

# “THE TRUTH” NEWSLETTER (CAN YOU HANDLE THE TRUTH?)

October 15, 2017



October is **Breast Cancer Awareness** month. Reach out to a breast cancer survivor this month and do something special for them. Here are some suggestions: Stop by for a surprise visit, send a hand-written card/note, take them out to lunch, buy them a gift card or give them the gift of laughter, “The Truth” about Breast Cancer comedy tour DVD.

[www.KeepYouLaughing.com](http://www.KeepYouLaughing.com)



## ARE YOU ENJOYING FOOTBALL?

Alabama A & M	3 - 4
Alabama State	1 - 5
Auburn	5 - 2
Birmingham-Southern	1 - 4
Jacksonville State	5 - 1
Miles	4 - 3
Samford	4 - 2
Troy	4 - 2
Tuskegee	5 - 2
<b>UA</b>	7 - 0
UAB	4 - 2



### **Congrats Bama Fans!**

Bama is the only undefeated team standing in the state. Do you think they will have an undefeated season?

Email me your answer. I will have total responses in November's newsletter.

## What is “The Truth” up to?

**2<sup>nd</sup> Annual “The Truth” about Breast Cancer Comedy Tour was a HUGE Success!!**

Thank you to ALL who came out and supported the show! It was a huge success because I had the best audience in the world!!!

Special thanks to Tylar Tucker, an outstanding dancer for allowing me to share her testimony; Kevin Carter, a superior saxophonist; Jason Waddell, the best sound engineer. Thank you to Team Truth: Quatavious Barber, Rae'Mah Henderson, and Elijah Davis... You ALL Rock!!



## CONTACT US

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## FINANCIAL UPDATE

As we approach the holiday season, now is the perfect time to prepare a budget. Just follow these simple steps.

1. Write down all your monthly expenses on the right side of a piece of paper.
2. Add all the expenses.
3. Write down all your monthly (net) income on the left side of the same piece paper.
4. Add all the income.
5. Subtract the total expenses from the total income.
6. The balance is what you have left to save, spend, invest, or use to prepare for the holidays.

If the balance is negative, it is time to reduce expenses!

### Sample Budget:

Income		Expenses	
Salary	\$1,500	Mtg	\$750
Extra	\$600	Car	\$375
		Utilities	\$407
		Credit Card	\$50
	<u>\$2,100</u>	Total	<u>\$1,582</u>
	Balance		<u>\$518</u>

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*"I enjoy stand-up because it has the biggest reward: instant gratification. You can hear the people laughing."*

Wanda Sykes

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## JOKE OF THE MONTH

Q. Why did the witches' team lose the baseball game?

A. Their bats flew away.

Laugh Factory

## UPCOMING EVENTS

**October 19th** – Florida Georgia Line: Smooth Tour – Oak Mountain Amphitheatre

**October 27th** – Magic City Music Fest – BJCC

**October 28th** – Jenna & Barbara Bush – Lyric Theater

**October 28st** – Magic City Classic – Legion Field

**October 28th** – Rocky Horror Masquerade Ball – Alabama Theatre

**November 10th** – Dionne Warwick – Alys Stephens Center

## Time to Declutter:

**Take the 12-12-12 Challenge:** A simple task of locating 12 items to throw away, 12 items to donate, and 12 items to be returned to their proper home can be a fun and exciting way to quickly organize 36 things in your house.

Joshua Becker