$4.39/kg)



Marrow Bones (Cut 2") \$ 3.99/lb. (\$8.79/kg)



Smoked Shank Bones.. \$ 3.49/lb. (\$7.69/kg)

Beef Offal Cuts



Beef Tongue..... \$ 8.99/lb. (\$19.82/kg)



Beef Oxtail (Cut)..... \$ 8.99/lb. (\$19.82/kg)



Beef Liver (Whole)..... \$ 2.99/lb. (\$6.60/kg)



Beef Liver (Sliced)..... \$ 4.99/lb. (\$11.00/kg)



Beef Heart..... \$ 3.99/lb. (\$8.79/kg)

Ground Offal (Pet Food)... \$ 2.39/lb. (\$5.28/kg)