		CE/CME Evaluation & Credit Claim Form			Enduring
St.Vincent's	Accendion	TITLE OF ACTIVITY:			Credits: 1.00
St.Vincent's HEALTH SYSTEM		ERAS: Enhanced Recovery After Surgery			□ Direct Sponsored
Date:		, , ,			☐ Jointly Sponsored
Please Check One	•	s Birmingham	St. Vincent's Blo	ount St. Vince	ent's Chilton
riease check one	St. Vincent	· -	St. Vincent's St. Clair		
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	•		_		ions are critical to us in this effort.
Please note:	a CME/CE certific	ate is issued o	nly upon receipt of thi		ation form. PLEASE PRINT
				Email Address: (This is where your	
Legal Name:				CE/CME certificate an	d
				or transcriptwill be sen	
Identify which	□MD	□ DO	□ PA	Ministry and	
continuing	□NP	□RN		Facility:	
education hours	☐ PharmD	□ RPh	□ Tech		
apply to you:	_			Pharmacists	
	□ OT	□PT	□Social Worker	please enter you NABP # & DOB	r
	□Student	□Other		NABP # & DOB	
Comments on this Enduring Material:					
<u>Method of Participation</u> - To receive a maximum of $1.0 \ Credit(s)$ you should:					
View the materials in this enduring material.					

- Complete the posttest (you must answer 4 out of 5 questions correctly).
- Complete and submit the CME/CE registration and evaluation forms.

The estimated time to complete this activity, including review of the materials, is 1.0 hour(s).

**Statement of Evaluation Instrument:** The activity post- test and evaluation instrument are required for credit. Learners must earn a 75% correct rate on the post-test to receive credit.

- 1. ERAS protocols are
  - a. Patient centered
  - b. Evidence based
  - c. Standardized/Protocol drive
  - d. Multidisciplinary
  - e. All of the above
- 2. List two benefits od Enhanced Recovery Protocols:
  - a. \_\_\_\_\_
- 3. Implementation of ERAS protocols is challenging and time-consuming.
  - a. True
  - b. False

- 4. Surgical site drains are recommended in ERAS protocols.
  - a. True
  - b. False
- 5. Which of the following is not a preoperative aspect of ERAS protocol?
  - a. Carbohydrate loading
  - b. Smoking cessation
  - c. Discharge planning
  - d. Enhance physical status with exercise

Please scan back for credit to: <a href="mailto:lisa.davis2@ascension.org">lisa.davis2@ascension.org</a>
Phone: (205) 838-3225 Fax: (205) 838-3518

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ASCENSION	Attendance Roster		Instructor: Jason Skelley, MD			
St.Vinčents HEALTH SYSTEM			Southern Anesthesia Mgt.			
JOINTLY ACCREDITED PROVIDER*	"ERAS: Enhanced Re	ecovery				
INTERPROFESSIONAL CONTINUING EDUCATION	After Surgery"	•	Credits: 1.0			
☐ Inter-professional ☐ Single Discipline	""					
Direct Sponsored  Jointly Sponsored	Date:					
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In support of improving pa	atient care. Ascension/St					
In support of improving patient care, Ascension/St. Vincent's Health] is jointly accredited by the Accreditation Council for						
		lurses Creden	tialing Center (ANCC), to provide			
IPCE CREDIT™ continuing education for the healthcare team.						
This activity was planned by and for the healthcare team, and learners will receive 1.0 IPCE credits for learning and						
change.						
Faculty/Course Director/Planners: STVHS has selected all faculty participating in this activity. It is the policy of STVHS that all CME/CE						
planning committees, faculty, authors, editors, and s						
Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.						

