

# **Chantarelle Gazette**

Chantarelle Homeowners' Association Newsletter

**JANUARY 2022 – Issue 33.1** 

#### **WELCOME TO JANUARY 2022**

Happy New Year January 1, 2022! The other holiday in January is Martin Luther King day, Monday January 17.

January is also the month of New Year's Resolutions. Did you make any? If you're curious, mine are at the end of the newsletter.

-- Tom Flinn, Editor

#### PRESIDENT'S REMARKS

I am writing this before Christmas but I know I will have enjoyed the holiday with my family and hope you all did also. The neighborhood looked very festive this year with many lighted homes and decorations.

I would like to thank everyone who donated to the Landscape Crews gift fund. We were able to give them a nice offering of appreciation for the hard work they put in all year.

A special thanks to my wife Lois for the very nice First Friday (Second actually) Holiday party. The Clubhouse was decorated beautifully and the party decorations made for a merry celebration. It almost had us feeling like our regular holiday gathering.

Lois has asked me to include her many thanks to the wonderful group of ladies who helped her to get our clubhouse decorated for the Holiday Season. Thank you Peggy Owens, Gail Dodgshon, and Jan McCarthy! This could not have happened without your help! Also many thanks to Joel and Valerie Camarda for their assistance in setting up the clubhouse room with tables and decorations to celebrate our festive "Second Friday" gathering. Those of us attending had a really lovely time!

All of the major electrical work at the Clubhouse and grounds has been completed under the direction of Ron Yamato and now everything works as intended. All the lights are LED with state of the art switches controlling when and how long the lights stay lit.

We also completed the work done to the showers so hot water will be almost instant, reducing the amount of water we use and making it more comfortable.

I am looking forward to the New Year and hopeful we can all stay healthy and have a COVID free year.

# Happy 2022!!

--Steve Rogers

# TREASURER'S REPORT Through the End of November 2021

We are still doing well as we swiftly approach the end of 2021. In year-to-date operating expenses, we are under budget by about \$10,802.00. We still are over budget in utilities and the pool and will probably remain so for the year, but the other categories more than make up for the overages. Our reserve account is still in a comfortable range, and our liquid cash position is still healthy at about \$92,225. This should be sufficient to cover any surprises until the end of the year and also enable us to start off the new year with a comfortable margin. As mentioned in last month's newsletter, we should be able to maintain the current HOA dues of \$165 through 2022, barring any unforeseen circumstances. Speaking of dues, for those of you who wonder how we compare with our neighbors -Creekside homeowners pay \$210 per month, and Temelec residents \$195 per month.

--Ron Yamato

#### **LANDSCAPING NOTES JANUARY 2022**

Happy New Year! May 2022 bring continued health and happiness to all. We can all be happy with the rain that is falling here and over most of Northern California. Let's hope that we continue to enjoy this much needed moisture.

The planned landscape projects will begin in mid-January with the pruning and re-shaping of many of the mature bushes and shrubs. This is being done to stimulate new growth from within many of the mature plantings and to move away from the severe shaping and toward a more natural growth pattern. With this change many of the shrubs that have had their flowering reduced will again begin to flower. This process will take time so please be patient.

We are planning to refresh the fronts of some of the homes in the community and will be talking with the homeowners to obtain input as to what they would like to see in the front of their homes. We have the list from last year but if you would like to have your home added to the list, then please contact either of us by phone or email. Following the new planting we are going to be mulching the entire community. This has not been done for over 3 years and is needed to not only cover the new irrigation lines but to aid moisture retention in the planted areas during our dry season.

We have investigated a new company for the mulching and hope the Board will approve this new process.

Our landscape crew, Rogelio and Jose, are very thankful for the Christmas bonus that was donated by our homeowners. They are a dedicated crew and we wished them to know that our community appreciates all their hard work. Thank you to all that donated.

As always, please feel free to contact either us for any problems or concerns.

Wishing all a Happy New Year and a healthy 2022.

Debbie Yamato

- --Ben Jones 415-939-8955 benjaminjnes1@verizon.net
- --Debbie Yamato 415-696-2424 javagirl0547@yahoo.com

## **BANK HOA PAYMENT COUPONS**

In an effort to make it easier for each homeowner to track their homeowner

associations monthly dues payments and more effective for the bank to properly credit your account, you recently received 12 months of coupons to attach to your payment to Pacific Western (that purchased Union Bank HOA division).

If you are on auto payment you may disregard the coupons and continue your source of payment - no action required on your part.

