

SCHEDULE OF EVENTS

Day 1 Schedule of Events (All Inclusive) Friday, July 12th, 2019

7:00-8:00 am Registration / Check in / Sign in

8:00-9:00 am Main Lecture 1 TBA

9:00-10:00 am Main Lecture 2 TBA

Breakout Sessions - (Choose 1)

10:00-3:00 PM

A) Best Case Practices for the Secondary School ATCs by Andy Grubbs, M.Ed., ATC (For ATs Only). This is a 5 hour EBP course. This course is provided by The Hughston Foundation (P420) is recognized through the BOC as a continuing education provider. According to the educational levels described by the PDC, the following continuing education course is considered to be essential

10:00-12:00 PM

B) ACL Rehabilitation - Revisiting the Early Stages of Rehab by Terry Trundle, ATC, LAT, PTA

Objectives:

- Update the importance of early use of co-activation for neuromuscular training.
- Present the components of function and how it drives the phases of rehabilitation.
- Demonstrate functional progression for patients return to activity.

C) Glutes: Rehab and Performance by Marc Bernier, DPT, MPT, CSCS, Cert DN
D) Mobilization for Lower Extremities by David Greer
E) Blood Flow Restriction by Josh McGinty

12:00-1:00 pm Lunch Lecture - TBA

1:00-3:00 pm Breakout Session - (Choose 1)
A) Continue Breakout A (10am – 3pm)
B) ACL Rehabilitation - Revisiting the Early Stages of Rehab by Terry Trundle, ATC, LAT, PTA
Objectives:

- Update the importance of early use of co-activation for neuromuscular training.
- Present the components of function and how it drives the phases of rehabilitation.
- Demonstrate functional progression for patients return to activity.

C) Glutes: Rehab and Performance by Marc Bernier, DPT, MPT, CSCS, Cert DN
D) Mobilization for Lower Extremities by David Greer
E) Blood Flow Restriction by Josh McGinty

2:55-3:15 pm Sign out / Certificate Pick up / Survey Hand-in

Day 2 Schedule of Events (All Inclusive) Saturday, July 13th, 2019

7:00-8:00 am Registration / Check in / Sign in

8:00-9:00 am Main Lecture 3 *Rotator Cuff* by Eric Janssen, M.D.

9:00-10:00 am Main Lecture 4 TBA

10:00-4:00 PM Breakout Sessions - (Choose 1)

F)Emerging Practice Areas and Skills in Athletic Training by Andy Grubbs. 6 Hours EBP Course for the Athletic Trainer Only (Limited to the first 50)This course is provided by The Hughston Foundation (P420) is recognized through the BOC as a continuing education provider. According to the educational levels described by the PDC the following continuing education course is considered to be essential.

Objectives:

Identify the various types of common orthopaedic fractures
Review the etiology of common orthopaedic fractures
Review the appropriate evaluation methods for potential orthopaedic fractures
Identify the various types of casting and splinting methods available for acute orthopaedic fractures
Identify the appropriate indications for the application of various types of casts and splints.
Identify the appropriate contraindications for the application of various types of orthopaedic casts and splints.
Identify the appropriate precautions and other considerations for the application of various types of orthopaedic casts and splints.
Identify and demonstrate the appropriate selection and application methods for various types of orthopaedic casts and splints

Identify the various types of acute dehydration and exertional heat illness
Review the etiology of acute dehydration and exertional heat illness
Review the appropriate evaluation methods for acute dehydration and exertional heat illness
Identify the various types of commonly available treatments for acute dehydration and exertional heat illness
Identify the appropriate indications for the application of commonly available treatments for acute dehydration and exertional heat illness
Identify the appropriate contraindications for the application of commonly available treatments for acute dehydration and exertional heat illness
Identify the appropriate precautions and other considerations for the application of commonly available treatments for acute dehydration and exertional heat illness
Identify and demonstrate the appropriate selection and application methods for the application of commonly available treatments for acute dehydration and exertional heat illness

Identify the various types of common acute wounds and skin lacerations
Identify and demonstrate the appropriate selection and application methods for various types of skin closures
Identify the appropriate precautions and other considerations for the application of various types of skin closures
Identify the appropriate contraindications for the application of various types of skin closures
Identify the appropriate indications for the application of various types of skin closures
Identify the various types of skin closures available for acute wounds and skin lacerations
Review the appropriate evaluation methods for common acute wounds and skin lacerations
Review the etiology of common acute wounds and skin lacerations

10:00-12:00 PM

H) Shoulder by Jason Soncrant

I) Sports Nutrition by Tavis Piattolo

J) Rotator Cuff Syndrome by Terry Trundle

Objectives:

- Discuss the true function of the Rotator Cuff.
- Examine why scapula stabilization is the core of the Rotator cuff.

- Assess the importance of positional recruitment for open kinetic chain exercises based on Evidence Based Practice.

K) Evaluation and Rehabilitation of the Thrower's Elbow by Joe Hoffer MS, ATC, ATR

12:00-1:00 pm Lunch Lecture – TBA

1:00-3:00 PM Breakout Sessions (Choose 1)
F) Continue Breakout F (10 am – 4pm)
H) Shoulder by Jason Soncrant
I) Sports Nutrition by Tavis Piattoloy
JJ) Total Shoulder Rehabilitation- Current Evidence and Outcomes by Terry Trundle

Objectives:

- Define current concepts in Total Shoulder Arthroplasty based on interventions and stages of recovery.
- Design functional Rehab programs for TSA, Hemiarthroplasty and Reverse Prothesis.
- Present the formula of a successful recovery based on the exercises applications known as the Three P's (Pivoters, Protectors, Positioners)

K) Evaluation and Rehabilitation of the Thrower's Elbow by Joe Hoffer MS, ATC, ATR

2:45-4:15 pm Sign out / Certificate Pick up / Survey Hand-in

Day 3 Schedule of Events (All Inclusive)

Sunday, July 14th, 2019

7:00-8:00 am Registration / Check in / Sign in

8:00-9:00 am Main Lecture 5 TBA

9:00-10:00 am Main Lecture 6 *Heat Illness Rehab* by Dr. Derek Woessner

10:00-11:00 am Main Lecture 7 TBA

11:00-12:00 am Main Lecture 8 TBA

11:45am-12:15pm Sign out / Certificate Pick up / Survey Hand-in