



Holistic Behavior Solutions, LLC

Natural News

IN THE NEWS...

DOG TRAINING IN PRISON...

Something good is happening in prisons across the U.S. Dogs from animal shelters are being paired up with inmates for a training program which proves to be as good for the inmates and guards as for the dogs. Picture this...dogs are imprisoned in over-crowded animal shelters seeking adoption, but plagued with behavioral issues or simply a lack of manners. Men and women are in prison for years with little to look forward to and little to dissuade them from joining gangs and partaking in violence. Prison guards are out-numbered in an extremely high-stress, intensive day-to-day work environment.

Bring in the dogs and life seems to take a turn in the right direction. Dogs that would otherwise be over-looked by potential adopters and given little attention by over-worked shelter personnel are now given attention and training 24 hours a day. They are no longer kept in a crowded, stressful shelter, but are kept in the cell with one or two inmates. These inmates are responsible for their daily care as well as teaching manners and basic obedience skills to increase the likelihood of adoption. Many of these dogs are in the prison for approximately three weeks receiving what is necessary to fit into your average home. Other dogs may be kept for longer and those dogs are often trained to help assist disabled persons.

The outcome is nothing short of amazing! The dogs are shown love for what may be the first time in their lives and the inmates receive unconditional love back. These people may be in prison for 25 years to life and have nothing to lose, yet they must be on their best behavior to get in and stay in these dog training programs. It gives them something to live for and a reason to stay out of trouble and be model citizens. Not only will this help them with

skills when they leave prison, but it makes the job of the prison guards that much easier.

The dogs have a way of bringing everyone, guards and prisoners, together. It gives them a common interest to talk to each other about. The dogs also bring about a sense of peace and brotherhood among the inmates. This program has been especially successful in women's prisons. This is due in part to many of the women having children that have been taken away from them or children that they have limited visitations with. The dogs give them someone to care for and to offer their maternal instinct to.

I believe many of these people are in prison for good reason, but I also believe in giving second chances. Some of these people in their 50's are incarcerated for a crime they committed in the 20's and were never given the guidance needed to make good decisions.

Most of the programs I came across are sponsored by donations, so no tax-payer dollars are necessary to make this happen.

For more info...go to www.pathwaystohope.org.



FEATURED DOG AVAILABLE FOR ADOPTION

Bubba is a sweet boy who loves to ride in the car & get attention from people. He has had a hard life & was dumped in a shelter in horrible condition. He is 8 years old and looking for his forever home. He loves to hang out on the couch and watch TV with his people. Bubba is housebroken, crate trained, quiet & loving. He gets along with dogs of all sizes and genders.



How could you resist a face like this???

Contact HeavenSent Bulldog Rescue at Hsrescue@aol.com and go online to their website at:

<https://www.heavensentbulldogrescue.com/application.html> to fill out an application.

YOUNG LIVING ESSENTIAL OIL OF THE MONTH

Peace & Calming is a beautiful blend of Blue Tansy, Patchouli, Tangerine, Orange And Ylang Ylang. This blend is known for it's calming effects on people who are stressed, hyper-active children and of course our pets. I use Peace & Calming to calm dogs who are frightened by thunderstorms & fireworks, however I think we could all use a little help during the busy & stressful holiday season. Our dogs can get very stressed due to a change in our normal routine due to late nights out shopping, the added rushing around and the addition of guests in the home. Share Peace & Calming with your dog by applying to the bottom of their feet, rubbing on their ears (never pour oils in the ear) and diffusing in the air for everyone in the home to enjoy. Young Living Essential Oils are 100% pure, therapeutic-grade essential oils. Visit... www.holisticbehaviorsolutions.younglivingworld.com for more product information.

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Welcoming Party

With the holidays right around the corner...I thought it was important to talk about what happens when you have company come to your home. Do your dogs jump on people at the front door? Do they get really excited and create commotion while guests are trying to enter your home with a casserole? You're not alone. This is a very common complaint among dog guardians.