# NOTICE FROM SONOMA GARBAGE – A REMINDER ONCE AGAIN

Required changes effective January 1st 2022
- it will be mandatory for you to put all food
waste and yard waste into the compost cart
only For recycling requirements in Sonoma,
please visit sonomagarbage.com. Also see the
City of Sonoma recycling guide on the last 2
pages of this newsletter. Print them if needed.
If you have any questions please email us at
sonomagarbage@gmail.com

# ALAS, BUT IT'S TIME TO PUT AWAY THE HOLIDAY DECORATIONS

As a reminder, please remove all holiday decorations by January 15. For more information on rules concerning holiday decorations, please refer to page 9 of the November 30, 2018 version of the Chantarelle HOA Rules and Regulations. If you do not have a copy, you can always find it on the Chantarelle.org website.

#### **SAFETY & WELFARE**

From the December AARP Bulletin: 7 Exercises to Preserve Motion and Flexibility in Your Hands

#### **Exercise 1: Shoulder stretch**

Step 1: Stretch your arms up. Next, bend your right elbow to reach your right hand behind your head toward your shoulder blades.

Step 2: With your left hand, grab your right elbow and then pull it gently toward the center back. Switch arms and repeat.

#### Exercise 2: Elbow flexion and extension

This exercise can help treat conditions such as tennis or golfer's elbow.

Step 1: Stretch one arm out in front of you, palm down.

Step 2: Now turn your palm up and bend at the elbow so that your palm moves toward your shoulder.

Step 3: Hold for a beat, then straighten your arm back out and turn your palm back to the starting position.

# **Exercise 3: Prayer and reverse prayer**

This stretch can help combat carpal tunnel syndrome.

Step 1: Bring palms together in prayer position, elbows out, at chest height.

Step 2: Lower hands to waist level while pressing palms together. Hold for a beat.

Step 3: Turn hands so backs of hands are together, palms out, fingers pointing down toward toes.

Step 4: Raise hands back to the starting position.

# **Exercise 4: Finger spread**

Osteoarthritis can make it hard to open and close your hands, but this stretch can help maintain your flexibility.

Step 1: Hold one hand up in front of you, palm facing you. Spread fingers as far apart as you can.

Step 2: Close your hand to make a fist and hold for a few seconds. Repeat with the opposite hand.

# **Exercise 5: Finger touch**

If you're seeing joint deformity in your fingers, especially your pinkie, this is an important exercise to try.

Step 1: Hold your hand in front of your face, palm facing you, fingers straight.

Steps 2–5: One at a time, touch each finger (index, middle, ring, pinkie) to your thumb to form a series of OK signs.

#### **Exercise 6: Thumb stretch**

Step 1: Hold your hand in front of your face,

palm facing you.

Step 2: Keeping your four fingers still, move your thumb across your palm and try to touch the base of your pinkie finger.

#### **Exercise 7: Knuckle bend**

Step 1: Hold your hand in front of your face, palm facing you, with fingertips pointing up toward the sky. Keep your fingers straight and close together.

Step 2: Curl your fingertips only toward the top of your palm.

## **Tips to Keep Your Hands Healthy**

- Buy ergonomic scissors. They require less hand strength than regular scissors.
- Use kitchen shears instead of a knife when cooking — shears are easier for cutting food such as chicken.
- Avoid hard-to-open pill containers by putting your daily meds in pill boxes.
- Make a zipper pull. Adding a key ring or a loop of fabric to a zipper makes it easier to grip and reduces strain on thumb and index finger.
- Replace large heavy bottles with smaller squeeze bottles for soaps, creams and gels. They are easier to handle and tubes can be pressed with the heel of the hand.
- Use a pen with a non-slip grip that is easier to hold to reduce strain on finger joints.

The Safety/Welfare Committee wishes you and yours a happy and healthy new year!

# (If you wish to be included in our Safety/Welfare email group, send me an email to that effect.)

- --Peggy Owens, Coordinator
- --SAFETY/WELFARE Committee
- --powens2@juno.com

#### **WELCOME COMMITTEE**

#### Welcome! Welcome! Welcome!

We are so happy to welcome our new residents to Chantarelle. Also time to update your roster with the new neighbors contact information. 117 South Temelec Circle
Barbara Zoeller 707-318-3846
comelgirl123@yahoo.com
Rob Weinstein 928-925-8425
rob.weinstein@comcast.net
221 South Temelec Circle
Barbara White 415-377-8712
barbiemw165@gmail.com
Richard Long
1275 Avenida Sebastini
Bonnie Parks 535-774-0637

If you notice new neighbors that have moved in, please let one of the committee members know so that we can call upon them. Thank you.

