

CP-26

Essentials of Addictions Counseling IV

\$255

Effective Therapeutic Strategies

14 hours

Objectives: This course helps you to better match a client's diagnosis with its most effective mode of treatment.

Text: *Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders* by Linda Seligman ISBN: 0787988685

HIV & Recovery

12 hours

Objectives: This course examines the implications and complications created by addicted clients who also are diagnosed with HIV.

Text: *Risk and Recovery: AIDS, HIV and Alcohol: A Handbook for Providers* by Marcia Quackenbush, J.D. Benson, Joanna Rinaldi, ISBN: 0890876908

Recovery By Rational Means

12 hours

Objectives: Examines the concepts and the treatment applications inherent in using the Rational/Behavioral Model. Prepares the therapist to apply this alternative paradigm to the problem of substance abuse.

Text: *Stay Sober & Straight: How To Prevent Relapse with the Rational Self-Help Treatment Method* by Maxie Maultby ISBN: 0932838006

Substance Abuse & Family Recovery

14 hours

Objectives: Provides the therapist with a background in the theory of substance use in the family and with couples. Enables the therapist to better apply that theory as they consult with the family where substance abuse is a major issue.

Text: *Couple & Family Therapy in Addiction* by Jerome D. Levine ISBN: 1568216416

Treatment Planning W/ Substance Abusers

12 hours

Objectives: Provides the therapist with greater understanding about how to gain greater compliance for clients receiving treatment for alcoholism. It prepares the therapist with techniques and strategies to increase client compliance with services through the use of effective treatment planning, documentation and the measurement of progress.

Text: *Improving Compliance With Alcoholism Treatment* by Kathleen Carroll ISBN: 0788184717

Improving Therapeutic Skills

14 hours

Objectives: Provides the therapist the opportunity to reflect on how therapeutic mistakes and failures occur. Gives the therapist a framework they can use to learn from those situations and improve their future practice.

Text: *The Imperfect Therapist* by Jeffrey A. Kottler ISBN: 1555421458

Managing High-Risk Behaviors

12 hours

Objectives: Provides the therapist with a background of the Harm Reduction alternative to the traditional abstinence enforcement model.

Text: *Practicing Harm Reduction Psychotherapy* by Patt Denning, Ph.D. ISBN: 1593850964