

**Team Schedule**  
**Boys-Girls Varsity Cross Country**  
 8/17/2020 to 10/31/2020



**Frankfort Community HS**  
 601 E Main St  
 West Frankfort, IL 62896  
 Angie Jilek  
 618-932-3126 x:102

**Cross Country**  
**Boys-Girls Varsity**

			Place	Time
Tuesday	08/25/20	Pinckneyville H.S. (Quad)	Away	4:00 PM
Wednesday	09/02/20	Murphysboro H.S. (Pre-Conference Mississippi)	Away	4:30 PM
Tuesday	09/08/20	Benton H.S.	Away	4:30 PM
Thursday	09/10/20	Redbird Invite Anna-Jonesboro H.S. Herrin H.S. Massac County H.S. Murphysboro H.S. Nashville H.S.	Home	4:30 PM
Thursday	09/17/20	Massac County H.S.	Away	4:30 PM
Monday	09/21/20	Nashville H.S.	Away	4:30 PM
Thursday	09/24/20	Sparta H.S.	Away	4:30 PM
Tuesday	09/29/20	Redbird 6+ Benton H.S. Harrisburg H.S. Massac County H.S. Pinckneyville H.S. Vienna H.S.	Home	4:30 PM
Wednesday	10/07/20	Chuck Ingram Invite @ WF Anna-Jonesboro H.S. Benton H.S. DuQuoin H.S. Harrisburg H.S. Herrin H.S.	Home	4:30 PM
Thursday	10/08/20	Pinckneyville H.S.	Away	4:00 PM
Thursday	10/15/20	Murphysboro H.S. (Conference)	Away	3:30 PM
Monday	10/19/20	Benton H.S.	Away	4:00 PM
Saturday	10/24/20	OPEN DATE (Regional)	Away	10:00 AM
Saturday	10/31/20	Benton H.S. (Sectional)	Away	10:00 AM

**Superintendent**  
 Matt Donkin

**Principal**  
 Jory Dial

**Athletic Secretary**  
 Michelle Thompson

**Athletic Director**  
 Angie Jilek