Russelle Johnson - 707-935-8658 Peggy Owens - 707-343-7087 Shelly Lawrence - 951-202-0459 Debby Bonamassa - 315-725-8047

## **CLUBHOUSE NOTES**

The Clubhouse is now humming with weekly activities. All Chantarelle HOA members are welcome to join in the fun. If you have an interest in joining a Clubhouse activity, please contact the club coordinators for the following activities:

Bridge

Phyllis Manning – 707-935-7301 Water Aerobics

Russelle Johnson - 707-935-8658

**Bunco Babes** 

Russelle Johnson - 707-935-8658

Flex Exercise

Peggy Owens - 707-343-7087

**Mexican Train Dominoes** 

Peggy Owens - 707-343-7087

Mah-jongg

Peggy Owens - 707-343-7087

Art Club

Shelley Lawrence - 951-202-0459

The days and times for those groups with scheduled activities are located on the calendar at the back of this newsletter.

If you are interested in knowing more about starting a new club activity or renting the Clubhouse facility for your next family and friends' event, please contact Linda Jackson 415-987-0021 for more details.

### **CALLING ALL BRIDGE PLAYERS!**

Bridge players wanted. We play every Wednesday from noon until 4:30 at the clubhouse. We need full time and substitute players. Call Phyllis Manning at 707-935-7301. Hope to hear from you soon.

#### **CONTRACTOR RECOMMENDATIONS**

Something new for Chantarelle. We now have a section under Resources on the Chantarelle web site that gives contractor recommendations. Mary Howland will post the recommendation and the name of the person who makes the recommendation. No other personal information will be added. If a person disagrees with a recommendation, they should contact the person who made it and discuss it with them.

# TOM'S BROWN BUTTER CHOCOLATE CHIP COOKIES AND ICE CREAM SANDWICHES



Servings: About 20

# Description

Cookies can be frozen and while frozen, put slightly soft ice cream in between, then freeze solid to make the best ice cream sandwiches you've ever had.

# Ingredients

1 cup (2 sticks) unsalted butter

2 cups all-purpose flour

1 teaspoon baking soda

34 teaspoon kosher salt

<sup>2</sup>/<sub>3</sub> cup (packed) dark brown sugar

3/3 cup granulated sugar

2 large eggs, room temperature

2 teaspoons vanilla extract

**2** cups chocolate wafers (disks, pistoles, fèves; preferably 72% cacao)

3/4 cup pecans, rough chopped

Optional - 3/4 cup Heath Bar chips can be added with the nuts or in place of nuts.

#### **Directions**

Cook butter in a medium saucepan over medium heat, stirring often, until it foams, then browns, 5–8 minutes. Scrape into a large bowl and let cool slightly.

Meanwhile, whisk flour, baking soda, and kosher salt in a medium bowl.

Add brown sugar and granulated sugar to browned butter. Using an electric mixer on medium speed, beat until incorporated, about 1 minute. Add eggs and vanilla, increase mixer speed to medium-high, and beat until mixture lightens and begins to thicken, about 1 minute. Reduce mixer speed to low; add dry ingredients and beat just to combine. Mix in chocolate wafers and pecans with a wooden spoon or a rubber spatula or Kitchenaid mixer. Let dough sit at room temperature at least 30 minutes to allow the flour to hydrate. Dough will look very loose at first, but will thicken as it sits.

Place a rack in middle of oven; preheat to 375°. Using a 1½-oz. ice cream scoop, portion out 10 balls of dough and place on a parchment-lined baking sheet, spacing about 3" apart (you can also form dough into ping pong-sized balls with your hands). Do not flatten; cookies will spread as they bake. Sprinkle with sea salt.

Bake cookies until edges are golden brown and firm but centers are still soft, 9–11 minutes. Let cool on baking sheets 10 minutes, then transfer to a wire rack and let cool completely.

Repeat with remaining dough and a fresh parchment-lined baking sheet to make 10 more cookies.

#### Do Ahead

Cookie dough can be made 3 days ahead; cover and chill. Let dough come to room temperature before baking.

## **TOM'S NEW YEAR'S RESOLUTIONS**

In 2022, I want to stay healthy, no covid, walk and swim more. Put on a mask and go places, just for fun. I want to also listen first to people more, then respond. Love thy neighbor is even more important, see the good in everyone, respect people with differing opinions and just politely say, I don't agree if I don't. I don't have to agree with everything they do to like them. I have a Chantarelle friend who we just agreed to not talk about things we don't agree on, we talk about gardens and cupcakes, who doesn't like a flower or cupcake? I do. Peace, tolerance and understanding in 2022.

