

CP-32

Counseling the Compulsive Gambler

\$230

Client Diagnosis & Assessment

14 hours

Objectives: Upon completing this course you will be better able to understand the process and the pitfalls in assessing and diagnosing clients enabling you to better lay out the future course of treatment.

Text: *Diagnosis Made Easier: Principles and Techniques for Mental Health Clinicians* by James Morrison ISBN: 1593853319

Motivational Interviewing

12 hours

Objectives: This course identifies strategies that develop a counseling relationship that develops greater counselor/client rapport and motivates the client to change.

Text: *Motivational Interviewing: Helping People Change*, 3rd ed. by William K. Miller & Stephen Rollnick ISBN: 9781609182274

Cognitive Approaches Dealing w/ Resistance

14 hours

Objectives: Clients resist change. This course provides the counselor/therapist who uses cognitive approaches with the tools and techniques to address resistance issues with their clients.

Text: *Overcoming Resistance in Cognitive Therapy* by Robert L. Leahy ISBN: 1572309369

Compulsive Gambling

14 hours

Objectives: Comparisons and contrast are drawn between pathological gambling and alcoholism as well as an examination of the role issues such as guilt and family involvement play in the dynamics of the perpetuation and recovery of the pathological gambler.

Texts: *Releasing Guilt about Gambling* by Valerie C. Lorenz, Ph.D. ISBN: 0894865234

Understanding Compulsive Gambling by Henry R. Lesieur, Ph.D. ISBN: 9780894863882

When Someone You Love Gambles by Mary Heineman, M.S.W., C.A.C. ISBN: 0894865358

Alcoholism and Pathological Gambling: Similarities and Differences by Arthur Herscovitch ISBN: 1556911467

Treating the Compulsive Gambler & Their Family

16 hours

Objectives: This course provides you with a firmer background in the assessment, diagnosis and treatment of the compulsive gambler and their family.

Text: *Counseling Problem Gamblers: A Self-Regulation Manual for Individual and Family Therapy* by Joseph W. Ciarrocchi ISBN: 0121746534

Cognitive Behavioral Treatment of Compulsive Gambling

18 hours

Objective: The student will learn how to effectively apply psychoeducation, cognitive restructuring, relaxation techniques, relapse prevention and many other skills as they treat clients who experience compulsive gambling problems.

Text: *A Cognitive Behavioral Therapy Program for Problem Gambling* by Namrata Raylu and Tian Po Oei ISBN: 9780415548168