

PROVIDING HOPE FOR TOMORROW

When a young person struggles with substance abuse, the whole family struggles. That's why YSS offers residential addiction treatment—a safe place where the recovery needs of youth are provided in a homelike atmosphere.

YSS residential addiction treatment provides successful, evidence-based recovery programs to youth, ages 12–18, who are struggling with addiction. With highly-trained, licensed health professionals, we offer gender-responsive programs to young men and women to help them learn to make healthy decisions.

By integrating Multi-Dimensional Family Therapy (MDFT) into treatment, we further increase the chances of positive outcomes by involving the whole family in the recovery process so everyone is able to heal together.

HIGH-QUALITY, EVIDENCE-BASED TREATMENT

YSS residential treatment provides more than 50 hours of therapeutic and skill development guidance and support led by licensed behavioral health therapists and certified addiction counselors.

Throughout the program, the youth and his/her family have access to mental health care, psychiatric services and many other valuable YSS programs. We also have the flexibility to meet the needs of each youth while in treatment and provide follow-up services after discharge to ensure a smooth transition.

GENDER-SPECIFIC FOCUS

Our gender-responsive approach keeps youth focused by meeting their specific needs.

Young men learn:

- + Respectful behavior
- + Impulse control
- + Anger management skills
- + How to make positive choices

Young women work towards:

- + Developing and strengthening coping skills
- + Improving self-esteem and confidence
- + Building healthy relationships
- + Feeling honored and valued

COMFORTING AND COMFORTABLE SPACE

We believe residential treatment should feel like a home away from home. That's why our caring staff provides safety and security to youth struggling with addiction. We provide housing and treatment that are both age and gender appropriate. And we offer a sliding fee scale for eligible families. Care is also provided through all major commercial insurance carriers, Medicaid and private pay.

WHEN YOU'RE READY, WE'RE HERE

When it's time to reach for additional help from YSS, we're here for you. We offer immediate intake services—that means no waiting list. You'll find our facilities centrally located. And we offer statewide pick-up for incoming youth. **Together, let's start healing today.**

are not alone:

YSS has provided treatment to more than 4,390 youth since 1981.

4390

Visit youthstandingstrong.org for more information about programs and services offered by YSS.

YSS RESIDENTIAL ADDICTION TREATMENT
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