Here's how to get started: If you have multiple dogs begin with one dog at a time. Then incorporate one additional dog into the mix until you have your entire pack mastering this. Begin with the dog on leash, have some super tasty treats and a clicker on hand. Invite a dog-friendly neighbor or friend over to assist you. Give your helper a run down of the process over the phone prior to getting to your home. Instruct your friend to knock or ring the door bell just once. Your dog will no doubt get excited, begin to bark and will want to run to the door. This is when you step in. With the dog on leash, remain calm and ask the dog for a sit / wait. If the dog complies offer a click & treat. The dog will likely bounce out of the sit after receiving the treat, so remind him to sit and wait. Once again, click & treat. If the dog is calmly sitting ask your friend to "come in". As the door begins to open your dog is once again likely to pop up, so your friend should be instructed a head of time to close the door quickly and wait for your cue to come in again once your dog is sitting. Do this over and over until your friend can enter the door and walk into the house without the dog moving out of the sit and then release your dog by saying "go visit".

Some dogs will not be so easy. Many will not pay any attention to you as soon as they know a new person has come to see them because let's be honest, all dogs think every visitor has come to visit them. These dogs will have to be worked with prior to anyone coming to your home. Grab your bag of tasty treats, your clicker and go to a quiet room. Teach your dog to look at you by luring his attention up to your face with a treat and point to your nose, click and treat. Do this many times before naming it "watch". Then repeat this in other parts of your home with more distractions and then outside. You should not go outside until you can say "watch" inside and your dog immediately turns his attention to you. Once this is accomplished try having your friend come over. Begin before the dog knows someone is outside by prompting him to "watch" you and offer some very tasty treats, so he knows it is worth listening to you. Then hold your breath and cue your friend. Don't set your expectations too high. This is very difficult for some dogs, but all can learn this with dedicated and consistent work.

Do not attempt this if your dog is reactive or aggressive towards visitors entering your home without seeking the assistance of a positive reinforcement dog trainer.

SAVE SOME TURKEY

Have you ever shared some of your turkey dinner with your dog...maybe you put a few pieces in his bowl after dinner or to make his kibble a little more appetizing. Turkey is a great source of protein for our carnivore friends. But why wait until Thanksgiving. Your pup should enjoy turkey throughout the year along with lots of other fresh meats like beef, chicken, lamb, venison and rabbit. The key here is FRESH!!! Cooked meat is ok, better than processed dog food, but fresh, raw meat is 100 times better. Let's face it if our dogs were let outside tomorrow and left to fend for themselves, they would have to hunt for their food and there would be no ovens around to cook the meat. Dogs are genetically different from wolves through tens of thousands of years of domestication, however their anatomy remains the same and they still possess the enzymes and good bacteria to protect themselves from e-coli and other bad bacteria that humans would become very sick from. Commercial dog food companies are out to make a profit. They don't care if your dog lives into his 20's, yes I said 20's. It is possible with proper diet, nutrition, exercise and a healthy environment. Of course genetics play a factor and much of that is due to many generation of inadequate nutrition that leads to the rise in cancers, allergies and other auto-immune disorders that plague our pets. Dogs are carnivores. They were never meant to eat grains which are not easily digested leaving the body to have to work over time to break down these foreign substances.

The benefits to feeding a raw diet include fewer allergies, better digestion, improved over-all health, cleaner teeth, shiny coats and the possibility of a longer life.

Please Note: Never feed cooked bones to your dog...they can splinter or break apart which can cause serious injury.

Visit www.barfworld.com to learn more about raw feeding.

Recommended Book Of the Month

The Nature of Animal Healing

By Dr. Martin Goldstein, D.V.M.

This is a comprehensive book that will teach you the ins and outs of keeping your pet healthy from a holistic approach. I went to a seminar that Dr. Marty presented a few years ago and it was simply amazing. He has been able to eliminate many illnesses from his veterinary practice through good nutrition, herbs, homeopathics, and other holistic modalities. Every dog guardian should own this book. Dr. Marty's website is www.drmarty.com.

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