

MEC VANCOUVER RACE EIGHT: 5K/10K/21.1K

Overall Finish List

21.1k Run			Female		
Overall	Name	Bib No	Gen	Time	Pace
1	Julianne Kucheran	11768	F	1:28:51	4:13/K
2	Lindsay Burch	10195	F	1:31:57	4:21/K
3	Morgan Cabot	10217	F	1:33:47	4:27/K
4	genevieve cauffop	10221	F	1:35:00	4:30/K
5	Leah Goldstein	11765	F	1:42:36	4:52/K
6	Uika Dazai	10260	F	1:44:01	4:56/K
7	Roanne Greiff	10310	F	1:44:44	4:58/K
8	Leah King	10397	F	1:52:02	5:19/K
9	Rachel Jordan	10392	F	1:54:02	5:24/K
10	Lindsay Cook	10236	F	1:55:19	5:28/K
11	Stephanie Ye	11763	F	2:01:33	5:46/K
12	Tamara Simpson	11756	F	2:06:03	5:58/K
13	Adriana Proton	11736	F	2:10:43	6:12/K
14	Jory Cadman	10218	F	2:10:46	6:12/K
15	Gerda Wever	11762	F	2:17:09	6:30/K
16	Christina Matheson	11701	F	2:17:35	6:31/K
17	Erin Lee	11498	F	2:31:21	7:10/K
18	Mabel Fong	10306	F	2:31:44	7:11/K
19	Paula coutinho	10237	F	2:43:24	7:45/K
20	Erin Des Mazes	10283	F	2:49:55	8:03/K
21	Gigi Allaway	10030	F	3:48:19	10:49/K

Overall Finish List

21.1k Run

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Bozidar Peklenik	11729	M	1:27:42	4:09/K
2	Dirk Panther	11723	M	1:30:39	4:18/K
3	Alexandre Campbell	10220	M	1:34:46	4:29/K
4	Paul Fijal	10291	M	1:38:26	4:40/K
5	Leon Breton	10152	M	1:38:28	4:40/K
6	Safder Raza	11764	M	1:40:13	4:45/K
7	David Richardson	11737	M	1:40:45	4:46/K
8	David O'Connell	11710	M	1:42:59	4:53/K
9	Charlie Hunter	10384	M	1:47:09	5:05/K
10	Rory McGrath	11703	M	1:49:23	5:11/K
11	Pavel Sorokin	11757	M	1:50:28	5:14/K
12	Hikaru Sakuda	11738	M	1:51:55	5:18/K
13	Ketan Chawda	10233	M	1:54:27	5:25/K
14	Lawrence Bernales	10122	M	1:57:10	5:33/K
15	Bumyong Lee	11602	M	1:58:26	5:37/K
16	Wayne Mah	11633	M	2:01:43	5:46/K
17	Kevin Ballard	10059	M	2:04:01	5:53/K
18	Serar Mikha	11709	M	2:11:58	6:15/K
19	Johannes Setiapoetra	11745	M	2:12:46	6:18/K
20	Sony Gawlet	11835	M	2:13:35	6:20/K
21	Mykola Lysenko	11619	M	2:16:25	6:28/K
22	Kevin Da Silva	10245	M	2:17:09	6:30/K
23	Kyle Matheson	11702	M	2:17:21	6:31/K
24	John Reay	11767	M	2:31:17	7:10/K
25	Michael Welch	11761	M	2:31:20	7:10/K
26	Gregg McKibbin	11766	M	2:38:10	7:30/K
27	Garrick Tom	11758	M	2:39:03	7:32/K

