





Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069

Curbside
Lunch Served Daily
Monday Thru Friday
11:30a.m. TO 12:30p.m.



January 2022

SUN	MON	TUE	WED	THU	FRI	SAT
<p>2</p> <p>HAPPY NEW YEAR</p>	<p>3 Salisbury Steak, Mashed Potatoes, Zucchini, Broccoli Delight and Whole Wheat Bread</p>	<p>4 Pasta Primavera, Romaine Salad, Garlic Bread & Carmel Apples</p>	<p>5 Oven Baked Chicken W/Gravy, Sweet Potatoes, Sauteed Cabbage, & W/W Roll</p>	<p>6 High Sodium Day Pulled Pork Sandwich, Sweet Potato Fries, Apple Poppy Seed Coleslaw, & Orange</p>	<p>7 Stir Fry Chicken, Brown Rice, Sesame Coleslaw, & Peaches</p>	<p>8</p> <p>HICAP 707-444-3000</p>
<p>9</p> 	<p>10 Orange Chicken, Broccoli, Brown Rice, & Honeyed Pears</p>	<p>11 Baked Ziti with Four Cheese, Cauliflower, Spinach Salad, & Garlic Bread</p>	<p>12 Beef Stew, Tossed Salad, Corn Bread & Oranges</p>	<p>13 Tuna Noodle Casserole, Romaine Salad, Oranges and Pudding</p>	<p>14 Swiss Steak, Mashed Potatoes, Brussel Sprouts W/ Garlic, Applesauce, & W/W Bread</p>	<p>15</p>
<p>16</p> <p>Senior Legal Service 1-800-972-0002</p>	<p>17 Martin Luther King Day Site Closed</p>	<p>18 Vegetarian Chili, Romaine Salad, Corn Bread & Oranges</p>	<p>19 Meatloaf, Mashed Potatoes W/Gravy, Carrots, W/W Bread & Oranges</p>	<p>20 Chicken Noodle Soup, Spinach Salad, W/W Roll, & Apple Crisp</p>	<p>21 Spaghetti w/Meat Sauce, Broccoli, Tossed Salad, Garlic Bread and Fresh Fruit</p>	<p>22</p> 
<p>23</p> <p>Menu is Subject To Change Without Notice</p>	<p>24 Chunky Corn Chowder, Romaine Salad, Cornbread, and Peaches</p>	<p>25 Egg Salad Sandwich, Split Pea Soup, Coleslaw & Cinnamon Apple Sauce</p>	<p>26 Ham, Scalloped Potatoes, Corn, Under the Sea Jell-O, & Biscuits</p>	<p>27 Lemon Tarragon Chicken, Mashed Potatoes, Broccoli, Harvest Muffins, & Apricots</p>	<p>28 Birthday Lunch Roast Turkey W/Gravy, Sweet Potatoes, Peas, Stuffing, & Birthday Cake</p>	<p>29</p> <p>Senior Legal Service 1-800-972-0002</p>
<p>30</p>	<p>31 Orange Chicken, Broccoli, Brown Rice, & Honeyed Pears</p>					<p>HICAP AT DNSC 464-7876</p>