

October 2018

Menu

	Mon. Oct 1	Tues. Oct 2	Wed. Oct 3	Thurs. Oct 4	Fri. Oct 5
A.M. Snack 8:00-8:45	Cereal Milk	Poptart Milk	Muffins Milk	Cereal Milk	Granola Bar Milk
Lunch 11:00-12:00	Hot Dogs Bun French Fires Blueberries Milk	Taco Meat Crackers Assorted Veggies Oranges Milk	Tuna Noodle Casserole Peas Peaches Milk	Ham Slice Bread Carrots Pineapples Milk	Chicken Patty with a Bun Baked Beans Assorted Fruit Milk
P.M. Snack 2:45-3:30	Cheese Its Carrot Sticks and Water	Pudding Juice	Cinnamon Bar Milk	Graham Crackers Milk	Wheat Thins Juice
	Mon. Oct 8	Tues. Oct 9	Wed. Oct 10	Thurs. Oct 11	Fri. Oct 12
A.M. Snack 8:00-8:45	Bagels W Cream Cheese Milk	Yogurt Milk	Granola Bar Milk	Jelly Bread Milk	Cereal Milk
Lunch 11:00-12:00	Sausage Links Buttered Bread Baked Beans Apples Milk	Spaghetti w/ Meat Corn Oranges Milk	Cold Meat Crackers Potatoes Pineapple Milk	Sloppy Joe w/Bread Peas Peaches Milk	Scrambled Eggs Toast Hash Browns Assorted Fruit Milk
P.M. Snack 2:45-3:30	Rice Cakes Milk	Pretzels Juice	Muffins Milk	Goldfish Milk	Snack Mix Juice
	Mon. Oct 15	Tues. Oct 16	Wed. Oct 17	Thurs. Oct 18	Fri. Oct 19
A.M. Snack 8:00-8:45	Cereal Milk	Cinnamon Bar Milk	Nutri Grain Bar Milk	Cereal Milk	Pancakes Milk
Lunch 11:00-12:00	Creamed Chicken Roll Mashed Potatoes Strawberries Milk	Waffles Potatoes Cheese Cubes Peaches Milk	Pizza Broccoli Pears Milk	BBQ Chicken with a bun Broccoli and Cheese Pears Milk	Pasta Bake with Hamburger Green Beans Peaches Milk
P.M. Snack 2:45-3:30	Cutie Oranges Milk	Crackers Juice	Snack Mix Milk	Graham Crackers Milk	Cold Meat Juice
	Mon. Oct 22	Tues. Oct 23	Wed. Oct 24	Thurs. Oct 25	Fri. Oct 26
A.M. Snack 8:00-8:45	Poptart Milk	Cereal Milk	Cinnamon Roll Milk	Cereal Milk	Fruit Milk
Lunch 11:00-12:00	Grilled Chicken Butter Bread Green Beans Blueberries Milk	Sausage Chunks Buttered Bread Baked Beans Peaches Milk	Pizza Burgers Sandwiches Peas Pears Milk	Meatballs Corn Applesauce Milk	Toasted Cheese Tomatoes Soup Celery Assorted Fruit Milk
P.M. Snack 2:45-3:30	Animal Crackers Milk	Assorted Veggies Juice In/ Tod Crackers	Ranch Crackers Milk	Chips & Salsa Juice	Vanilla Wafers Milk
	Mon. Oct 29	Tues. Oct 30	Wed. Oct 31	Thurs. Nov 1	Fri. Nov 2
A.M. Snack 8:00-8:45	Cereal Milk	French Toast Milk	Cereal Milk	Nutrigrain Bars Milk	Bagel & Cream Cheese Milk
Lunch 11:00-12:00	Hot Dogs Mac & Cheese Green Beans Oranges Milk	Hamburger with Bread Mashed Potatoes Applesauce Milk	Chicken Nuggets Corn Pears Milk	Scrambled Eggs Pancake Potatoes Peaches Milk	Chicken & Broccoli Casserole Assorted Fruit Milk
P.M. Snack 2:45-3:30	Cheese Slices & Crackers Water	Sweet Treat Milk	Banana Milk	Popcorn/ Puffcorn Juice	Cinnamon Roll Milk

* Snacks include 2 of the food groups

*Lunch includes at least 1 serving of each of the food groups

*All Juice is 100% Juice

*Milk always served with A.M. Snack/Lunch