Overall Finish List

10k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Linda Dix-Cooper	61868	F	49:26	4:57/K
2	Melina Kurtakis	61929	F	50:16	5:02/K
3	Kelly Sartorius	62217	F	51:02	5:06/K
4	Marian Lee	61965	F	51:25	5:09/K
5	Jennifer Wood	62161	F	52:29	5:15/K
6	Megan Yerxa	62167	F	53:57	5:24/K
7	Tawnya Smith	62030	F	55:14	5:31/K
8	Shelby Hancock	61906	F	57:13	5:43/K
9	Marg Caravetta	61847	F	57:16	5:44/K
10	Rachel Jordan	62184	F	58:00	5:48/K
11	Becky Ingbritson	62200	F	58:20	5:50/K
12	Kaitlin Lovering	61967	F	58:21	5:50/K
13	Areih Zitron	62170	F	58:31	5:51/K
14	Jeanette Hsu	61913	F	59:05	5:55/K
15	Anna Hewett	61911	F	59:12	5:55/K
16	Elizabeth Kennedy	61920	F	59:46	5:59/K
17	Liz Lam	61941	F	1:00:02	6:00/K
18	Rosalie Cattermole	62182	F	1:00:35	6:04/K
19	Kristi Carey	61851	F	1:00:49	6:05/K
20	Kiran Sunar	62068	F	1:00:50	6:05/K
21	Kristina Pantaleo	61992	F	1:01:50	6:11/K
22	Megan Stewart	62034	F	1:01:52	6:11/K
23	Angelica Poversky	62203	F	1:02:45	6:17/K
24	Erin Moore	61982	F	1:03:24	6:20/K
25	Diana Ross	62002	F	1:04:26	6:27/K
26	Sheela McLean	61976	F	1:04:51	6:29/K
27	Laura Zitron	62168	F	1:04:56	6:30/K
28	Ashley Reid	62000	F	1:05:07	6:31/K
29	Sue Burkholder	61844	F	1:06:01	6:36/K
30	Carolyn Summerfield	62065	F	1:06:03	6:36/K
31	Tova Wolinsky	62160	F	1:06:57	6:42/K
32	Erin Lee	62174	F	1:06:59	6:42/K
33	Rebecca Lavalley	61951	F	1:07:42	6:46/K
34	Amanda Blaquiere	61825	F	1:08:20	6:50/K
35	Sandra Arismendy	61799	F	1:08:28	6:51/K
36	Nienke van Houten	62103	F	1:09:39	6:58/K
37	Jen Veasey	62135	F	1:10:00	7:00/K
38	Candace Ip	61914	F	1:10:27	7:03/K
39	Merideth Frost	61904	F	1:12:39	7:16/K

MEC VANCOUVER RACE EIGHT: 5K/10K/21.1K

Race Date

December 04, 2016

Overall Finish List**10k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Carl	62175	M	38:59	3:54/K
2	Ben Hanke	62218	M	39:35	3:58/K
3	Lawrence Buchan	61843	M	40:42	4:04/K
4	JUI-MING CHENG	61860	M	42:27	4:15/K
5	Trysten Scheidl	62013	M	43:16	4:20/K
6	Connor Attridge	62219	M	44:34	4:27/K
7	Lewis Morrison	62215	M	44:40	4:28/K
8	Yue-Ching Cheng	61862	M	44:57	4:30/K
9	Lorne Deutsch	61863	M	45:34	4:33/K
10	Ross Macdonald	61971	M	46:51	4:41/K
11	Chris Lam	61939	M	47:25	4:45/K
12	Jonathan Ross	62206	M	47:26	4:45/K
13	Lei Guo	62193	M	47:28	4:45/K
14	Derrick Lee	62178	M	47:32	4:45/K
15	Zachary Kennedy	61915	M	47:44	4:46/K
16	Willian Mendez	61980	M	49:26	4:57/K
17	Justin Mak	62229	M	49:33	4:57/K
18	Paul Brar	61834	M	49:42	4:58/K
19	Andrew Powell	62223	M	51:01	5:06/K
20	Pero Pejovic	61995	M	51:09	5:07/K
21	Archie Almadin	61611	M	51:28	5:09/K
22	Nelson Santos	62008	M	51:44	5:10/K
23	David Wood	62162	M	53:04	5:18/K
24	Khris Singh	62029	M	53:24	5:20/K
25	Guy Baxendale	62180	M	53:34	5:21/K
26	Kai Antle	61795	M	54:41	5:28/K
27	Timothy Atkinson	61812	M	54:44	5:28/K
28	Chris Manore	61972	M	54:50	5:29/K
29	Mark Semeniuk	62016	M	56:25	5:39/K
30	Steve White	62159	M	56:45	5:41/K
31	Alan Ross	62202	M	56:45	5:41/K
32	dennis Morrison	61989	M	57:35	5:46/K
33	Michael Jordan	62230	M	57:59	5:48/K
34	Amrit Birring	62226	M	58:09	5:49/K
35	Evan Morrison	61986	M	58:22	5:50/K
36	Mark Silva	62023	M	58:34	5:51/K
37	Duncan Elsey	61872	M	59:00	5:54/K
38	Scott Hewett	61909	M	59:12	5:55/K
39	Chris Kennedy	61916	M	59:46	5:59/K
40	Scott Andrews	61794	M	59:57	6:00/K
41	Alexander van Houten	62106	M	1:01:10	6:07/K
42	Ipyana Ponder	61996	M	1:01:51	6:11/K
43	Norman Heu	61907	M	1:02:19	6:14/K
44	Greg Moore	61984	M	1:03:25	6:21/K
45	George Sarkis	62012	M	1:04:05	6:25/K
46	Jehezkiel Eugene	61902	M	1:04:07	6:25/K
47	Henry Au	61824	M	1:04:17	6:26/K