St. Vincent's Health System CME   CPE	Education ASCENS	SION CE	/CME Evaluation & Credit	Claim Form	Cred	its: 1.00
		Co	Course: "Enhanced Recovery After Surgery"			Pirect Sponsored
	Date:		tructor: Jason Skelley, MD		J	ointly Sponsored
<ul><li>☑ Inter-professional</li><li>☑ Single Discipline</li></ul>						
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St. Vince	ent's East	St. Vincen	c's St. Clair Providence (Mo	bile) 🗌 Oth	er Minist	try:
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la!ala		□ DO	☐ Student/Resident	Ministry and Facility:		
continuing	☐ CRNA	_ □ RN	☐ Social Worker			
education hours apply to you:	,	<del>_</del>	Other	PHARMACY ( NABP # and [		
<u> </u>		•				I.
The learning objectives for this activity were:  At the end of this interdisciplinary activity participants will be able to:  Describe the history and evolution of ERAS protocols  Discuss benefits and basic concepts of ERAS  Describe some specific medications utilized  Understand the current initiatives and their role as a provider						
	e the vision for fe eaker(s) meet e					
Comment:	eaker(s) meet e	each of the	objectives: Tes Tivo			
What change(s) do you plan to make in your practice and/or department as a result of this CE/CME activity?						
0		ledge learr	ed to ontimize natient reco	very and mir	nimize (	complications and hospital stay
0	Review knowledge learned to optimize patient recovery and minimize complications and hospital stay Reduce post-operative complications by daily pharmacist review of patients on enhanced recovery pathways					
0	Apply interdisciplinary team communication to achieve patient treatment goals					
	What new team strategies will you employ as a result of this activity?					
Identify strategies to increase enhanced recovery of the patient's care including post-op recovery –						
0	multimodality	ultimodality pain control, pre-emption of nausea, and fluid management to minimize post-op ileus llaborate with colleagues to improve a healthcare agenda that supports quality and patient safety				
0	initiatives					
This activity will not change my practice, because my current practice is consistent with what was taught						
How will your role in the collaborative team change as a result of this activity						
☐ Knowledge management ☐ Improve healthcare processes and outcomes ☐ Effective communication skills ☐ Patient outcomes						
Did the information presented reinforce and/or improve your current skills? Yes No						
Do you perceive any		☐Organizat ☐Cost	ional or institutional barriers	☐Reim ☐Admi	☐ Reimbursement ☐ Administrative Support ☐ Reimbursement/Insurance	
barriers in applying Professional consensus or guidelines Inadequate time to assess or counsel						
these changes?    Lack of resources   No barriers   No barriers			,			
Experience				□Othe	r:	

Did you perceive commercial bias or any commercial promotional products displayed or distributed.   No Yes					
(If yes please Comment)					
What I learned in this activit	y has increased my confidence	e in improving patient outcom	ne results. Yes No		
What other CE/CME topic(s)	would you like to attend?				
		,			
Speaker(s) Session	Speakers knowledge of Subject	Quality of Presentation & Handouts	Overall Activity		
	<u>Matter</u> □ Excellent □ Good	☐ Excellent ☐ Good	☐ Excellent ☐ Good		
	Average Poor	Average Poor	Average Poor		
Comments on activity:		Did the speaker(s) provide an oppo	ortunity for questions and no please comment)		
			,		
More there weeklesse is proof	ica valatad ta thia tania that wa	re not addressed at this CE/CN	AC activity that you falt		
should have been?	ice related to this topic that we	re not addressed at this CE/CN	ME activity that you felt		
I will apply the knowledge and	d/or skills gained during this ac	tivity in my work:	No		
		discussion time in which input a	and feedback was welcome:		
Strongly Agree Ag	gree	isagree			
NURSING, PA, CRNP CREDIT ONLY (must fill out these this question to receive credit)					
Name a barrier to implementing an institutional ERAS protocol:					
DHADMACISTS & DHADMACY TECHNICIANS CREDIT ONLY (must fill out those this question to receive					
<u>PHARMACISTS &amp; PHARMACY TECHNICIANS CREDIT ONLY</u> (must fill out these this question to receive credit)					
How can you reduce reliance on post-operative narcotics?					
,					
REQUEST FOR CREDIT - If you wish to receive credit for this activity, please return this completed form					
By checking the box, I certify the above is true and correct.					
Signature:					
Thank you for participating and we appreciate your candid feedback to improve your experience at future activities.					
To receive credit all questions must be completed on the evaluation					

Please scan back for credit to: lisa.davis2@ascension.org