## **2018 Tentative Cross Country Schedule**

## **Cross Country Meets**

Date	Location	Time
September 11, 2018	Practice at Delta Heritage Trail	Athletic period
September 18, 2018	Host @ Delta Heritage Trail	2:00
September 24, 2018	Choctaw Trails – Depending on softball	4:00
September 26, 2018	Practice @ Marianna Country Club	Athletic period
October 2, 2018	Practice @ Delta Heritage Trail	Athletic period
October 16, 2018	Host @ Delta Heritage Trail	2:00
October 23, 2018	Choctaw Trails State Meet	ТВА

## **Local 5K Races**

Date	Location	Time
September 29, 2018	Lonoke	8:00 AM
October 6, 2018	Helena	7:30 AM