

**June/July 2018**  
**At a glance**  
**Full descriptions of activities in bulletin.**



# ANNOUNCEMENTS

June 24, 2018



306-761-0556 eastsideunited@sasktel.net  
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 www.eastsideunited.ca

**W**elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

**Ministers:**

Minister: Russell Mitchell-Walker  
 Greeting: Holly Mah, Jayne Krueger and Matthew Jickling  
 Congregational Care Greeter: Clare Banks  
 PowerPoint: Mya Jickling  
 Prayers: Cathie Henderson  
 Music: Joshua Hendricksen  
 Last week's attendance: NA

**Russell's Office Hours:**

Russell is in the office Tuesday through Thursday and working from home Friday. You can reach him at russell.eastside@sasktel.net.

**Eastside Office Hours:**

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

**Songs –**

Spirit God, Be our Breath MV #150  
 Each Blade of Grass MV #37  
 Dance with the Spirit MV #156  
 Blest Be the ties that Bind VU #602  
 Ev'ry Day is a Day of Thanksgiving MV #185 vs 1  
 We are All One People MV #141  
 Spirit of Gentleness (chorus) VU #375

For those interested in an online resource for *Daily Prayer*, this link will provide you with a traditional and contemporary option for each day from the Church of England <http://www.oremus.org/cofe.html>. Interested in an app?(available on iPhones only), try Common Prayer, by Shane Claiborne of The Simple Way. Print copies available on back table.

The scripture readings this week: John 1: 14-16 and 1 John 1:1-4

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>24</b> Worship 11:15 am GONG BATH	<b>25</b> AA 8 pm	<b>26</b> Cards 9:30 TOPS 6:30	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>1</b> Tri-parish Canada Day Worship <b>9:30 am</b>	<b>2</b> AA 8 pm	<b>3</b> Cards 9:30 TOPS 6:30	<b>4</b>	<b>5</b>	<b>6</b> Queer and Faith Friendly Coffee House Wesley UC 7 pm	<b>7</b>
<b>8</b> Worship Communion <b>9:30 am</b>	<b>9</b> AA 8 pm	<b>10</b> Cards 9:30 TOPS 6:30	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Russell holidays						
<b>15</b> Worship <b>9:30 am</b>	<b>16</b> AA 8 pm	<b>17</b> Cards 9:30 TOPS 6:30	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Russell holidays & International Enneagram Conference						
<b>22</b> Worship <b>9:30 am</b>	<b>23</b> AA 8 pm	<b>24</b> Cards 9:30 TOPS 6:30	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Russell holidays & Skylight Festival						

**TOPS = Take Off Pounds Sensibly**  
**AA = Alcoholics Anonymous**

**St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am** in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

**2018 Merrill Brinton Tournament of Hope** in support of Carmichael Outreach. This year's tournament is on Monday, June 25 at the Royal Regina Golf Club. We are so excited to see everyone out on the green coming together to support our programs and services. For more information and registration forms, please see the Eastside bulletin board.

***Did you enjoy A Taste of Skylight Festival and want more?*** Did you hear how great it was and are sorry you missed it?! Gather a group of 6 and get a group rate!! Please let Russell know of your interest. [www.skylightfestival.ca](http://www.skylightfestival.ca)

**Summer Solstice Gong Bath** at the Living Spirit Centre from 3 to 4 pm TODAY Sunday, June 24. The gong bath meditation bathes us in vibration and sound. It is an ancient and profound healing technique. Bring mats or a foam, and blankets, pillows to lie on the floor. The cost is \$20, and includes tea and snacks. Watch for an opportunity to walk the labyrinth to the vibrations of the gong following worship this summer! Lorraine has plans to provide this unique offering on a summer Sunday morning at 10:30 am!

Over the summer, our minister Russell invites you to find out what God is up to in your neighbourhood, to meet with your neighbours with the goal of getting to know them or if you know them, to get to know them differently. Gather a group of your neighbours and have conversation. It may include exploring the following questions:

- Who is your neighbour? Who are the people in your neighbourhood? Are the demographics changing?
- What are the assets of your neighbourhood? What do people love about it?
- What are the hurts of the neighbourhood? What are the issues or concerns?
- What would you like to see happen in the community? What is happening that you like or is exciting?

Be creative about how you might do this. We will share stories at a Parish Ministry Sunday in the fall.



**HAPPY CANADA DAY**

**Start off your Canada Day Sunday celebrations with a Tri-Parish service!**

We kick off the summer of church crashing by having a shared service planned jointly by your ministry staff from all three congregations: Bread of Life Lutheran, Eastside United and St. Philip Anglican. Come as we celebrate and reflect on the joys and challenges of this great country of ours. There will be refreshments following the 9:30 am worship.

## SUMMERTIME Worship!

Sundays from July 1 to August 19, Eastside will be joining St. Philip Anglican and Bread of Life Lutheran Churches for church-crashing once again! Each Sunday one of the three churches will host the service and the other two will join in and get a chance to experience the worship traditions in their partner churches. **All services will be at 9:30 am.** We will need a few helpers to prepare refreshments for the Sundays Eastside is hosting worship: July 8 and August 12.

**WHITMORE PARK UNITED CHURCH CELEBRATION WEEKEND**, 336 Durham Drive, Regina. "All are welcome in this place." Members, family and friends are invited to join the Whitmore Park United Church congregation as they celebrate a 59-year history of faith and community.

**Celebration Dinner** Friday, September 14, 2018 Doors open at 5:30 pm. Dinner at 6 pm. Speakers and entertainment to follow until 9:30 pm. Roast beef dinner provided by Charlotte's Catering. Tickets: \$25 for adults. \$15 for children ages 4 to 12. Under 4 free. Available from Pam Bristol ([pam.bristol@sasktel.net](mailto:pam.bristol@sasktel.net) or 306 569-9015), Edith Nagy ([edithnagy@sasktel.net](mailto:edithnagy@sasktel.net) or 306 789-4754), or the Church office ([office@wpuc.ca](mailto:office@wpuc.ca) or 306 586-3977).

**Memories Come-and-Go Tea** Saturday, September 15, 2018 2 to 4 pm. Come visit old friends and walk down memory lane perusing memorabilia from the congregation's history. No cost.

**Celebratory Service** Sunday, September 16, 2018 10:30 am. Coffee and fellowship to follow after the service.