#### **BOARD OF DIRECTORS**

Steve Rogers, President 707-771-9290 Tom Flinn, Vice-President 415-621-7572 Ron Yamato, Treasurer 415-305-1400 Cindy Adamson, Secretary Pat Chace, Director 707-935-7301

# **MANAGEMENT COMPANY**

Strong Property Management PO Box 1368, Sonoma, 95476 Paul Strong 707-933-9151 Email: paul@strongmgt.com 24 hour Emergency Number: 1-800-359-2362

# **NOTICE**

The Clubhouse is open for normal activities. Only vaccinated people are allowed in the clubhouse, no masks required. Outside, vaccinated people can take off their masks.

	CHANTARELLE WEEKLY CALENDAR								
Monday	Tuesday	Wednesday	Thursday	Friday					
	Flex Exercise		Flex Exercise						
	4:30-5:30		4:30-5:30						
		Bridge							
		12:00-4:30							

## **JANUARY 2022**

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3	4 Bunco 1:00-4:00	5	6	7 First Friday Get- Together 5:00-7:00	8
9	10	11 Mexican Train Dominoes 12:30-4:00	12	13 Mah-jongg 10 a.m.	14	15
16	17	18	19	20	21	22
23/30	24/31	25 Mexican Train Dominoes 12:30-4:00	26	27	28	29

<sup>\*</sup>Contact Linda Jackson at 415-987-0021 for more info.

Waldron Landscaping is now here on Monday 8am-1pm, Tuesday 8am-4pm, Thursday 1-4pm and Friday 8am-1pm.

Garbage, recycling & garden trash pickup is on Monday.

#### **SOLAR NEWS OF IMPORTANCE TO US**

Our neighbor, Leighton Richardson, contacted me on Tuesday, December 29th about an issue that affects many of us. The clubhouse has a solar hot water heater for the pool. Several neighbors have solar systems on their roofs, charging electric cars with them. Some counties require solar on all new construction. The California PUC is voting on a plan that could negatively affect everyone who owns solar or is thinking of buying solar. The vote is January 27, so I'm including this in the January 1st newsletter. Tom

#### PGE Trying to Stop Solar - https://solarrights.org

PGE has lobbied the CAPUC to try to slow down solar in CA. They want to charge all solar owners \$57 per month, nearly \$700 per year, simply for putting solar panels on their roof. Gov. Newsom hasn't given his opinion yet. These changes will be finalized by January 27th and go into effect this spring. More details are below.

- 1) \$57 per month solar penalty fee for putting solar panels on the roof. The more solar panels, the larger the fee. This includes apartment buildings, new homes built with solar per the state mandate, and solar-powered batteries. The fee would be the largest in the U.S.A.
- 2) 80% cut to the credit solar users get for sharing surplus solar energy with the grid. The credit would drop from an average of twenty-five cents per kilowatt hour to about five cents. This cut happens immediately. Right now, when I sell kilowatts back to PGE, they buy it at 2.5 cents, 100% solar, the most expensive electricity you can buy, that uses no petroleum to produce and does not pollute and they want to basically pay nothing for it. PGE has avoided building more power plants because we are off the grid, we make all our own power, so PGE doesn't have to produce any electricity for me. If solar went away, new power plants would have to be built.
- 3) Rolls back protections for existing solar users. Existing solar users are currently protected from changes to net metering rules for 20 years from the date their system turned on. The CPUC is now proposing to reduce that protection to 15 years, and eliminate the protection altogether if you accept their battery rebate.

Here are some requests for you to consider:

Call Gov. Newsom's office at 916-445-2841 Call PGE at 1-800-743-5000 Call the California PUC at 415-703-2782 Call Sonoma Clean Power at 1-855-202-2139

- 2. Post on social media @GavinNewsom we need you to #SaveSolar
- 3.Add your voice. The Sacramento Bee, SF Chronicle and LA Times have all weighed in against the proposed \$57 penalty for owning solar. Consider registering your thoughts with decision-makers by commenting at https://bit.ly/3sAm21d.

PUC meetings are webcast at <a href="http://www.adminmonitor.com/ca/cpuc/">http://www.adminmonitor.com/ca/cpuc/</a>

#### For more information on this subject:

**New York Times**, 12/13/21 - <a href="https://www.nytimes.com/2021/12/13/business/energy-environment/california-solar-roof-incentive.html">https://www.nytimes.com/2021/12/13/business/energy-environment/california-solar-roof-incentive.html</a>

**San Francisco Chronicle**, 12/13/21 – https://www.sfchronicle.com/news/article/California-may-cut-rooftop-solar-incentives-as-16697110.php

Solar News - https://www.solarreviews.com/blog/big-changes-for-california-net-metering