APPETIZERS

- Antipasti -

Steamed Mussels - 11.95

Sesame Ahi Tuna

Served rare with soy sauce and wasabi - 14.50

Roast Peppers - 11.50

Bruschetta Con Fontinella

Italian toast with garlic, olive oil and melted Fontinella - 11.50

Baked Artichoke Hearts Romano - 11.95

Shrimp Cocktail, 5 jumbo - 14.95

Escargot a la Bourguignonne - 13.50

Antipasto Italiano Small - 15.95 Large - 28.95

Baked Fresh Clams Casino - 12.95

Sautéed Garlic Shrimp - 17.95

Crab Cocktail, Jumbo lump - 18.50

Funghi Ripieni

Stuffed mushrooms with sausage - 11.95

Stuffed Clams - 11.95

Crispelle

Our famous cheddar and pepperoni filled crêpe (1/2 dozen) - 5.95

Crab Cake - 15.50

Veal Balls - 11.50

Broiled Scallops - 18.50

SOUPS

(á la carte)

Soup of the Day cup - 4.95 bowl - 6.95

French Onion

Mozzarella cheese, croutons and garlic toast - 8.95

SALADS

- Onsalata

(á la carte)

Grilled Salmon Salad - 19.95

Grilled Chicken Salad - 16.95

Mixed Greens Garden Salad - 7.95

Spinach Salad - 8.95

Caesar Salad - 8.95

- Dressings -

Italian Tossed - French - Ranch - Thousand Island - House For Bleu Cheese - Add .75

TO GO

Veal Ball - 11.50 lb. Crispelle - 14.50 lb.

Wedding Soup - 12.95 qt. Whole Cheesecake - 35.00 each

SEAFARER'S CHOICE

Resce

Broiled Haddock

Mildly sweet, lean haddock broiled in lemon butter - 23.95

Salmon Oscar

Served with green asparagus, jumbo lump crab and Mornay sauce - 41.95

Broiled Coquille

Fresh, tasty scallops broiled with butter and lemon sauce - 31.95

Baked Stuffed Scampi

Three jumbo shrimp stuffed with crabmeat and broiled to perfection - 32.95

Shrimp & Crabmeat Combo

Jumbo shrimp and jumbo lump crabmeat sautéed in garlic butter, lemon and wine - 37.95

Scampi, Scallops Piccata

Extra-large scampi and scallops sautéed in our blend of butter, parsley and wine - 34.95

Broiled Crab Cakes

Our own recipe... with jumbo lump crabmeat; the chef guarantees this one - 31.95 With one crab cake only - 21.95

Scampi Sauté

Six jumbo shrimp sautéed in butter and garlic - 28.95

Blackened Ahi Tuna

Sautéed in a hot, black skillet with our select blend of herbs and spices, New Orleans Cajun-style - 32.95

Broiled South African Lobster Tails

The most tender and delicious rock lobster tails available. Presented with drawn butter - Market Price

Seafood Platter

The chef's special seafood presentation! A tempting assortment of seafood... including lobster tail! - Market Price

Chilean Sea Bass

A delightful, wonderfully flavored moist fish broiled in lemon butter - 36.95

These fish dishes are cooked in lemon butter. Nutritional information is based on fish ordered without lemon butter. If desired please request low-fat version

♥ Broiled Atlantic Salmon - 27.50

251 calories -14 g fat - 125 mg cholesterol - 432 mg sodium STUFFED WITH CRABMEAT - 38.95

♥ Orange Roughy - 27.50

A mild filet, our most popular 182 calories - 2 g fat - 45 mg cholesterol - 477 mg sodium

Of interest: 2 tablespoons of butter adds 216 calories, 24 g fat, 66 mg cholesterol and 246 mg sodium to each of the broiled fish recipes

Bistecce & Postolette -

All of our steaks are top quality USDA grade beef, cut to order. Larger sizes are available and priced accordingly.