Race Date

December 04, 2016

MEC VANCOUVER RACE EIGHT: 5K/10K/21.1K

Overall Finish List

10k Run

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gen</u>	<u>Time</u>	<u>Pace</u>
48	Elijah King-Au	61922	M	1:04:20	6:26/K
49	Arthur Wickstead	62179	M	1:05:48	6:35/K
50	Ting Hsun Chen	61856	M	1:08:01	6:48/K
51	Barry Morehan	61985	M	1:13:37	7:22/K

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Overall Finish List

			5k Run	Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Stacy Cormack	20525	F	22:33	4:31/K
2	Tania Tasaka	63816	F	22:43	4:33/K
3	Ellsa Morrison	12477	F	24:38	4:56/K
4	Lindsay Shepherd	62700	F	25:59	5:12/K
5	Julie Iverson	64011	F	26:30	5:18/K
6	Alison Parker	62688	F	26:34	5:19/K
7	Kelly Kerrigan	20685	F	28:27	5:41/K
8	Bracken Hanke	20534	F	29:04	5:49/K
9	Ivy Sebastian	62699	F	29:27	5:53/K
10	Nadine Geddert	20532	F	30:34	6:07/K
11	Colleen Stevenson	63802	F	31:47	6:21/K
12	karen Blom	12756	F	32:40	6:32/K
13	Rachel Meloche	62676	F	32:57	6:35/K
14	Bronwyn Masson	63856	F	33:15	6:39/K
15	Jenna Thomson	63825	F	33:31	6:42/K
16	Diana Bennet	64953	F	33:52	6:46/K
17	Paulina Undurraga	63830	F	33:58	6:48/K
18	Jennifer Hong	20540	F	34:27	6:53/K
19	Stephanie Hendy	20539	F	35:43	7:09/K
20	Olga Bochkaryova	12786	F	36:19	7:16/K
21	Katherine Kennedy	20673	F	38:12	7:38/K
22	Alexandra Straub	63812	F	38:16	7:39/K
23	Diane Kermode	20677	F	41:09	8:14/K
24	Ahooua Goldstein	64095	F	42:32	8:30/K
25	Nicky Bradshaw	63866	F	43:07	8:37/K
26	Maria Cheng	20442	F	43:08	8:38/K

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Overall Finish List

			5k Run	Male	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gen</u>	<u>Time</u>	<u>Pace</u>
1	Sean Wraith	63851	M	19:32	3:54/K
2	Chun Yin Joshua Li	64040	M	20:42	4:08/K
3	Andrew Neumann	64006	M	23:15	4:39/K
4	Danile Buschert	12755	M	24:10	4:50/K
5	Chris Bloom	64965	M	24:40	4:56/K
6	Michael Welch	63868	M	25:14	5:03/K
7	Alexander Rybolov	62691	M	25:29	5:06/K
8	Corey Burghall	63853	M	26:22	5:16/K
9	Jared Hunter	20542	M	27:50	5:34/K
10	Mark Hyder	64948	M	29:04	5:49/K
11	Doug Ibbott	20544	M	29:27	5:53/K
12	Joseph hayden	20536	M	30:37	6:07/K
13	Raymond Tsow	63829	M	30:51	6:10/K
14	Declan Cooke	64945	M	31:30	6:18/K
15	Julie Berry	12491	M	31:39	6:20/K
16	Benjamin Cooke	64946	M	33:51	6:46/K
17	Anton Meshcherekov	62684	M	36:16	7:15/K
18	Nicholas Kennedy	20671	M	38:10	7:38/K
19	Houshun Wong	63842	M	39:45	7:57/K