



2019 WAVES TRACK SEASON
COME RACE WITH THE WAVES!
Updated 2/12/2019

-OUR USATF TRACK SEASON OFFICIALLY BEGINS MARCH 4, 2019.

-A PARENT/TEAM MEETING WILL BE HELD Tuesday, MARCH 5.
Roadrunner Sports- Carlsbad 6:00-8:00 pm

-PRACTICES SITES:

MONDAYS-	CSUSM Track	6:00-7:30 pm
WEDNESDAYS-	CSUSM Track	6:30-8:00 pm

-FOR TEAM REGISTRATION/FEEES- PLEASE GO TO OUR MEMBERSHIP LINK.
For the 2019 season, parents will be responsible for an athlete's USATF Membership.

-PLEASE SEND A REQUEST TO BE ADDED TO OUR 2019 PARENT-TEAM EMAIL LIST.
Wave events currently offered for 2019: 100m-200m-400m-800m-1500m-3000m.
Mini-jav-LJ-Shot put-Discus

THANKS FOR YOUR INTEREST IN THE SAN DIEGO WAVES. GO WAVES!

For more information, please email Coach Hector Menchaca at coach@sdxtc.org