Filetto Braciata

A succulent 9-oz. filet mignon* - 36.95

Our petite filet mignon* paired with a 6-oz. lobster tail - Market Price Other combinations upon request

New York Strip*

Perfect for the traditionalist, broiled to meet your order - 33.95

Beef Bracioli

Rolled steak stuffed with bread, cheese and eggs. Presented in tomato sauce - 24.95

Surf & Turt

A petite 6-oz. filet mignon* - 28,95
Beef Tips Pizzaiolo

Tender slices of filet mignon* sautéed in peppers, onions, fresh tomatoes, mushrooms, herbs and spices - 27.95

Costolette Di Maiale

Thick broiled boneless pork chops - 20.95

Filet Oscar* Specialty Of The House

Filet mignon, green asparagus, jumbo lump crab and Mornay sauce - 48.95

PASTA

Rasta All'uovo -Dinners are served with bread and butter Add soup for - 4.50 Add mixed greens garden salad - 3.95 We use imported spaghetti and fettuccine Meatballs served with all tomato sauce topped entrées

Spaghettini with Meatballs Served with meat-flavored tomato sauce - 12.50

Lasagna Siciliano al Forno

Homemade lasagna noodles layered and baked with ricotta and Parmesan cheeses and eggs. Served with tomato and meat-flavored sauce - 15.95

Gnocchi di Patate all'Abruzzese

Homemade dumplings with flour, potato and egg. Served with tomato and meat-flavored sauce - 15.50

Aglio & Olio

Spaghetti with garlic and oil - 15.50 topped with crabmeat - 28.95

Con Marinara Sauce - 14.50

500 calories - 7.2 g fat - 0 cholesterol 736 mg sodium

Fettuccine Alfredo

Fettuccine blended with butter and a cream sauce made up of a variety of four cheeses - 16.50 with grilled chicken - 21.95 with shrimp - 28.95

Fresh Manicotti

Homemade manicotti stuffed with ricotta and Parmesan cheeses and egg, served with tomato and meat-flavored sauce - 16.95

Eggplant Parmigiana

Breaded eggplant topped with Italian cheeses and tomato sauce - 18.95

Ravioli with Cheese

Homemade ravioli stuffed with ricotta and Parmesan cheeses and egg; topped with tomato and meat-flavored sauce - 17.50

*Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness

DESSERTS

Cheesecake

Our own recipe - 5.95 Topped with cherries or strawberries - 7.25

Homemade Chocolate Peanut Butter Pie

A wedge of pie packed with flavor... save room for this one! - 7.95

Our Own Cannoli

Best in the world! Traditional Italian pastry filled with a creamy blend of ricotta, cream and sugar flavored with chocolate - 7.95

Spumoni Italian ice cream - 5.95

Sherbet Orange or rainbow - 4.95

Ice Cream

Chocolate, vanilla or butter pecan - 4.95

Chocolate Parfait - 7.95

Creme De Menthe Parfait - 9.50

Creme Brulee - 7.95

Kahlua Parfait - 9.95

Homemade Tiramisu

The "pick-me-up" dessert... Mascarpone cream cheese and lady fingers soaked in espresso, Kahlua and brandy - 7.95



are perfect for any occasion.

Available in any amount

BEVERAGES

Espresso - 3.50

Milk • Coffee • Tea • Soft Drinks - 1.95 (Free refills)

CHILDREN'S MENU

- Under 12 -

Spaghetti

Served with a meatball - 6.95

Ravioli - 9.50

Lasagna or Gnocchi

Served with a meatball - 8.95

Steak* - 14.50

Chicken Breast - 8.95

Breaded Chicken Fingers - 7.95

Catch of the Day

Ask your wait person

Fried Shrimp - 14.50

Grilled Cheese Sandwich - 3.95

Ask for a jar of Allegro's gourmet pasta sauce, meat flavored or marinara 45-oz. jar - 8.95

