
Head Heart & Soul

An Educational and Interactive Exploration of the
Human Psycho-Spiritual Experience

Thursday May 8, 2014

6:30 PM—8:00 PM

1216 W. Clay St.

Houston, TX 77019

This event is free and open to all who wish to attend



**With all the diversity that exists among us,
we are united by the shared
experience of being human.**

This presentation will illuminate

*How we disconnect from self and others and live
lives of inauthenticity.*

*Why the past simply cannot be forgotten and
must be resolved.*

*The transformation of negative energies into
desired traits.*

Common themes that bind us as human beings.

The concept of psycho-spirituality.

Presented by Russell V. Richard, LCSW and hosted by the Mankind Project



Russell is a therapist, coach and teacher with 15+ years experience. He is an engaging presenter with a wealth of knowledge that he delivers with clarity and sincerity. Russell assists clients in transforming personal awareness into **success-oriented action** which begins with personal responsibility and the realization that we ALL have the power to create the lives we deeply desire.

Contact Russell at 713.320.7401 or russell@russellrichard.com.

Also visit: russellrichard.com or blog.russellrichard.com