



Softball Pitching Camp

Game On 13 is proud to present a Softball Pitching Camp with two of the very best Section 1 rivals from 2010-2015, now teammates at NYU, Sydni Holtz and Diana King will walk the girls through the process of pitching in little league, preparing for high school and beyond. What it takes to prepare to compete at the next level. These great local young ladies will introduce the importance of muscle memory along with balance and stabilization to be able to repeat mechanics and fundamentals which are required to be successful at any level of play.

SYDNI HOLTZ

High School: Five-year team member and four-year starter... junior and senior captain... All-State as a sophomore and senior... All-Section as a freshman, sophomore and junior... All-League all five seasons... also competed for the Total Kaos Fastpitch club team... also a four-year volleyball team member.



DIANA KING

High School: Four-year team member...senior captain... established the program's career record for triples... All-State selection as a junior and senior...also four-year member and two-year captain of the tennis team... Con Edison Scholar-Athlete.



GAME ON STRENGTH WILL WORK IN CONJUNCTION WITH THE CAMP TO PROVIDE A DAILY STRETCHING AND WARM UP ROUTINE

CAMPERS WILL RECEIVE:

- 5 days of instruction from our areas Best Collegiate Players and Coaches
- Personal Instruction on Fundamentals, Technique and Mastering of Pitches
- Mental Game
- Official camp t-shirt

CAMP SPECIFICS:

- \$250 per camper
- Question and answer session open to campers, and parents every Friday from 11:30-12:00
- Participants must be in 3rd Grade or older.
- Campers need to bring their glove and any equipment needed to participate.
- No Lunch will be served
- Water, Gatorade or any snacks should be brought or can be purchased at the Facility.

SCHEDULE:

9:00 am -12:00 pm
Monday - Friday

Week 1: July 5 - 8
Week 2: July 11 - 15

Week 3: July 25 - 29
Week 4: August 8 - 12