VEAL

Cotoletta Parmigiana

Breaded veal cutlet baked and served with tomato sauce and blanketed with mozzarella cheese - 27.95

Land and Sea

Veal saltimbocca with two jumbo shrimp stuffed with crabmeat - 38.50

Vitello Marsala

Thin filet of veal sautéed in butter and Marsala wine. Served with fresh mushrooms - 31.95

Vitello Marselle

Thin-sliced filet of veal sautéed and presented in a lemon butter sauce - 29.95

Saltimbocca a la Romana

Tender slices of veal stuffed with prosciutto and mozzarella cheese, sautéed with butter and Marsala wine - 33.95

Vitello Piccata

Thin filet of veal sautéed in butter and white wine sauce - 30.95

Vitello Romano

Tender slices of veal dipped in an herbed egg batter, then sautéed to a golden brown - 35.95

Vitello Oscar

Sautéed veal, green asparagus and jumbo lump crabmeat prepared in a Mornay sauce - 41.95

Vitello with Peppers

Sliced medallions of veal sautéed in olive oil and topped with pan-fried bell peppers - 34.95 WITH MARINARA SAUCE, ADD - 1.75

Calf's Liver and Onions

Tender calf's liver* topped with a generous portion of sautéed onions - 27.50 WITH BACON, ADD 3.50

Vitello con Fontina

Tender slices of veal sautéed in butter and accented with white wine and Fontina cheese - 33.95

ScaloppineFilet of veal slices, sautéed with mushrooms and onions. Gently simmered in our Marsala wine sauce - 32.95 With Artichokes, Add 6.00

BY THE SIDE

Lasagna, Manicotti - 8.95

Ravioli - 9.50

Gnocchi - 8.50

Risotto - 8.50

Fettuccine Alfredo - 9.50

Italian Sausage - 7.50

Order of Fresh Mushrooms - 5.95

Garlic Bread - 3.50

With Romano cheese - 4.25

Dinners are presented with... Potato and vegetable or spaghetti, bread & butter A la carte entrées...

Add soup of the day - 4.50 Add mixed greens garden salad - 3.95

We pride ourselves in the preparation of many traditional Italian dishes and gourmet foods - too numerous to list in our menu. Please call in advance for special dishes. If you have an old favorite from past menus, just ask. We will try to accommodate you whenever possible

CHICKEN - Rollame -

Pollo Parmigiana

Boneless, skinless breast of chicken topped with tomato sauce and a covering of mozzarella cheese - 19.50

Pollo Allegro

Breast of chicken skinned and deboned, sautéed in butter and accented with our wine and provolone cheese sauce - 19.95

Pollo Saltimbocca

Plump chicken breast stuffed with prosciutto and mozzarella, sautéed with butter and Marsala wine - 26.95

Pollo Gratinato

Whole, boneless breast marinated in olive oil, wine and various fresh herbs; then simply broiled - 19.50 598 calories - 29 g fat - 216 mg cholesterol - 474 mg sodium Not marinated in olive oil: 382 calories - 9 g fat - 150 mg cholesterol - 228 mg sodium

Blackened Chicken

Boneless chicken breast sautéed in a blend of butter, herbs and spices and blackened - 19.50

Pollo Marsala

Boneless, skinless breast of chicken sautéed in butter and Marsala wine. Served with fresh mushrooms - 20.95

Pollo Piccata

A tender breast of chicken carefully sautéed in butter and simmered in a white wine sauce - 19.50

Chicken Oscar

Sautéed with asparagus and jumbo lump crabmeat, served in a Mornay sauce - 33.95

Grilled Chicken Breast & Peppers

Tender breast of chicken sautéed with fresh peppers - 24.50

HEART HEALTHY CUISINE...

Low in sodium, sugar, fat and cholesterol

All food is seasoned unless otherwise requested

All of our food is individually prepared and some dishes require more time than others. If your party is in a hurry, please request assistance when ordering.

- The Chef

*Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness

